

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Fort Meade
Maryland

Information Date
January 17, 2003

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Installation Overview

For more information on this subject:

Fort Meade Home Page

<http://www.army.mil/fieldband/index.htm>

Located midway between the cities of Baltimore, Washington DC, and Annapolis, Fort Meade is home to approximately 9,350 military personnel as well as 31,669 civilian employees. Approximately 5,959 family members reside on post. The installation lies four miles east of Interstate 95 and one-half mile east of the Baltimore-Washington Parkway, between Maryland State Routes 175 and 198. Fort Meade is situated within the communities of Odenton, Laurel, Severn and Columbia. See specific directions on how to get to Fort Meade from the airport, bus/train station(s) and driving under Category INSTALLATION, Subject Area, MUST KNOW ITEMS.

Fort Meade is a part of the Military District of Washington (MDW) Command with the mission of providing support, in all forms, to all military-affiliated personnel assigned to Fort Meade or located in the Baltimore-Washington corridor.

Fort Meade serves approximately 9,350 active-duty military: 5,134 Army 1,190 Navy 2,662 Air Force 353 Marine 10 Coast Guard 1 International 5,959 Family members on-post 2,285 Family members off-post 53,211 Retirees 106,422 Retiree family members 31,669 Employees (NAF, DA, DoD, volunteer, contract, other)

All phone numbers listed are in the 301 area code unless otherwise indicated. Fort Meade: DSN 622-xxxx Comm (301) 677-xxxx. From on-post, 7-xxxx. Operator ext. 6261. National Security Agency: Comm (301) 688-xxxx. From on-post, 97-xxxx. Post Locator: (301) 677-6767.

Fort George G. Meade became an Army installation in 1917. Authorized by an Act of Congress in May 1917, it was one of 16 cantonments built for troops drafted for the war with the Central Powers in Europe.

The present Maryland site was selected on June 23, 1917. Actual construction began in July. The first contingent of troops arrived here that September.

The post was originally named Camp Meade for Major General George Gordon Meade, whose defensive strategy at the Battle of Gettysburg proved a major factor in turning the tide of the Civil War in favor of the North.

During World War I, more than 100,000 men passed through Fort Meade, a training site for three infantry divisions, three training battalions and one depot brigade.

In 1928, when the post was renamed Fort Leonard Wood, Pennsylvanians registered such a large protest that the installation was permanently named Fort George G. Meade on March 5, 1929. This action was largely the result of a rider attached to the Regular Army Appropriation Act by a member of the House of Representatives from the Keystone State.

Fort Meade became a training center during World War II. Its ranges and other facilities were used by more than 200 units and approximately 3,500,000 men between 1942 and 1946.

The wartime peak-military personnel figure at Fort Meade was reached in March, 1945 - 70,000.

With the conclusion of World War II, Fort Meade reverted to routine peacetime activities, but later returned to build-up status. Many crises, including Korea, West Berlin and Cuba, along with Vietnam-related problems, were to come.

One key post-World War II event at Fort Meade was the transfer of the Second U.S. Army Headquarters from Baltimore, on June 15, 1947. This transfer brought an acceleration of post activity because Second Army Headquarters exercised command over Army units throughout a then seven-state area.

A second important development occurred on January 1, 1966, when the Second U.S. Army merged with the First U.S. Army. The consolidated headquarters moved from Fort Jay, N.Y. to Fort Meade to administer activities of Army installations in a 15-state area.

In August 1990, Fort Meade began processing Army Reserve and National Guard units from several states for the presidential call-up in support of Operation Desert Shield. In addition to processing Reserve and National Guard units, Fort Meade sent two active duty units - the 85th Medical Battalion and the 519th Military Police Battalion - to Saudi Arabia. In all, approximately 2,700 personnel from 42 units

deployed from Fort Meade during Operation Desert Shield/Desert Storm.

Today, Fort Meade provides support and services for more than 100 tenant units which include the National Security Agency and Defense Information School.

Name: Headquarters, U.S. Army Garrison, Fort George G. Meade
POC: Col. John W. Ives, Commanding
Address: ANME-CD
City: Fort Meade, MD 20755-5000
Phone: (301)677-2131

Name: U.S. Army Central Personnel Security Clearance Facility
WWW Link: https://www.perscom.army.mil/

Name: U.S. Army Field Band
WWW Link: http://www.army.mil/fieldband/index.htm

Must Know Items

Military personnel and their families relocating to the Metropolitan Washington area (which includes Ft. Meade), should view the following additional SITES files for more detailed information on communities not immediately adjacent to their specific assignment.

Installation	SITE #	Coverage Area(s)
NAVDIST	Anacostia	
5170	District of Columbia	Andrews AFB
3055	Prince George's/Montgomery Co, MD	NS Annapolis
3145	Cities of Annapolis/Baltimore, MD	Ft Belvoir
4810	Fairfax County, VA	Bolling AFB
5140	District of Columbia	NSWC Dahlgren
4975	Fredericksburg, VA	King George's County, VA Henderson Hall
4900	Arlington/Falls Church, VA	Ft Meade
3085	Anne Arundel/Howard Counties, MD	Ft Myer
4870	Cities of Fairfax/Alexandria, VA	NAWC Patuxent River
3115	Calvert/St Mary's Counties, MD	MCCDC Quantico
4930	Prince William's County, VA	
	Spotsylvania/Stafford Counties, VA	Vint Hill Farms
5020	Manassas/Manassas Park, VA	
	Fauquier/Louden Counties, VA	

DIRECTIONS TO FT. MEADE FROM THE AIRPORT:

Take I 295S. (Washington-Exit 7B) to Rt. 175E. (Odenton). Ft. Meade has four main gates off of Rt. 175, starting within two miles of your initial entrance onto Rt. 175.

DIRECTIONS IF DRIVING:

If arriving from the South, take I 95N. to Rt. 32E. You will pass the National Security Agency and its annexes before arriving at a major intersection where you will make a left into the main gate at Mapes Rd. If arriving from the West, take I 295N. (Balto.) to Rt. 198E. (Ft. Meade). At the end of Rt. 198, make a right then an immediate left (at the light) onto Mapes Rd. If arriving from the North or East, take I 695 to Exit 7 (I 295S. B/W Pkwy) to Rt. 175E. (Odenton). Ft. Meade has four main gates off of Rt. 175, starting within two miles of your initial entrance onto Rt. 175.

EFFECTIVE UNTIL FURTHER NOTICE: Visitors and military personnel who do not have their vehicle registered on Fort Meade must report to the Visitors Control Center Rte 175, Reece Road; second entrance onto the Installation. This is presently the only entrance open on Rte 175.

A military Identification Card, or military sponsorship is required. In addition, a valid driver's license, vehicle registration and proof of insurance are required at time of sign in.

SCHOOL INFORMATION:

Students living on Fort Meade and in the immediate surrounding communities, will attend Anne Arundel County Public Schools. The Meade Feeder System includes nine elementary schools, two middle schools and one high school. There are two other counties in the immediate area in which you may reside. Should you elect to enroll your child in a school outside of your residential designated area, you will be required to pay a fee.

Anne Arundel County schools 2002-2003 school Calendar:

27 Aug	First Day of School
02 Sep	Labor Day
26 Nov	Thanksgiving Holiday Break
02 Dec	Schools reopen
23 Dec	Winter vacation
06 Jan	Schools reopen

17 Apr	Spring Vacation
22 Apr	Schools Reopen
22 May	Last day for Graduating Seniors
18 Jun	Last day of school

School Age Care - before/after school program for ages 6-12
Youth Center Drop In - ages 9-13
Teen Center ages 13 and up.

To enroll a new student, you must bring the child's birth certificate and a copy of the immunization record to the new school. A recent transcript and report card is also required. High school students entering their senior year should bring teacher recommendations for scholarship and college admission applications. In addition students in Kindergarten, first, second, third, sixth, seventh, eighth and ninth grades must have proof of a second dose of measles and one dose of mumps immunizations to enter school.

High School graduation requirements: English 4 credits; math 3 credits; science 3 credits; social studies 3 credits; fine arts 1 credit; physical education 1/2 credit; health 1/2 credit; technology education 1 credit; foreign languages 2 credits. Students must pass Maryland Functional tests in math, reading and writing and take an approved government course.

2003 entering freshman are required to take and pass the Maryland High School Assessments as a requirement for graduation.

All students must also meet attendance and service-learning requirements.

Anne Arundel County Public Schools offer Special Education Programs for children who are intellectually, emotionally and/or physically challenged. Placement in these programs is made through the School Team at the new school and then referred to the Admission, Review and Dismissal (ARD) at the Division of Special Education. Army and Air Force parents of special needs children should contact the Exceptional Family Member Program Manager, Jennifer Hensley (301)677-5590. Navy parents of special needs children should contact Fleet and Family Support (301) 677-6883.

The Fort Meade Child and Youth Development Program offers various age based before and after school care:

Family Child Care Program -quarters based child care for ages 4 weeks to 12

COST OF LIVING:

Fort Meade is in the Baltimore-Washington, D.C. corridor, and is within a very high cost of living area. Service members and families relocating to this area should keep this in mind when planning for the move here. The financial assistance program at your current installation can provide you with tips on moving to a high cost of living area. Contact the Fort Meade Financial Assistance Program for more information. Visit the "Relocation" and "Support Services" sections of SITES.

SET-ASIDE HOUSING PROGRAM:

The Set-Aside program was established with various area rental agencies to charge military members a rent commensurate with their BHA. In return, the military member agrees to have rent deducted directly from pay through an allotment. This program is designed to help defray the very high housing costs in the Fort Meade area. Visit the "Housing" section of SITES or contact the Fort Meade Family Housing Office (301) 677-9390 for more information.

HOUSEHOLD GOODS DELIVERY:

The period of May through September is known as "peak season" for the Transportation Office. Advance notice (minimum of 7 to 14 workdays) is needed when scheduling delivery from storage in transit. SEE "HOUSEHOLD GOODS INBOUND" FOR MORE INFORMATION.

VEHICLE REGISTRATION:

Service members who retain residency in their home state are not required to obtain a Maryland driver's license or registration. All service members assigned to Fort Meade, however, must register their vehicles with the Provost Marshal's Office (PMO). See INSTALLATION REGULATIONS for more information.

MEDICAL SERVICES:

Fort Meade Kimbrough Ambulatory Care Center and Walter Reed Army Medical Center do not have OB/GYN services. All patients will be referred to Bethesda Naval Hospital. In addition, inpatient services at Kimbrough are closed. For more information, reference Medical/Dental Services Section of Sites, or the At-A-Glance section.

DENTAL CARE:

Dental care for family members is on a space available/emergency basis only. Family members are

strongly urged to seek off post care through their United Concordia Tricare Family Dental Plan. See DENTAL SERVICES section of SITES for more information.

INSTALLATION SERVICES:

If you would like more information about Fort Meade and its services you may call or write the Army Community Service Relocation Assistance Program. Please reference the following:

Must Know Items

--Installation--	
Site Name	Fort Meade
Last Updated	January 17, 2003
State/Territory	Maryland
County	Anne Arundel
ZIP Code	20755
Service	USA
Host Command	Military District of Washington
Physical Size	5415
--Personnel--	
FSC/ACS Director	Jamie Cole
Relocation Assistance Manager	Sharon Collins
Relocation Assistance Specialist	
--Phones--	
DSN Country Code	
DSN Number	622-5590
Commercial Country Code	
Commercial Area Code	(301)
Commercial Number	677-5590
FAX DSN Country Code	
FAX DSN Number	622-3850
FAX Commercial Country Code	
FAX Commercial Area Code	(301)
FAX Commercial Number	677-2910
--Official Mailing Address--	
Street Line 1	ATTN ANME PEF A
Street Line 2	4217 Roberts Ave
City	Fort Meade
State/Territory	MD
ZIP Code	20755
--Deliverable Address--	
Street Line 1	4217 Roberts Ave
Street Line 2	ATTN ANME PEF A
City	Fort Meade
State/Territory	MD
ZIP Code	20755
E-Mail	SITE3085@EMH1.FTMEADE.ARMY.MIL

<http://www.dmdc.osd.mil/sites>

Geographically Separated or Satellite Locations

Fort Meade has no satellite locations.

There are quite a few military installations near Fort Meade. Please review the following Record Listings for more information.

Nearby Installations (Listed Separately in SITES)

For more information on this subject:
SITES Worldwide Listings and Information

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
District of Columbia	Bolling AFB/AF Pentagon	USAF	40 Miles
District of Columbia	Walter Reed Army Medical Center	USA	25 Miles
Maryland	Aberdeen Proving Ground	USA	35 Miles
Maryland	Andrews AFB	USAF	35 Miles
Maryland	Fort Detrick	USA	40 Miles
Maryland	U.S Naval Academy	USN	20 Miles
Virginia	Fort Belvoir	USA	40 Miles
Virginia	Fort Myer	USA	40 Miles

Regulations

For more information on this subject:
Maryland Department of Motor Vehicles
<http://www.mdot.state.md.us/>

TRAFFIC:

All personnel operating a motor vehicle on post are required to comply with the provisions of Fort Meade Regulations 190 and Maryland motor vehicle laws. Post traffic regulations limit speed to 25 mph unless otherwise posted. Vehicles are required to reduce speed to 10 mph while passing troops and to maintain a minimum clearance of five feet from marching troops.

VEHICLE CHECKS:

There is a 100% vehicle check. All visitors without vehicle identification or proper military identification cards will be denied access to the installation. First time visitors should use the Reece Road entrance to Fort Meade and report to the visitors center, located upon entrance to the installation.

ACCIDENTS:

All vehicle accidents that occur on post must be reported to Military Police. Inquiries regarding accidents may be directed to the Military Police Traffic Branch, (301) 677-3612. Minor accidents are recorded and serve as a basis for future claims or insurance company information.

CRIMINAL OFFENSES:

If vehicle operator is taken into custody for a criminal offense (i.e. drugs, firearms, larceny, vandalism), appearance before U.S. District Court (if civilian) or military commander (if military) may be required.

CRIME STOP:

Office of the Provost Marshal, Ft. Meade, MD
20755-5045, (301)677-2619, DSN: 622-2619.

RESTRICTED AREAS:

Meade Village and Arwell Court in the Orchards at Severn, located in Severn, MD, are off limits for military residency. Check with housing or the MPs for an up-to-date listing before occupancy.

PHOTOGRAPHY:

Photography on the installation is prohibited unless approval is obtained by the Public Affairs Officer, (301) 677-1361.

PASSPORT AND ID (Site):

Report to Building 4234, Huber Road, Ft. Meade for passport and ID information. You may also call (301) 677-6031; DSN 622-6031. The hours are 7:30 a.m. to 3:30 p.m..

Customers must have proper documents such as marriage & birth certificates, DD Form 214 (as appropriate), orders and a picture ID (such as a state drivers license) to register vehicles on post. Passes to access post are not required.

DRIVER'S LICENSE (State):

The Department of Motor Vehicles (DMV) is located at Rt. 2 (Ritchie Hwy), Glen Burnie, MD. The phone number is (410) 768-7370, 8:30 a.m. to 4:30 p.m., Mon. thru Fri. and the third Sat. of each month or call toll free: 1-800-950-1682. The DMV examines and licenses drivers, conducts driver training programs, titles/registers vehicles, issues identification cards to adult non-drivers. Serves persons 16 and over. Fees vary. State residency required. Service members who

retain residency in their home state are not required to obtain a Maryland driver's license.

VEHICLE REGISTRATION (State).

You have 30 days, from the date you pick up your vehicle from port, to register in Maryland. You CANNOT have overseas tags past this 30 days.

You must register your vehicle if you intend to drive on Fort Meade. The Provost Marshal's Office (PMO) will provide installation registration in Bldg 2234 Huber Road.

The telephone number is (301) 677-9625; DSN: 622-9625. To obtain registration, bring your valid ID card, driver's license, state vehicle registration and proof of insurance to the PMO. Your name must be on the state registration, or you must bring a power of attorney or notarized letter authorizing you to register the vehicle on the owner's behalf. Hours for the PMO are Mon. thru Fri., 9 a.m. to 1 p.m. and 2 to 4 p.m.

FISHING LICENSE (State):

Resident and nonresident non-tidal (full season) licenses allow an individual to fish in the fresh waters of Maryland from January 1 through December 31. To apply for a license, contact the Department of Natural Resources, 580 Taylor Ave, Annapolis, MD. The telephone number is (301) 974-3211.

BOAT LICENSE (State):

All boats over 16 feet must be registered with the Department of Natural Resources, 580 Taylor Ave, Annapolis, MD. The telephone number is (301) 974-3211.

HUNTING LICENSE (State):

Visit the Department of Natural Resources, 580 Taylor Ave., Annapolis, MD to apply for a basic license which allows non-residents of Maryland to hunt all legal game in season except deer during bow and muddleheaded and migratory waterfowl. Bow and muddleheaded stamps and migratory waterfowl stamps can be purchased for use with these licenses. Applicants must furnish a clear copy of either their driver's license or voter registration card to establish state of residency and their resident hunting license to

fulfill certificate of hunter safety requirements. The DNR phone number is (301) 974-3188.

FIREARMS REGISTRATION:

If you live on Fort Meade, you must register your firearms with the Provost Marshal's Office, Bldg 2234 Huber Rd. Those E-4 and below must store their firearms at the PMO unless you have a letter of exception from your commander. Firearms owned by those E-5 and above may be kept in quarters, but must still be registered. If you live off post, Maryland does not require you to register your firearm. Hours for the PMO are Monday to Friday, 9 a.m. to 1 p.m. and 2 to 4 p.m. The phone number is (301) 677-4795; DSN 622-4795.

Name: Department of Motor Vehicles
POC: Anne Arundel County
Address: 6601 Ritchie Hwy
City: Glen Burnie, MD 21061
Phone: 1(800)950-1682

Name: Department of Natural Resources
Address: 580 Taylor Ave., Tawes State Office Bldg
City: Annapolis, MD 21401
Phone: (410)974-3041

Name: Provost Marshal's Office
Address: Mapes Road
City: Fort Meade, MD 20755
Phone: (301)677-6622; DSN 622-6622
Comments: Will provide information on all installation regulations/requirements.

Commonly Referenced Numbers

Telephone Access: All numbers listed are in the 301 area code unless otherwise indicated. Fort Meade: DSN 622-X Commercial (301) 677-XXXX. From on-post (677 numbers) are 7-XXXX. Operator 677-6261. National Security Agency: Commercial (301) 688-XXXX. From on post (688 numbers) are 97-XXXX. Post Locator: 677-6767.

FOR A LISTING OF COMMONLY REFERENCED NUMBERS, PLEASE REVIEW THE FOLLOWING RECORD LISTINGS.

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
Army Community Service	(301) 677-5590/3418	622-5590/3418
Army Emergency Relief (AER)/Air Force Aid Society (AFAS)	(301) 677-5662	622-5662
Bank	(410) 674-6606/551-5300	N/A
Barber Shop	(410) 551-2053/674-9684	N/A
Beauty Shop	(410) 674-2262	N/A
Billeting	(301) 677-6529/674-7700	622-6529
Chaplain	(301) 677-6704	622-LORD
Clothing Sales	(301) 677-2592	622-2592
Club Meade (Officer/Enlisted)	(301) 677-5358	622-5358
Command Post	(301) 677-2131	622-2131
Commissary	(301) 677-7463	622-7463
Credit Union	677-3812/497-7000	622-3812
Education Office	(301) 677-6421/6422	622-6421/6422
Exchange	(410) 674-7170/7171	N/A
Family Services Programs	(301) 677-3586	622-3586
Hospital (Emergency)	911	N/A
Hospital (Non-Emergency)	(301) 677-8392	622-8392
Housing Office	(301) 677-9390	622-9390
Legal Services	(301) 677-9536	622-9536
MWR	(301) 677-5822	622-5822
Officer of the Day	(301) 677-4805	622-4805
Personnel Office	(301) 677-2594	622-2594
Quarters, TLF	(301) 677-5660	622-5660
Quarters, VOQ	(301) 677-6529	622-6529
Red Cross	(410) 674-3110/(301) 677-2141	622-2141
Rod and Gun Club	(301) 688-6459	N/A
Security	(301) 677-6661	622-6661
Shoppette, Meade	(410) 672-1183	N/A
Shoppette, Trading Post	(410) 672-2121	N/A
Shoppette, Zimborski	(410) 672-2121	N/A
Transportation Management	(301) 677-9639	622-9639
Travel Office	(410) 674-1300	N/A
Veterinary Services	(301) 677-1300	622-1300

Major Unit Listing

Please refer to the following record listings.

Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
55th Signal Company (Combat Camera)			(301) 677-5342	622-5342	
694th Intelligence Wing			(301) 677-0589	622-0859	
704th Military Intelligence Brigade			(301) 677-0249	622-0249	
85th General Hospital			(301) 677-6438	622-6438	
902nd Military Intelligence Group			(301) 677-6994	622-6994	
Defense Courier Service			(301) 677-6011	622-6011	
Defense Information School			(301) 677-2173	622-2173	
First United States Army - East			(301) 677-7334	622-7334	
Headquarters Command Battalion			(301) 677-2850	622-5612	
Headquarters U.S. Army Garrison			(301) 677-2223	622-3441	
NCO Academy			(301) 677-2421	622-2421	
Naval Security Group Activity			(301) 677-0351	622-0351	
Public Affairs Proponent Activity			(301) 677-7271	622-7271	
U.S. Army 1st Recruiting Brigade			(410) 677-4068	622-4068	
U.S. Army Central Personnel Security Clearance Facility		See Internet address in the Installation Overview section above.			
U.S. Army Field Band		See Internet address in the Installation Overview section above.	(301) 677-6231	622-6231	
U.S. Army Recruiting Battalion-			(301) 677-7019	622-7019	

Baltimore					
U.S. Medical Department Activity			(301) 677-4171	622-4171	

Transportation

The following information is furnished concerning military transportation. To retrieve information on community transportation (airport, taxis, etc.), visit "LOCAL COMMUNITY - Community Transportation" section of SITES.

DINFOS SHUTTLE:

The Defense Information School shuttle service runs Monday through Friday. DINFOS students have first priority. Please review the following Record Listing for more information.

POST SHUTTLE SERVICE:

The shuttle service provides transportation between the Kimbrough Ambulatory Care Center, Walter Reed Army Medical Center and Bethesda Naval Hospital. Please review the following Record Listing for more information.

OFFICIAL/PERSONAL TRAVEL:

Located in 2234, Huber Road, Ft. Meade, Carlson Wagonlit schedules official (301) 674-1300 and personal (410)674-1300 travel, Mon. thru Fri., 7:30a.m. to 4:30p.m.

Name: DINFOS Shuttle
POC: Directorate of Logistics/Transportation
Address: 2234 Huber Road
City: Fort Meade, MD 20755
Phone: (301)677-9639
Comments: The DINFOS Shuttle runs Monday through Friday from 8 a.m. to 9:45 p.m., Saturday from 8:30 a.m. to 4:30 p.m., and Sundays and holidays from 9 a.m. to 4:30 p.m. The Shuttle runs to and from the following areas approximately every hour: 6th Armored Cavalry & Simonds Roads 6th Armored Cavalry (Bldg 8605) 6th Armored Cavalry (Bldg 8609) Arts & Crafts Center Brett Hall (Bldg 4707) Burger King Cochrane Road (Bldg 9801/9802) Cochrane Road (Dickerson Hall) Four Winds NCO Club/Military Clothing Sales Kimbrough Ambulatory Care Center Love Road Main Exchange Complex McGill Rec Center/Murphy Field House Military Personnel/Finance (Bldg 4215) Officers' Club SeaLandAir (Emory Road) Theater Transportation/Housing Gaffney Sports Arena

Name: Shuttle bus between medical facilities
POC: Kimbrough Ambulatory Care Center Information Desk
Address: Kimbrough Ambulatory Care Center
City: Fort Meade, MD 20755
Phone: (301) 677-8392; DSN 622-8392
Comments: The Shuttle runs Mon. thru Fri., 8 to 11:30a.m. and 12:30 to 3:30p.m..

Commissary and Exchange Operations

Fort Meade has a large, modern commissary and post exchange. Please refer to the following Record Listing for more information.

The Commissary accepts both the Food Stamp Program and the Women Infant and Children (WIC)

Vouchers. Call the Army Community Service Information and Referral Program, COM: (301) 677-5590 or DSN: 622-5590, for more information on these programs.

Name: Commissary
Address: Towne Center, MacArthur Road at Mapes Road
City: Fort Meade, MD 20755
Phone: (301) 677-7463; DSN 622-7463
Comments: HOURS are Sun, 9:00 a.m. to 6 p.m.; Mon, 9:00 a.m. to 8:00 p.m.; Tue, 9:00 a.m. to 8 p.m.; Wed, 9:00 a.m. to 8 p.m.; Thur, 9:00 a.m. to 8 p.m.; Fri, 9:00 a.m. to 8 p.m.; Sat, 8 a.m. to 6 p.m. To place an order for the Deli, Ext 242 and for Bakery, Ext 229.

Name: Dry Cleaner
Address: Building 392 Llewellyn Ave
City: Fort Meade, MD 20755
Phone: (410) 551-3146
Comments: HOURS are Mon. thru Fri., 9 a.m. to 7 p.m.; Sat., 9 a.m. to 5 p.m.; Sun closed CONCESSION. Shoe repair, alterations, for Active-duty, retired & family members, Reserves & National Guard. Alterations done between the hours of 9 a.m. to 6 p.m..

Name: Exchange
Address: Towne Center, MacArthur Road at Mapes Road
City: Fort Meade, MD 20755
Phone: (410) 674-7170/7171
Comments: HOURS are Mon. thru Sat., 9 a.m. to 9 p.m.; Sun, 9 a.m. to 6 p.m. Amusement center and snack bar in mall area; florist, 674-5699 (M-Sat); optical shop, 674-7930 (M-Sat); watch repair, 621-9666.

Name: Meade Shoppette/Service Station
Address: Bldg 4706 MacArthur Road
City: Fort Meade, MD 20755
Phone: (410)672-1183/1184
Comments: Sells groceries, liquor and video rentals and sales. Hours of operation 06:00 a.m. to 24:00 p.m.

Name: PX-tra
Address: Towne Center, MacArthur Road at Reece Road
City: Fort Meade, MD 20755
Phone: (410) 674-7170
Comments: HOURS are Mon. thru Fri., 9 a.m. to 9 p.m.; Sun, 9 a.m. to 6 p.m. Sells furniture; appliances, garden supplies, toys, etc.

Name: Shoe Repair
Address: Building 392 Llewellyn Ave.
City: Fort Meade, MD 20755
Phone: (410) 551-3146
Comments: HOURS are Mon. thru Fri., 9 a.m. to 7 p.m.; Sat, 9 a.m. to 5 p.m.; Sun closed. Located in the same building as the Dry Cleaners.

Local Community

Local Community Overview

For more information on this subject:
Maryland Chamber of Commerce
<http://www.mdchamber.org>

Welcome to Fort George G. Meade, a great place to live and work. Located within the Baltimore/Washington corridor, Fort Meade is in a geographical area of contrast. There are mountains North and West, waters and farmland to the South and East. Situated in central Maryland, there are numerous points of interest convenient to Fort Meade residents - Annapolis (20 minutes away), home of the U.S. Naval Academy; Baltimore (20 minutes away), birthplace of Babe Ruth and the Star Spangled Banner and Washington, DC (40 minutes away), our nation's capital. Maryland borders Virginia, Pennsylvania, Delaware and West Virginia.

Anne Arundel County offers year-round vacation living. The county has 437 miles of Chesapeake Bay shoreline and Annapolis claims 17 miles of waterfront. Beyond the waterfront you will find rolling countryside with both established neighborhoods and new suburban communities, most an hour or less from the big city bustle of Washington, DC and Baltimore, MD. The county government is headed by a County Executive and a County Council elected for a four-year term. The

City of Annapolis is governed by a Mayor and City Council.

Howard County is located in the "heart" of Maryland with an ideal location between Baltimore and Washington. At the center of this thriving market, Howard County is a healthy location for success. The county offers immediate market access, skilled work force, continuing business growth, superior school system, and acres of parkland topped by a superb quality of life.

INCOME TAXES

Maryland imposes a graduated personal income tax at the following rates: 2% on the first \$1,000 of taxable income; 3% on the second \$1,000 of taxable income; 4% on the third \$1,000 of taxable income; 5% on all taxable income in excess of \$3,000. Anne Arundel and Howard counties levy local taxes at a rate of 50% of the state tax. For more information, call (800) 638-2937.

SALES TAX

The general Maryland sales and use tax rate is 5% (1 cent tax on each 20 cents or fraction thereof). A special rate of 8% to 1 1/2% is imposed on certain rentals of passenger cars, rental trucks and recreational vehicles. Sales of food by substantial grocery or market businesses are not subject to tax. Other exemptions include medicine, energy for residential use, manufacturing machinery and equipment, and certain agricultural equipment and supplies.

PROPERTY TAX

There is no personal property tax in Maryland. Anne Arundel County has one of the lowest real estate property tax rates in the area. The rate is \$2.67 per \$100 of assessed value (Howard County is \$2.59 per \$100). If you live in the city of Annapolis, however, you pay a total of \$3.34 per \$100 of assessed value. Tax bills are mailed to property owners during the first week in July. Payment is due by September 30. For more information, call (410) 222-1144. Property is reassessed every three years by the State Department of Assessments and Taxation, Rm. 200, 60 West St., Annapolis, MD. Phone (410) 974-5709.

TAX CREDITS AND EXEMPTIONS

There is a homeowner's property tax credit determined by income and residency. Filing deadline is September 1st. For more information, call (800)

492-3790 or (410) 974-5713. There is a telephone tax exemption in Anne Arundel County determined by income level, age 65 or older or disability.

LOCAL NEWSPAPERS

The Maryland Gazette is an Anne Arundel County paper, delivered Wed. and Sat. The Capital, a daily newspaper serving the Annapolis area is also an Anne Arundel County paper. Call (410) 761-4779/268-5000 for a subscription.

The Washington Post is a well-known Washington DC-based paper. Call (800) 477-4679 for more information.

The Baltimore Sun, serving the Baltimore and surrounding communities offers subscriptions by calling (800) 829-8000.

The Pennysaver is a weekly publication of community services and advertisements, (410) 684-6192.

Name: Annapolis and Anne Arundel County Visitor's Bureau
POC: Peggy Wall
Address: 26 West St.
City: Annapolis, MD 21401
Phone: (410) 280-0445
FAX: (410) 263-9591
Comments: Answers questions concerning attractions, places to eat, lodging.

Name: Army Community Service
POC: Relocation READINESS PROGRAM
Address: 4217 Roberts Ave
City: Fort Meade, MD 20755-5078
Phone: (301) 677-5590
FAX: (301) 677-2910
Proximity to site: On-site
Comments: Give us the opportunity to provide you a myriad of information about Fort Meade and its surrounding communities! If we don't have the answers immediately available, we will find the answers for you.

Name: Howard County Chamber of Commerce
Address: 5560 Sterrett Place, Suite 105
City: Columbia, MD 21044
Phone: (410) 730-4111
FAX: (410) 730-4584

Name: Howard County Tourism Council
POC: Karen Justice
Address: P.O. Box 9, 8267 Main St
City: Columbia, MD 21043
Phone: 1(800)288-8747
FAX: (410) 313-1902
Comments: There are many military members who choose to live in Howard County (20 to 30 min. commute from Fort Meade).

Name: Maryland Chamber of Commerce
Address: 60 West Street #100
City: Annapolis, MD 21401-2458
Phone: (410) 269-0642
Comments: This Chamber will provide information concerning the State of Maryland - things to do, places to see. Contact for more information.

Name: West Anne Arundel County Chamber of Commerce
Address: 8373 Piney Orchard Parkway #100
City: Odenton, MD 21113-1531
Comments: Fort Meade is located in West Anne Arundel County. Contact the Chamber for more information about this area.

Time Zone Chart

The local time zone is Eastern Standard Time. Time difference from this zone:

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

The climate in the Baltimore/Washington corridor, April through September, is warm with high humidity. Temperatures range from 60-90 degrees (humidity can bring temps above 100 in the Summer).

Fall is fairly calm but rainy. A light jacket will suffice until mid/late October.

Chances of snow are likely to increase as early as late November (not heavy) and will last through March. The heaviest falls between January and February.

Climate: Springtime is wonderful in the early stages of the season. Summers are moderately hot and fairly humid. Autumn is beautiful. Winters are fairly mild.

Summer Weather:

Temperatures average 75-90 degrees. Because of high humidity it is probable that temperatures will feel above 100 degrees. Possible afternoon and evening thunderstorms, May through August.

Winter Weather:

Temperatures average 35 degrees. Freezing temperatures possible, October until May.

Annual Precipitation:

Annual rainfall, approx. 40 in. Annual snowfall, 15-20 in. There are approximately 20 snow days per year.

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	42.3	26.8	55-69%	R:2.72 S:6.2
February	45.9	29.1	52-69%	R:2.71 S:6.3
March	56.5	37.7	53-70%	R:3.17 S:1.6
April	66.7	46.4	51-69%	R:2.71
May	76.2	56.6	52-74%	R:3.66
June	84.7	66.5	53-76%	R:3.38
July	88.5	71.4	53-77%	R:3.80
August	86.9	70.0	55-80%	R:3.91
September	80.1	71.3	55-81%	R:3.31
October	69.1	50.3	53-79%	R:3.02
November	58.3	41.1	54-75%	R:3.12 S:1.0
December	47.0	31.7	56-72%	R:3.12 S:3.1

Events Calendar

Please refer to the section entitled "MUST KNOW ITEMS" to obtain additional information on event calendars for nearby installations.

There are many things to see and do in the Baltimore/Washington area. Many are free of charge and others have reasonable fees. Local newspapers outline many events and activities (see Local Community Overview section for newspaper info).

For a listing of events, please refer to "Record Listings."

Name: Anne Arundel County Fair
POC: Fair office
Address: Anne Arundel County Fairgrounds
City: Crownsville, MD
Phone: (410) 923-3400
Comments: Held annually mid September. Admission fee is required. Handicap access is available. Overview: Household and animal exhibits, pig races, petting zoo, carnival, entertainment, food.

Name: Chesapeake Bay Bridge Walk
POC: MD Transportation Auth.
Address: Chesapeake Bay Bridge
City: Annapolis/Stevensville, MD
Phone: (410) 288-8405
Comments: Held annually first week in May. Admission is free. Handicap access available. Overview: Enjoy a 4.3 mile walk across the Chesapeake Bay Bridge. Please arrive early. \$1 donation for buses.

Name: First Night Annapolis
Address: Annapolis Historic District
City: Annapolis, MD
Phone: (410) 787-2717
Comments: Date: DECEMBER 31, 3 p.m. through midnight. An admission fee is required. Handicap access available. Overview: Winter night festival of the arts on New Year's Eve. Drama, music, ice dancing throughout downtown Annapolis. Bring the family to this alcohol-free, music-everywhere celebration.

Name: Fort Meade Arts & Crafts Fair
City: Fort Meade, MD 20755
Phone: (410) 987-2985
Proximity to site: On-site
Comments: Held annually mid November. One hundred twenty-five craftspeople from Maryland, Virginia, Pennsylvania and Delaware participate.

Name: Historic Savage Mill/Washington Military Book & Paper Fair
POC: T.J. McCauley, Bookfairs
Address: The Great Room Antique Center, III
City: Savage Mill, MD
Phone: (215) 757-1132
Comments: Held annually last full week in March. Admission is free. Handicap access available. Overview: 70 exhibitors sell out-of-print books, prints, maps, etc. of general and military interest.

Name: Holiday Craft Show
Address: Chatham Mall
City: Ellicott City, MD
Phone: (410) 465-8435
Comments: Held annually mid November. Admission is free. Handicap access available. Overview: Handcrafted items made by local crafters featuring holiday gift-giving ideas, candy and more.

Name: Howard County Fair
POC: Howard County Fair Assn
Address: Howard County Fairgrounds
City: West Friendship, MD
Phone: (410) 442-1022
Comments: Held annually first two weeks in August. Admission fee is required. Handicap access available. Overview: County fair with animals, household arts, rides, food and entertainment.

Name: Howard County Pow-Wow
POC: Barry Richardson
Address: Howard County Fairgrounds
City: Friendship, MD
Phone: (919) 257-5383
Comments: Date(s): JULY 11-13, Fri, noon to 10 p.m.; Sat-Sun, 11 a.m. to 9 p.m.. Admission fee is required. Handicap access available. Overview: Native-American festival featuring arts, crafts, foods, demonstrations and dance.

Name: Maryland Renaissance Festival
Address: Crownsville Rd.
City: Crownsville, MD
Phone: (410) 266-7304
Proximity to site: 20 min.
Comments: Date(s): Each Sat-Sun (also Labor Day), from 10:30am thru 7pm, beginning AUGUST 23-24, 30-31; SEPTEMBER 1, 6-7, 13-14, 20-21, 27-28; OCTOBER 4-5, 11-12, 18-19. AN ADMISSION FEE IS REQUIRED. Overview: 16th century English festival, 10 stages, 5,000-seat jousting arena, 140 food & craft shops.

Name: State Fair
Address: Timonium Fairgrounds, York Road
City: Timonium, MD
Phone: (410) 252-0200
Comments: Late Aug. to early Sept. Ten-day extravaganza of home arts, entertainment, agricultural demonstration, livestock presentations and thoroughbred horse racing.

Name: Symphony of Lights
POC: Howard County General Hospital, Debbie Daskaloff
Address: Merriweather Post Pavilion
City: Columbia, MD
Phone: (410) 740-7666
Comments: Date(s): NOVEMBER 24 - JANUARY 4, thru Dec. 11, Mon-Thur, 6to 10 p.m.; Fri-Sat, Holidays, 6 to 11 p.m.; Dec. 12, 6 to 11 p.m., nightly. Admission fee is required. Handicap access available. Overview: A spectacular, drive-through display of nearly 50 animated and stationary light creations!

Cultural Attractions

Please refer to the section entitled "MUST KNOW ITEMS" to obtain additional information on cultural attractions for nearby installations.

There are many things to see and do in the Baltimore/Washington area. Many are free of charge and others have reasonable fees. Local newspapers outline many events and activities (see Local Community Overview section for newspaper info).

For a listing of attractions, please refer to Record Listings, below.

Fort Meade is within 30 minutes of both Washington, D.C., and Baltimore. There are many free and inexpensive activities for the whole family to enjoy. Be sure to take advantage of them, as well as the numerous attractions in the communities around Fort Meade.

Name: St. Anne's Church
Address: Church Circle
City: Annapolis, MD 21401
Phone: (410) 267-9333
Proximity to site: 1/2 hour
Comments: Open Daily. First church on this site was built in 1692 and was supported by an annual tax of 40 pounds of tobacco paid by every taxpayer. This is the 3rd St. Anne's, built in 1858. Silver communion service presented by King William III still in use.

Name: Banneker-Douglass Museum
Address: 84 Franklin Street
City: Annapolis, MD
Phone: (410) 974-2893
Comments: Museum of African-American arts and culture, changing exhibits, lectures, films and publications. Open Tuesday - Friday, 10 a.m. to 3 p.m.; Saturday, noon to 4 p.m..

Name: Barge House Museum
Address: P.O. Box 3088, Bay Shore Dr.
City: Eastport Annapolis, MD 21401
Phone: (410) 268-1802
Comments: Collection of historic and maritime artifacts from the Eastport area. Exhibits feature the business and culture of the area, boat builders, maps and photographs. Features a seasonal exhibit at Christmas of the Richwood doll house.

Name: The Barracks
Address: 43 Pinkney Street
Phone: (410) 267-7619
Comments: Typical dwelling of a colonial artisan or tradesman. Furnished to depict lifestyle of Revolutionary War soldiers. Open by appointment.

Name: Governor's Mansion
Address: State Circle and School Street
City: Annapolis, MD
Phone: (410) 974-3531
Comments: Official residence of the Governor. Built during the Victorian period. Collection of Maryland art and antiques. Open Tuesday through Thursday, 10 a.m. to 2 p.m. by appointment.

Name: Helen Avalynne Tawes Garden
Address: Taylor Avenue and Rowe Boulevard
City: Annapolis, MD
Phone: (410) 974-3717
Comments: The garden features plantings characteristic of the ecological zones within Maryland. Cafeteria and picnic areas. Open daily from sunrise to sunset.

Name: State House
Address: State Circle
City: Annapolis, MD
Phone: (410) 974-3400
Comments: Maryland's capitol building, begun in 1772. Oldest State House in the country in continuous legislative use. Site of Washington's resignation as commander-in-chief and ratification of the Treaty of Paris. Capital of the United States from 1783 to 1784. Open 9 a.m. to 5 p.m. Tours are between 11 a.m. and 3 p.m.

Recreation Opportunities

Please refer to the section entitled "MUST KNOW ITEMS" to obtain additional information on recreation opportunities for nearby installations.

There are many things to see and do in the Baltimore/Washington area. Many are free of charge and others have reasonable fees. Local newspapers outline many events and activities (see Local Community Overview section for newspaper info).

For a listing of recreation opportunities, please refer to Record Listings, below.

Fort Meade is within 30 minutes of both Washington, D.C., and Baltimore. There are many free and inexpensive activities for the whole family to enjoy. Be sure to take advantage of them, as well as the numerous attractions in the communities around Fort Meade.

Name: Anne Arundel County Recreation and Parks
City: Annapolis, MD
Phone: (410) 222-7300
Comments: There are several County and State parks in Anne Arundel County, to include Sandy Point State Park, Quiet Waters and Downs Memorial parks.

Name: Big Boulder Ski Resort
Phone: (717) 722-0100
Proximity to site: 3 1/2 hours from Baltimore
Comments: Open: Day 8:30 a.m. to 4 p.m.. Evening 5 to 10 p.m.. Slopes covered by 100 percent snow making and lighted for night skiing 7 nights a week. Also a 400-foot Half Pipe for snow-boarding.

Name: Howard County Recreation and Parks
Address: 3300 North Ridge Road
City: Ellicott City, MD 21043
Phone: (410) 313-2761
Comments: Open 8:30 a.m. to 4:30 p.m., Mon. thru Fri.

Name: The Baltimore Zoo
City: Balto., MD
Phone: (410) 396-7102
Proximity to site: 1 hour
Comments: Open 10 a.m. to 4:30 p.m., Mon. thru Fri. The main zoo features a three-acre African elephant park, a hippo and African flamingo exhibit.

Name: Whitetail Ski Resort
City: Whitetail, PA
Phone: (800) 296-2000
Proximity to site: 1 1/2 hours
Comments: Open Daily, 8:30 a.m. to 4 p.m. Evening, 5 to 10 p.m. The mountain rolls over 104 acres with nearly 1,000 vertical feet of skiing. Three quad chairlifts, including the Whitetail Express, the region's only high-speed express lift which will literally whisk you up the mountain in 3 minutes.

Military Related and Civic Organizations

Please refer to Record Listings, below, for a list of military-related and civic organizations available in the Baltimore/Washington area. You may also want to view organization information in nearby installation SITES.

Name: American Association of Retired Persons
POC: Annapolis Chapter
City: Annapolis, MD
Phone: (410) 263-9227
Comments: Also Severna Park Chapter, (410) 974-0986. Experienced personnel who facilitate and coordinate Transition Planning programs. Many of the facilitators are themselves retired military personnel, civilian resource authorities.

Name: The Filipino American Association
Address: Anne Arundel County
City: Annapolis, MD 21401
Phone: (410) 268-2589/757-7657

Name: Kiwanis
Address: 1363 Becknel Ave
City: Odenton
Phone: (410) 672-1448
Proximity to site: 1/2 Hr
Comments: Also Kiwanis Club of Columbia, (410) 740-4545.

Name: League of Women Voters
Phone: (410) 267-7749

Name: NAACP
Phone: (410) 544-4164

Name: Veterans of Foreign Wars
Address: War Building
City: Balto., MD
Phone: (410) 752-6474
Proximity to site: 40 min.

Name: The Writers Association of Anne Arundel County
Phone: (410) 721-3602

Name: The Retired Officers Association (TROA)
Address: 201 N. Washington St.
City: Washington, DC 22314
Phone: 1(800)324-8762
Comments: TROA provides the following services: employment, insurance, retirement, health, travel, financial advice and assistance.

Name: American Legion National Headquarters
Address: 1608 K. St., NW
City: Washington, DC
Phone: (202) 861-2700
Comments: Lobby to protect and preserve military rights.

Name: United Service Organization
Address: Bldg. 59, Post Headquarters
City: Fort Myer, VA 22211
Phone: (703) 696-2628
Comments: Provides meaningful support and recreation programs and services to the military population.

Shopping

There is a mecca of places to shop within the Maryland, Washington, Virginia and Pennsylvania borders, to include malls, shopping centers and outlet malls. See record listings, below, for information on malls. For more details, also review SITES of nearby installations.

Name: Annapolis Mall
Address: Defense Hwy.
City: Annapolis, MD
Phone: (410) 266-5432
Proximity to site: 25 min.
Comments: Open 10a.m. to 9:30p.m., Mon. thru Sat.; Sun, noon to 5p.m. Major stores are Hecht's, Montgomery Ward, J.C. Penney, Nordstrom's.

Name: Arundel Mills
Address: Arundel Mills Blvd
City: Hanover, MD 21144
Phone: (410) 540-5100
Proximity to site: 30 min.
Comments: Open 10a.m. to 9:30p.m., Mon. thru Sat.; 12:00 thru 5:30p.m., Sun. 200 retail, outlet, entertainment, dining and speciality stores under one roof.

Name: Columbia Mall
Address: Intersection of routes 175 and 29
City: Columbia, MD
Phone: (410) 730-3300
Proximity to site: 25 min.
Comments: Major stores are Hechts, J.C. Penney, Sears.

Name: Laurel Center Mall
Address: Washington Blvd
City: Laurel, MD
Phone: (301) 953-1666
Proximity to site: 15 min.
Comments: Open 9a.m. to 10p.m. Mon, thru Sat.; noon to 6 p.m. on Sun. Major stores are Hecht's, Montgomery Ward, J.C. Penney.

State and Community Social Service Agencies

Fort Meade is located within Anne Arundel County but borders both Howard and Prince George's counties. There are Departments of Social Services within each county in which you may choose to reside. For more specific information, please refer to record listings, below. You may also wish to view nearby installation SITES files listed under Installation Overview Must Know Items.

The following is a partial listing of Community Social Service Agencies. For a more detailed listing, please contact the Army Community Service Information, Referral and Follow-up Program, (301) 677-5590; DSN: 923-5590. Also, refer to Non-profit Social Service Agencies listings in SITES.

Name: Howard County Office on Aging
Address: 10901 Little Patuxent Parkway
City: Columbia, MD 21044
Phone: (410) 313-4856
Comments: Office hours are 8:30a.m. to 5p.m.. Howard County attracts older people for all sorts of reasons -its location between two major cities, its recreational facilities (indoor swimming), its convenient shopping center and more. The Senior Information and Assistance line has information on most of those programs, as well as political, educational and social activities. The number is (410) 313-7212. Urban-Rural Transportation Alliance (URTA), (410) 997-7433, vans provide door-to-door wheelchair-accessible rides to elderly, disabled, and low-income Howard County residents. Riders must first be referred by the Office on Aging.

Name: Anne Arundel County Department of Aging
Address: 101 Crain Highway N.W.
City: Glen Burnie, MD 21061
Phone: (410) 222-6825
Comments: Office hours are 8:30a.m. to 4p.m.. Seniors can call in to get on a list for Senior Transportation (410) 222-6835.

Name: Anne Arundel County Social Services
Address: 7500 Ritchie Highway, Multi-Service Building
City: Glen Burnie, MD 21061
Phone: (410) 508-2100
Comments: There is another location at 80 West St., Westgate Bldg., Annapolis, MD 21404. Phone number is (410) 974-8700. Office hours are 7:30a.m. to 5p.m., Mon. thru Fri. Provides social services, financial assistance, medical assistance, in-home care, information & referral, and emergency services to eligible recipients. Eligibility for programs (Food Stamps, WIC - Women, Infants and Children, etc.) is based on program requirements; the benefit level depends on family size and available resources. RELATED SERVICES: Child Care Referral, (410)974-8638, provides free lists of licensed and registered child care providers by zip code and school district. Abuse and Neglect (Protective Services), open 24 hours; Phone (410) 974-8500. WIC (Women, Infants and Children Program), provides healthy foods and nutrition information to pregnant, breastfeeding and postpartum women, infants, and children under the age of five. To qualify, you must be pregnant or have a child under the age of five; have a health need that can be met by good nutrition; meet income guidelines; live in Anne Arundel County. For military-related family wellness program information, please review "Family Centers" under the Support Services section of SITES.

Name: Howard County Social Services
Address: 3451 Courthouse Dr. Suite 2400
City: Ellicott City, MD
Phone: (410) 461-0328
Comments: Office hours are 8 a.m. to 5 p.m.. Provides social services, financial assistance, medical assistance, in-home care, information & referral, and emergency services to eligible recipients. Eligibility for programs (Food Stamps, WIC - Women, Infants and Children, etc.) is based on program requirements; the benefit level depends on family size and available resources. Applications are accepted Monday-Friday, 8:30 a.m. to noon; for each family member, bring verification of identity, social security card and birth certificate. Proof of income or living arrangements is also needed.

Name: Women, Infants and Children (WIC) Program
Phone: (410)222-7272
Comments: Provides healthy foods and nutrition information to pregnant, breastfeeding and postpartum women, infants and children under the age of five. To qualify, you must have a health need that will be remedied by better eating habits, meet income guidelines, and live in Anne Arundel County.

Non-Profit Social Service Agencies

For more information, please refer to record listings, below. You may also wish to view nearby installation SITES files listed under "Installation Overview Must Know Items."

In general, social service agencies provide information, family, elderly, financial, medical, child and emergency assistance to income eligible recipients. Services include support groups, food stamps, child care assistance, respite and family wellness programs. The following is a partial listing of Non-Profit Social Service Agencies. For a more detailed listing, please contact the Army Community Service Information, Referral and Follow-up Program, (301) 677-5590; DSN: 622-5590. Also, refer to State and Community Social Service Agencies listings.

Name: Army Emergency Relief
POC: Milton Wiley
Address: 4217 Roberts Ave
City: Fort Meade, MD 20755-5078
Phone: (301)677-5590; DSN:622-5590
FAX: (301)677-2910; DSN:622-2910
Proximity to site: on-site
Comments: After-duty emergencies call the staff duty officer at (301)677-4805. Will serve all military branches. Provides financial assistance (loans/grants) to active-duty and retired military and family members experiencing financial difficulties. Will assist with funds for food, emergency shelter, transportation, funeral and hospital expenses. Will not assist to pay credit debts, furniture payments or POV down-payments.

Name: Family and Children's Services of Central Maryland, Inc.
Address: Annapolis District Office, 934 West St.
City: Annapolis, MD 21401
Phone: (410) 263-5743
Proximity to site: 25 Minutes
Comments: A private, non-sectarian, non-profit social services agency, providing counseling, child welfare and elderly services to the residents of Central Maryland. Hours are 8:30 a.m. to 4:30 p.m., Mon. thru Fri.

Name: Fort Meade Social Work Services
Address: 85th Medical Battalion St.
City: Fort Meade, MD 20755
Phone: (301)677-8895; DSN:622-8895
Proximity to site: on-site

Name: Foundation for Exceptional Children
Address: 1920 Association Drive
City: Reston, VA 22090
Phone: (703) 620-1054
Comments: Hours are 9a.m. to 4p.m., Mon. thru Fri. Encourages, enhances and empowers children and youth with disabilities and/or gifted and talented children, to attain their greatest potential.

Name: Grassroots Crisis Intervention Center, Inc.
Address: 6700 Freetown Rd.
City: Columbia, MD 21044
Phone: (410) 531-6006
Comments: Provides 24 hour hotline and walk-in crisis intervention; suicide prevention and intervention; emergency shelter; transitional housing; and community education program.

Name: Parents Anonymous
Address: 733 W 40th St., Suite 20
City: Baltimore, MD 21211
Phone: (410) 889-2300
Proximity to site: 30 Min.
Comments: Child abuse prevention and treatment programs free to children, parents, adolescents, teen parents, homeless families, and parents in prison. Offers 24-hour crisis intervention/referral stress-line. Training and technical assistance provided in the Nurturing Programs; separate validated family-based programs for parents, infants, children, adolescents, teen parents, foster/adoptive parents, parents with special learning needs.

Name: The Helping Hand, Inc.
City: Annapolis, MD
Phone: (410) 268-9075
Proximity to site: 1/2 hour
Comments: Provides shelter, food clothing, furniture, free to the public. Operates soup kitchen and 24-hour hotline.

Name: YMCA of Greater Baltimore
Phone: (410) 837-9622
Comments: Recreational/developmental services provided to families, youth, seniors, and handicapped - through child care, aquatics, sports/fitness.

Name: YWCA of Annapolis and Anne Arundel County
Address: Various locations to include Odenton and Arnold
Phone: (410) 626-7800
Proximity to site: 10 to 30 minutes
Comments: Offers comprehensive, integrated services for families through career development, family life education, domestic violence intervention, fitness and educational programs, infant care, and counseling. The Odenton location (8379 Piney Orchard Parkway - (410)551-2411) offers cooking, computer, parenting, and career development classes in addition to the following: GED Preparation, Mon. thru Thurs., 9:30a.m. to 12:30p.m. Adult Basic Education, Mon. and Wed., 10:30a.m. to 12:30p.m. Teen Club (ages 13 to 19), Wed., 3-5p.m. English for Speakers of Other Languages, Mon. and Wed., 8:30 to 10:30a.m.

Religious Activities

Fort Meade holds services for many faiths, including Roman Catholic (Mass and Confession); Spanish Catholic (Mass and Confession); Jewish (Sabbath Services and Sunday School); Lutheran (Services and Sunday School); Episcopal (Services and Sunday School); Collective Protestant Services; Christian Science Minister. Contact the Family Life Ministry Center at (301) 677-3784 or DSN 622-3784 for more information.

The community also provides services for a variety of faiths. Fort Meade chaplains and the yellow pages of the local telephone book will give you a complete listing of religious services in the area. Your base library may have the yellow pages on microfiche or CD-ROM. Once you arrive, Army Community Service will provide access to phone books. Please review record listings for more information.

Name: Chaplains Office
POC: Family Life Ministries
Address: 6th Armoured Calvary
City: Fort Meade, MD 20755
Phone: (301) 677-3784; DSN: 622-3784
Proximity to site: on-site
Comments: Offers religious services, education and counseling.

Community Transportation

Fort Meade is located only 15 minutes from the Baltimore/Washington International Airport. Typically, personnel arriving to Fort Meade take a taxi or request their sponsor provide transportation from the airport. See "Installation Overview Must Know Items" for more information.

Rush hour in the Washington Metro area may seem like it lasts all day, but the heaviest hours of travel by highway and Metro are from 7 a.m. to 9:30 a.m. each weekday and 4 p.m. to 7 p.m. each weekday evening. HOV (High Occupancy Vehicle) lanes tend to be the fastest way to travel on major highways in the Washington area, but you must have two or more people in the vehicle. It's wise to allow for more time to commute during inclement weather when traffic throughout the area is routinely slow.

Review record listings, below, for more information.

Name: AMTRAK
Address: BWI Airport
City: Balto., MD
Phone: 1 (800) 872-7245
Proximity to site: 15 min.
Comments: Amtrak and Conrail operate trains between Baltimore and Washington. Connecting rail service is available to and from major cities around the country. For Fort Meade commuters, Odenton provides the closest MARC service. Laurel, Savage and Jessup also provide service. Call 1-800-325-RAIL for fare and service information.

Name: Baltimore-Washington International (BWI) Airport
Address: Elkridge Landing Road
City: Linthicum, MD
Phone: (410) 859-7100; (800) 435-9294
Proximity to site: 15 minutes
Comments: Airport is easily accessible to not only Anne Arundel County, but Baltimore and the metro Washington area as well. BWI is the only regional Airport with rail service provided by a shuttle to the AMTRAK Station. Limo Desk, (410) 987-5300; Limousines Unlimited, (410) 268-0101; Maryland Limousines, (410) 850-4100.

Name: Connect-A-Ride
Phone: (301) 725-3600
Comments: Local bus company, an express service between Laurel and NSA/Fort Meade, is available.

Name: ETC Taxi Service
City: Linthicum, MD
Phone: (410) 519-7997
Proximity to site: 10 min.
Comments: It is a 24 hour service, 7 days a week, located near the Airport.

Name: LIGHT RAIL
Phone: (800) 543-9809
Comments: Light rail train stations are open at Patapsco, Linthicum, Nursery Road, North Linthicum, Ferndale and Cromwell Station/Glen Burnie.

Name: MARC Commuter Rail Service
Phone: (800) 325-RAIL
Comments: For Anne Arundel County residents, the closest stops are at New Carrollton, BWI Airport Rail Station, and Odenton (just a couple miles from Fort Meade). The MARC Commuter Train System carries riders between Baltimore and Washington with 4 rail stations in Anne Arundel County. With MARC, commuters can get from either city to BWI Airport in less than 30 minutes.

Name: Mass Transit Administration (MTA)
Phone: 1(800)543-9809
Comments: Buses provide regular service to downtown Baltimore from Fort Meade, BWI Airport area and from USNA Stadium in Annapolis, with stops along Rt. 2. Anne Arundel County is served by commuter bus routes to Baltimore and Washington, DC. Daily commuter bus service throughout the county and Baltimore City is provided by the Baltimore Mass Transit Administration. Round-trip bus service is available from Annapolis to Baltimore, the Washington Metro System and to downtown Washington, DC. Park and Ride Service is available from Severna Park to both Baltimore and Annapolis, and from Crofton, MD to the Washington Metro System.

Name: Ride sharing
Phone: (410) 222-RIDE

Name: Washington National Airport
City: Washington, DC
Phone: (703) 685-8000
Proximity to site: 45 minutes
Comments: Parking can be a problem. METRO is the best way in and out of the Airport. Trains run from National Airport to Baltimore/Washington International (BWI) Airport - located 15 minutes from Fort Meade. Reservations & information Toll free #'s: Air Canada (800) 776-3000; American Airlines (US, Canada) (800) 433-7300; Canadian Airlines (US) (800) 426-7000; Continental Airlines (US,Canada) (800) 525-0280; Delta Airlines (800) 221-2000; Northwest Airlines (US, Canada) (800) 225-2525; TWA (800) 221-2000; United Airlines (US, Canada) (800) 241-6522; U.S. Air (US, Canada) (800) 428-4322.

Education

Education Overview

For more information on this subject:
Fort Meade School Liaison Home Page

http://www.ftmeade.army.mil/schools_public.htm

There are many educational opportunities available in this large, metropolitan area. To assist you, please review SITES areas "Installation Overview, Must Know Items" and "At-A-Glance," as well as the record listings, below.

Name: Anne Arundel County Board of Education
Address: 2644 Riva Road
City: Annapolis, MD 21401
Phone: (410) 222-5000
FAX: (410) 222-5000
Proximity to site: 20 min.
Comments: Anne Arundel County is the fifth largest school system in Maryland and among the 50 largest school systems in the country. Anne Arundel County is a scenic area that offers 480 miles of Chesapeake Bay shoreline, picturesque farmland, and the state capital of Annapolis, complete with a colonial district and harbor. Located near Washington, DC, the nation's capital, and Baltimore, Maryland's largest city, Anne Arundel County offers easy access to the cultural benefits of an urban setting. With a staff of approximately 4,000 teachers, the Anne Arundel County Public Schools educate a culturally and economically diverse population of 73,000 students each year.

Name: Fort Meade Education Office
POC: Ingrid Lindbert
Address: 8601 Zimborski Ave.
City: Fort Meade, MD 20755-5093
Phone: (301) 677-6421; DSN 622-6421
Proximity to site: on-site
Comments: For more information, please refer to SITES section entitled "Adult/Continuing Education."

Name: Fort Meade School Liaison Officer
POC: Barbara Board
Address: 4217 Roberts Ave.
City: Fort Meade, MD 20755-5070
Phone: (301) 677-3843; DSN 622-3843
FAX: (301) 677-3843; DSN 62243
Proximity to site: on-site
Comments: Serves as a liaison between military families and public/private sector schools, preK-12. Assists with identifying appropriate school of attendance, provides lists of private schools, information (i.e. home schooling). Works with exceptional family members to ensure smooth school transition. Arranges conferences between the school, family, and other appropriate community resources to ensure children gain a positive learning experience.

Name: Howard County Board of Education
Phone: (410) 313-7197
Comments: Howard County, Maryland is a community of 223,297 situated midway along a corridor linking Baltimore and Washington, D.C. Because of its unique location, Howard County is noted as the fourth fastest growing county in the nation. A great community deserves great schools, and the Howard County Public School System is a recognized source of local pride. Howard County students consistently score above the norm on national standardized tests. The Howard County combined score on Scholastic Aptitude Tests (SAT) in 1996 was 1080 -- 69 points higher than the Maryland average and 67 points higher than the national average. On the Comprehensive Test of Basic Skills (CTBS) -- administered annually to all third, fifth, and eighth graders -- Howard County students have an average score which is higher than approximately 72% of the national norm group. In 1996, Howard County high schools produced 17 National Merit finalists. The dropout rate is one of the lowest in the state at 2.1 percent. Follow-up studies indicate nearly 79 percent of Howard County graduates continue their education beyond high school, with 64 percent attending four-year colleges or universities. The Howard County Special Education phone number is (410) 313-6742.

Name: Maryland Boarding Schools
Phone: (410) 333-4992

Name: State Department of Education
Address: 200 W. Baltimore St.
City: Baltimore, MD
Phone: 1-888-246-0014 or (410)767-0100

Public and DODDS Schools

For more information on this subject:
Maryland State Board of Education
<http://www.msde.state.md.us/>

Please refer to the section entitled "MUST KNOW ITEMS" to obtain additional information.

On Fort Meade, there are seven Anne Arundel County public schools.

Students living on Ft. Meade and in the immediate, surrounding communities, will attend Anne Arundel County Public Schools. The Meade Feeder System includes nine elementary schools, two middle schools and one high school. Four elementary schools, the middle school and the high school are located on the installation.

There are two other counties, in the immediate area, in which you may reside. These are Prince George's and Howard Counties. For information on Prince George's County Schools, refer to Andrews Air Force Base SITES.

Children should register in the county of residence. If you desire to register your child in an out-of-county school, you will be required to pay a fee.

PARENTS ARE URGED TO REGISTER THEIR CHILDREN FOR SCHOOL AS SOON AS A SERVICE MEMBER ARRIVES AT FORT MEADE. The Assistant Chief of Staff for Installation Management has directed that military personnel, who are parents of school age children, shall give timely notification to local schools upon arrival and prior to departure of permanent change of station. EFFECTIVE 01 APRIL 99, NOTIFICATION TO SCHOOLS WILL BE A REQUIRED PART OF THE IN AND OUT PROCESSING PROCEDURE. Fort Meade Personnel Processing Branch will require all PCS personnel with accompanying school age children to provide 30 days withdrawal notice and out process through their children's school. They are to in-process through the School Liaison Office or designated area schools at the gaining installation.

To enroll a new student, you must bring the child's birth certificate and a copy of the immunization record to school. A recent transcript/report card is also required for students enrolling from out-of-state. A student transferring from another school system in Maryland must have a Maryland transfer form. High school students entering the 12th grade should bring teacher recommendations for scholarship and college admission applications.

In addition, STUDENTS IN KINDERGARTEN, FIRST, SECOND, THIRD, SIXTH, SEVENTH, EIGHTH, AND NINTH GRADES, must have proof of a second dose of measles and one dose of mumps immunization to enter school. Students needing these immunizations can walk-in to the Kimbrough Immunization Clinic from 7:30 to 11:30 a.m. and 1 to 3:30 p.m., Mon. thru Fri. Immunizations and medical records should be brought to the clinic. Current physical exams (within one year) are required to participate in youth services and/or school sports programs.

Anne Arundel County Public Schools offer Special Education Programs for children who are intellectually, emotionally and/or physically challenged. Placement in these programs is made through the School Team at the school and then referred to the Admission, Review and Dismissal (ARD) at the Division of Special Education. ARMY/AIR FORCE PARENTS OF CHILDREN WITH SPECIAL NEEDS SHOULD CONTACT THE EXCEPTIONAL FAMILY MEMBER PROGRAM MANAGER AT ARMY COMMUNITY SERVICE (301) 677-5590 PRIOR TO CONTACTING SCHOOL. NAVY PARENTS SHOULD CONTACT NAVY FAMILY SERVICES, (301) 677-6883. If possible, an IEP should be mailed or faxed to the Exceptional Family Member Program manager. Call for fax information.

The Howard County school system offers programs in special schools -- Cedar Lane School and the Gateway School, in addition to the typical elementary, middle, and high school buildings.

The Cedar Lane School provides a structured learning environment for students, age 3 through 20, whose needs are so complex that they require placement in a special school (Intensity 5 special education program). Classes are provided for preschool and school aged students who are developmentally delayed, and who are intellectually limited, and have multiple disabilities. This program

provides community-based instruction and normalization activities.

The Gateway School offers alternative educational settings and programs for students who are not achieving their potential within their home school. The program is flexible, meets county academic guidelines, and responds to individual needs.

Distinctive features include small class size, shorter school day, close adult supervision and guidance, and available school and community support services. The school focuses on the different ways students learn and provide frequent communication with parents, guardians, and the home school. Students receive individual and small group counseling, positive alternatives to suspensions, and continuous feedback and evaluation.

Students develop decision-making, communication, and self management skills which enable them to be responsible for well-being of themselves and others.

ANNE ARUNDEL COUNTY SCHOOL 2002-2003 CALENDAR:

AUGUST 2002: 27(Mon.) - Schools open for students.

27-29(Incl)schools closed for
prekindergarten;E.C.I.

SEPTEMBER 2002: 02(Mon.) - Labor Day; Schools closed.

10(Tues.) - Primary Elections. Schools closed.

OCTOBER 2002: 17-18(Thur & Fri.) - Schools closed. Teachers Convention.

NOVEMBER 2002: 04(Mon) Beginning of second marking period.

05(tues.)Election Day. Schools closed.

25-26(Mon-Tues.) schools closed.

Parent/Teacher conferences for
elementary/middle schools. High school
teachers workshop day.

27-29(Wed-Fri.)Thanksgiving Holiday.

DECEMBER 2002: 23-31(Incl.) - Winter Vacation.
Schools closed.

JANUARY 2003: 01-03(Wed-Fri.) Winter
Vacation. Schools closed.

20(Mon) Martin Luther King, Jr. Birthday.
Schools closed.

30-31(Thurs-Fri.) Schools closed. Teacher
Workshop.

FEBRUARY 2003: 03(Mon) - Beginning of third
marking period.

17(Mon) - Presidents Day. Schools closed.

MARCH 2003:

APRIL 2003: 09(Mon) - Beginning of fourth
marking period.

17-21 (Thurs-Mon) Spring Vacation.

22 (Tues.) 3 hour late opening for all
students. Staff

Development for Assessment Preparation.

MAY 2003: 22(Thurs.) Last day for graduating
seniors.

26(Mon) - Memorial Day. Schools closed.

JUNE 2003: 16-18(Mon-Wed.) High School
Examinations 2 hour early dismissal.

18(Wed.) Last day of school for students.

Name: Anne Arundel County Board of Education
Address: Riva Road
City: Annapolis, MD 21401
Phone: (410) 222-5000
Comments: <p>A Message from the State Superintendent of Schools:</p> <p>Maryland first embarked on standards-based reform in the 1970's, with the Maryland Functional Tests - exams that assess high school students' competency in reading, writing, math, and citizenship. By the end of the 1980's, however, it was obvious that the functional tests had simply set a performance floor for students; what we really needed was a higher performance ceiling. A minimal competency just wasn't preparing students for the more competitive, information-based, and technologically savvy world that awaited them outside the classroom.</p> <p>So, in 1989, the Governor's Commission on School Performance created the Maryland School Performance Program (MSPP), an accountability system that would redefine what was considered acceptable academic achievement. First the program set standards for functional test passing rates, drop-out rates, and attendance rates. According to MSPP, a school meeting standards has at least 95% of its 9th graders passing the reading functional test; 80% passing math; 90% passing writing; and 85% passing citizenship. A school meeting the 11th grade standard has 97% of juniors passing the reading, writing, math, and citizenship tests each - and 90% passing all four. Furthermore, schools meeting standards post drop-out rates that do not exceed 3% and have at least 94% of students in school for half or more of the average school day.</p> <p>Since 1993, however, the cornerstone of MSPP-and, by far, its most recognizable aspect - has been the Maryland School Performance Assessment Program (MSPAP), a series of rigorous tests given annually to students in grades 3, 5, and 8. Results from the performance-based exams are aggregated at the school, system, and state levels. In schools meeting state standards, 70% of students or more receive a satisfactory score in all six content areas tested by MSPAP (reading, writing, language usage, math, science, and social studies).</p> <p>Maryland is now ready to extend to high schools the rigorous standards and accountability embodied by MSPAP. Students entering grade 9 in fall 2003 will have to pass five end-of-course exams - in English, algebra, geometry, biology, and government - to receive a high school diploma. Field tests or 'dry</p>

<p>runss' are being conducted now to fine-tune the assessments and to set challenging, yet attainable, passing scores. The high school assessments (supplanting the functional tests) will up the ante for a Maryland high school diploma, making it more meaningful for employers, universities and students themselves. The exit exams will also complete the state's campaign to hold school systems, administrators, teachers, and students accountable for achievement.</p> <p>By and large, we have set standards and expectations much higher than we imagined we would in the very earliest days of reform. But Maryland has weathered well many of accountability's expected storms and will stay precisely on course in its quest for better public education for all children.</p> <p>Nancy S. Grasmick State Superintendent of Schools</p>
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Name: FT. Meade Civilian School Liaison Officer
POC: Barbara Board
Address: 4217 Roberts Ave.
City: Fort Meade, MD 20755-5070
Phone: (301) 677-3843; DSN 622-3843
FAX: (301) 677-3843; DSN 622-3843
Proximity to site: on-site
Comments: <p>Available to assist with public/private school coordination K-12. School test scores are available from this office. Serves as a liaison between military families and public/private sector schools, preK-12. Assists with identifying appropriate school of attendance, provides lists of private schools, information (i.e. home schooling). Works with exceptional family members to ensure smooth school transition. Arranges conferences between the school, family, and other appropriate community resources to ensure children gain a positive learning experience.</p>

Name: Howard County Board of Education
Phone: (410) 313-7197
Comments: Howard County Public Schools are ranked among the top in the state. Seniors scored a combined average of 969 SAT, compared with the statewide average of 909 and the national average of 902. In 1992, of the 1,525 students tested they scored Verbal Score 455, Mathematics Score 521, Combined score 976. Maryland functional tests pass rate for first time takers: Reading 98.5%, Math 82.7%, Writing 96.1% and Citizenship 92.2%. In 1992 Comprehensive Test of Basic Skills for Grade 3: Reading Comp. 63%, total Language 66% and total Math 69%; Basics Skills for Grade 5: Reading Comp. 72%, total language 71% and total Math 75%; Basics Skills for Grade 8: Reading Comp. 74%, total Language 66%, total Math 77% and Basic Skills for Grade 11: Reading Comp. 70%, total Language 65% and total Math 75%.

Name: Howard County Public Schools (Main Offices)
POC: Michael E. Hickey
Address: 10910 Route 108
City: Ellicott City, MD 21042
Phone: (410) 313-6600
Comments: ELEMENTARY SCHOOLS Altholton Elementary 6700 Seneca Drive Columbia, MD 21046 TEL: (410) 313-6853 Centennial Lane 3825 Centennial Lane Ellicott City, MD 21042 TEL: (410) 313-2800 MIDDLE SCHOOLS (Grades 6-8) Wilde Lake 10481 Cross Fox Lane Columbia, MD 21044 TEL: (410) 313-6957 Harper's Choice 5450 Beaverkill Road Columbia, MD 21044 TEL: (410) 313-6929 HIGH SCHOOLS (Grades 9-12) Mount Hebron 9440 Route 99 Ellicott City, MD 21042 TEL: (410) 313-2800 Oakland Mills 9410 Kilimanjaro Road Columbia, MD 21045 TEL: (410) 313-6945

Name: MEADE FEEDER SYSTEM SCHOOLS
Proximity to site: off-post (within minutes)
Comments: Brock Bridge Elementary School 405 Brock Bridge Rd. Laurel, MD TEL: (410) 498-6280 Harman Elementary 7660 Ridge Chappel Road Hanover, MD TEL: (410) 222-6930 Jessup Elementary 2900 Elem School Ln Jessup, MD TEL: (410) 222-6490 Maryland City Elementary School 3359 Crumpton Laurel, MD TEL: (410) 725-4256 Van Bokkelen Elementary 1140 Reece Road Severn, MD TEL: (410) 222-6535

Name: MacArthur Middle School
Address: Rockenbach Ave.
City: Fort Meade, MD 20755
Phone: (410) 222-6550
Proximity to site: on-site
Comments: Grades 6 through 8.

Name: Manor View Elementary
Address: MacArthur Road
City: Fort Meade, MD 20755
Phone: (410) 222-6504
Proximity to site: on-site
Comments: Kindergarten through 5th grades.

Name: Maryland State Board of Education
POC: Public Information O
Address: 200 W. Baltimore Street
City: Baltimore, MD 21201
Phone: (410) 767-0408

Name: Meade Heights Elementary
Address: Reece Road
City: Fort Meade, MD 20755
Phone: (410) 222-6509
Proximity to site: on-site
Comments: Kindergarten through 5th grades.

Name: Meade Middle School
City: Fort Meade, MD 20755
Phone: (410) 674-2355
Comments: Grades 6 through 8.

Name: Meade Senior High School
Address: Clark Road
City: Fort Meade, MD 20755
Phone: (410) 674-7710
Proximity to site: on-site

Comments:
Meade Senior High, a comprehensive Anne Arundel County public high school, is fully accredited by the Middle States Association of Colleges and Secondary Schools, and by the Maryland State Department of Education.
Meade High has approximately 1,800 students in grades 9-12, and a staff of 110. Centrally located on Fort George G. Meade, the school serves northwestern Anne Arundel County.

The educational environment of Meade High includes a diverse cultural experience that prepares students for their places in the workforce of the 21st century. A large percentage of Meade students have lived in foreign countries and experienced different cultures. The minority constituency represents many racial and ethnic origins and totals over 50% of the population, providing an enriching experience for all.

We will be building and improving our Internet "Home Page" in the weeks and months to come, including announcements of important school activities sports schedules (and results!), and links to Department Pages within the school. Welcome to Meade Senior High School!

George J. Kispert
Principal

9th through 12th grades. Average test scores SAT Reading 435 SAT Math 493. Graduation requirements-- Total of 22 credits.

Name: Pershing Hill Elementary
Address: 29th Division Road
City: Fort Meade, MD 20755
Phone: (410) 222-6519
Proximity to site: on-site
Comments: Kindergarten through 5th grades.

Name: West Meade Elementary
City: Fort Meade, MD 20755
Phone: (410) 222-6545
Proximity to site: on-site
Comments: Kindergarten through 5th grades.

Private Schools

For more information on this subject:
Maryland State Board of Education
<http://www.mec.state.md.us/mec>

There are more than 60 private schools in the county offering a wide variety of programs. The Maryland Department of Education publishes a list of state approved private non-church affiliated nursery, kindergarten, child care centers, elementary and secondary schools. See record listings below.

Name: Maryland Boarding Schools
Phone: (410) 333-4992

Name: Maryland State Department of Education
POC: Public Information Office
Address: 200 W. Baltimore St.
City: Baltimore, MD 21201
Phone: (410) 767-0408
Comments: Publishes a list of state approved private non-church affiliated nursery, kindergarten, child care centers, elementary and secondary schools.

Name: Association of Independent Maryland Schools (AIMS)
Phone: (410) 987-7025/(301) 621-0787

Colleges and Universities

For more information on this subject:
Maryland Board of Education
<http://www.mec.state.md.us/>

There are many education opportunities within the Baltimore/Washington corridor. The following record listings reference those within 1/2 hour commuting distance from Fort Meade.

Name: Anne Arundel Community College
POC: Mr. Michael Chase
Address: 101 College Pkwy.
City: Arnold, MD 21012
Phone: (410) 672-2117/3554
Tuition: \$58 in county,\$1068out of county (per semester hour)
Comments: Hours are 8a.m. to 5p.m., Mon. thru Thurs.; 8a.m. to 4p.m., Fri. Both certificate and associate degree level courses/programs are offered. Classes meet at Meade High School, the main campus is approximately 30 minutes from Fort Meade. Telecourses are available. SOCAD-2 certificate/associate degree programs approved for delivery are as follows: Accounting, AA/Cert.; Computer Information Systems, AA/Cert.; Computer Science, AA/Cert.; Law Enforcement/Criminal Justice, AA/Cert.; Engineering Technology, AA; Architectural Technology, AA; Hotel/Restaurant Management, AA/Cert.; General Studies/Liberal Arts, AA; Business Management, AA/Cert.; Retail Management, AA; Interdisciplinary Studies; Electronics, Cert. The following programs can be fully completed at Fort Meade: General Studies/Liberal Arts, AA; Management Degrees/Certificates.

Name: Army Education Center
POC: Ingrid Lindberg
Address: 8601 Zimborski Ave.
City: Fort Meade, MD 20755-5093
Phone: (301)677-6421; DSN 622-6421
<p>Comments: The Education Center houses representatives of the following colleges:</p> <p>Anne Arundel Community College (AACC) College - offers certificate and associate degree programs at Meade High School and other off-campus locations near Fort Meade (The main campus is approximately 30 minutes from post). Telecourses are also available. The AACC Meade office phone number is (410) 672-2117.</p> <p>University of Maryland University College (UMUC) - offers undergraduate upper-level courses and baccalaureate degrees. Classes are held at Meade Senior High School, the Army Learning Center and other off-campus locations. The main campus is approximately 30 minutes from post. The UMUC Meade representative can be reached at (301) 621-9882.</p> <p>Bowie State University (BSU) - offers undergraduate teacher certification coursework and Masters-level certificate and degree programs. Courses are held in the Army Learning Center and other off-campus locations near Fort Meade. The BSU representative can be reached (301) 621-9655.</p> <p>Central Michigan University (CMU) - offers Master-level degree programs in Administration and graduate certificates. The CMU representative can be reached at (301) 621-9796.</p> <p>DANTES programs are independent study and external degree programs available to the Fort Meade community. Tuition assistance on a reimbursable basis is authorized for eligible personnel.</p> <p>DANTES testing includes the credit by exam program (CLEP, DSST and ACT PEP), college entrance examinations, professional certification examinations and interest inventories. Testing is conducted in Building 8601 and is scheduled on a month by month basis. Call (301) 677-6421 for more information.</p>

Name: Bowie State University
Address: 14000 Jericho Park Rd
City: Bowie, MD 20715-9465
Phone: (301)464-3000
FAX: (301)464-7269
Tuition: \$114, undergrad; \$158, grad/semester hour
<p>Comments: BSU offers the following masters level certificate and degree programs: Counseling Psychology, MA; Management Information Systems, MS; Guidance and Counseling, MEd; Information Systems Analyst, Certificate; Family Counseling, Certificate; Human Services, Certificate; Psychotherapy, Certificate; Undergraduate Teacher Certification Coursework.</p> <p>Bowie State University (BSU) offers undergraduate teacher certification coursework and Masters-level certificate and degree programs. Courses are held in the Army Learning Center and other off-campus locations near Fort Meade. The BSU representative can be reached (301) 912-2318 or FAX (301) 912-1022.</p>

Name: Central Michigan University
Tuition: \$205 (per semester hour)
<p>Comments: CMU offers the following Masters level degree programs in Administration and graduate Certificates: Information resource Management, MSA; General Administration, MSA; Public Administration, MSA; Graduate Certificate of Advanced Professional Development. Other concentrations available throughout the Washington Metro Region include Human Resources, Software Engineering, Health Services and International Administration.</p> <p>Central Michigan University (CMU) offers Master-level degree programs in Administration and graduate certificates. The CMU representative can be reached at (301) 621-9796.</p>

Name: Howard County Community College
POC: Admissions
Address: Little Patuxent Pkwy
City: Columbia, MD
Phone: (410) 992-4800
Tuition: \$71/sem hr
<p>Comments: Offers degree and certificate programs in the arts, sciences, business, health care, humanities and technologies.</p>

Name: Johns Hopkins University/Columbia Center
POC: Admissions
Address: I95 and Route 175
City: Columbia, MD
Phone: (410) 290-1777/(301) 621-3377
Comments: Offers upper-division and graduate programs in administration, arts and sciences, education and organization, and human resource development. Since 1974, the Columbia Center has served adult students throughout the Baltimore/Washington corridor. The center features 15 classrooms, three computer laboratories, administrative and advising offices, an electronic library, a seminar room, an executive conference room, a bookstore, faculty and student lounges, and a full-serve food vending operation. Child care and a variety of professional services are available within the park. The school's Career and Life Planning Center, based in Columbia, offers career counseling, job search support services, and career-related presentations for adult learners.

Name: University of Maryland
POC: University College
Address: University Boulevard at Adelphi Road
City: College Park, MD 20742-1660
Phone: (301)985-7000
Tuition: \$181, undergrad; \$273, grad/semester hour
Comments: Undergraduate upper level courses and baccalaureate degrees are available. Main campus is approximately 30 minutes from Fort Meade. Distance Education courses are offered; classes meet at Meade High School. SOCAD-4 network baccalaureate programs on FGGM are as follows: Computer Studies; Computer Information Science; Information Systems Management; Business; Management Studies. Additional baccalaureate programs on Fort Meade (non-SOCAD network): Government and Politics; History; Technological Management; Behavioral Science; Communications Studies; Criminal Justice; Business Management. University of Maryland University College (UMUC) offers undergraduate upper-level courses and baccalaureate degrees. Classes are held at Meade Senior High School, the Army Learning Center and other off-campus locations. The main campus is approximately 30 minutes from post. The UMUC Meade representative can be reached at (301) 621-9882.

Name: University of Maryland
POC: Admissions
Address: Rt. 1
City: College Park, MD 20742
Phone: (301) 314-8385/(301) 405-4198
Comments: Offers undergraduate degrees in a wide variety of liberal arts programs, as well as pre-professional degrees in medicine, dentistry and law. University of Maryland also offers graduate degrees in over 90 different programs.

Adult or Continuing Education

For more information on this subject:

Fort Meade Home Page

<http://www.ftmeade.army.mil/>

For more information, see record listings, below or visit the Fort Meade Home Page web site.

Name: Anne Arundel Community College
POC: Continuing Education, Workforce and Institutional Development
Address: 101 College Pkwy
City: Arnold, MD 21012
Phone: (410) 541-2325
Comments: Year-round noncredit continuing education classes, seminars and workshops for personal enrichment or career advancement. Professional groups certify that some classes meet continuing education requirements for licensing or license renewal. Classes available county-wide in literacy and basic education as well for GED preparation. Kids in College offers courses for ages 3-16 after school or on weekends during the fall and spring and in an expanded day format during summer. We offer courses for senior adults on campus and at more than 15 sites; residents age 60 or older and disabled retirees pay no course tuition but must pay an administrative fee for each registration cycle in which they enroll for classes.

Name: Arundel Institute Of Technology
POC: Ms. Hope Hill
Address: 1808 Edison Hwy
City: Balto., MD
Phone: (410) 327-6640
Comments: Day and evening hours. A Practical "Hands-On" Approach to learning Electronics and Computer Repair, Drafting and CAD (Computer Aided Design).

Name: English As a Second Language
Address: 101 College Pkwy
City: Arnold, MD 21012
Phone: (410) 541-2325
Comments: Offers a series of noncredit continuing education courses at more than a dozen class sites around the county for those whose native language is not English. The beginning, intermediate and advanced courses in conversation, reading, writing and grammar will help adults improve communication skills or prepare for college courses. Attend an orientation and take a placement test to determine your skill level if you wish to enter the program.

Name: Ft. Meade Education Center
POC: Ingrid Lindberg
Address: 8601 Zimborski Ave.
City: Fort Meade, MD 20755-5093
Phone: (301) 677-6421; DSN 622-6421
Proximity to site: On-site
Comments: Fort Meade's Education Services is part of the Army Continuing Education System (ACES). ACES is an integrated management system of voluntary career and self-development education opportunities designed to support soldier recruitment, readiness and retention. ACES recognizes and strives to support the professional and personal self-development efforts of the Total Army to include adult family members and affiliated civilians. ACES services at Fort Meade include educational counseling and academic advising, Army tuition assistance (TA), basic skills improvement, Defense Activity for Non-Traditional Education Service (DANTES) programs, academic testing and Army Personnel Testing (APT). The services are open to active and reserve component personnel on and around Fort Meade. Adult family members, retirees, and other government civilians are eligible to participate on a space-available basis. Counseling and Academic Advising: Army education guidance counselors meet with military, family members and civilians on a walk-in basis. Counseling services are available 8 a.m. to 7 p.m. Mondays, 8 a.m. to 5 p.m. Tuesdays through Thursdays and 9:30 a.m. to 4 p.m. Fridays. Counselors are prepared to discuss all ACES programs and education benefits, help establish appropriate personal and professional goals, and when appropriate, issue tuition assistance and schedule testing. Army Tuition Assistance: TA is a program for soldiers to defray the cost of tuition for post secondary courses leading to a degree or certificate. For eligibility and information, visit a counselor. The Army Learning Center is located in Building 2509 at the corner of Ernie Pyle and 8th streets. It houses classrooms and the Military Occupational Specialty (MOS) library. The facility offers video and paper-based study materials for the credit by examination program.

Name: Howard Community College
POC: General Info
Address: 10901 Little Patuxent Parkway
City: Columbia, MD 21044
Phone: (410) 992-4856/4800
Comments: Hours are 8:30 a.m. to 5 p.m., Mon. thru Fri. Howard Community College offers two-year degree and certificate program in the arts, sciences, business, health care, humanities and technologies. In addition, the school has a wide range of non-credit courses in such fields as photography and child rearing, as well as bricklaying and real estate.

Special Education

For more information on this subject:
Maryland State Board of Education
<http://www.mec.state.md.us/>

Special Education is built on the belief that all students can and will learn. It is the school system's responsibility to provide appropriate learning experiences for all students, to recognize and understand the unique nature of each student, to promote the worth and dignity of each student, and to strive for the educational success of every student.

As much as possible, instruction for students with disabilities will be provided in the same setting as instruction for students without disabilities.

- Request a copy of complete educational records including IEP and HAND CARRY. - Meet with teacher and review progress that has been made since last IEP review/development. Ask for suggestions that may help you and staff develop next plan. - Hand carry a 2 month supply of medication refills or supplies your child may need. School lessons for review could be included.

Please review record listings, below, for more information.

Name: Anne Arundel County Special Education
POC: Director of Special Education
Phone: (410) 222-5470
Comments: The AACO school system offers special education and related services to students, birth through age 20, who have been identified with a disability and who are in need of special education. Services include screening, assessment, identification, and Individualized Education Program (IEP) development to include non-academic and extracurricular activities when appropriate. Hours are 8 a.m. to 4 p.m., Mon. thru Fri.. Anne Arundel County Public Schools offer Special Education Programs for children who are intellectually, emotionally and/or physically challenged. Placement in these programs is made through the School Team at the school and then referred to the Admission, Review and Dismissal (ARD) at the Division of Special Education. ARMY/AIR FORCE PARENTS OF CHILDREN WITH SPECIAL NEEDS SHOULD CONTACT THE EXCEPTIONAL FAMILY MEMBER PROGRAM MANAGER AT ARMY COMMUNITY SERVICE (301) 677-5590 PRIOR TO CONTACTING SCHOOL. NAVY PARENTS SHOULD CONTACT NAVY FAMILY SERVICES, (301) 677-6883. If possible, an IEP should be mailed or faxed to the Exceptional Family Member Program manager. Call for fax information.

Name: Exceptional Family Member Program
POC: Jennifer Hensley
Address: 4217 Roberts Ave
City: Fort Meade, MD 20755-5078
Phone: (301) 677-5590; DSN 622-5590
FAX: (301)677-2910; DSN 622-2910
Proximity to site: On-Site
Comments: Assists, through advocacy and education, family members with special education, physical, medical, emotional and/or intellectual needs. Co-facilitate "Mom's Night Out" support group, an opportunity to support, and share information, with moms of special needs children.

Name: Fort Meade School Liaison Officer
POC: Barbara Board
Address: 4217 Roberts Ave.
City: Fort Meade, MD 20755-5070
Phone: (301)677-3843; DSN 622-3843
FAX: (301)677-4901; DSN 622-4901
Comments: Serves as a liaison between military families and public/private sector schools, preK-12. Assists with identifying appropriate school of attendance, provides lists of private schools, information (i.e. home schooling). Works with exceptional family members to ensure smooth school transition. Arranges conferences between the school, family, and other appropriate community resources to ensure children gain a positive learning experience.

Name: Howard County Special Education
Address: 10910 Route 108
City: Ellicott City, MD 21042
Phone: (410)313-6600
FAX: (410)313-6833
Comments: In addition to the typical elementary, middle, and high school buildings, the Howard County school system offers additional programs in special schools -- Cedar Lane School and the Gateway School. The Cedar Lane School provides a structured learning environment for students, age 3 through 20, whose needs are so complex that they require placement in a special school (Intensity 5 special education program). Classes are provided for preschool and school aged students who are developmentally delayed, and who are intellectually limited, and have multiple disabilities. This program provides community-based instruction and normalization activities. The Gateway School offers alternative educational settings and programs for students who are not achieving their potential within their home school. The program is flexible, meets county academic guidelines, and responds to individual needs. Distinctive features include small class size, shorter school day, close adult supervision and guidance, and available school and community support services. The school focuses on the different ways students learn and provide frequent communication with parents, guardians, and the home school. Students receive individual and small group counseling, positive alternatives to suspensions, and continuous feedback and evaluation. Students develop decision-making, communication, and self management skills which enable them to be responsible for well-being of themselves and others.

Name: Parent/Infant Program
City: Glen Burnie, MD 21061
Phone: (410) 222-6911
Proximity to site: 20 min.
Comments: Serves children with developmental disabilities, ages Birth - 2 years. Home & Center-Based teaching, Physical Therapy, Occupational Therapy, Speech Therapy, Nursing & Parent Counseling. For assistance in locating additional services or targeting the special education services that best match your need, please call the ACS Exceptional Family Member Program at (301)677-5590; DSN: 923-5590.

Name: TAGTY
Address: PO Box 4041
City: Crofton, MD 21114-4041
Comments: The Association for Talented and Gifted Youth (TAGTY) TAGTY is an organization of parents, educators and others who are interested in educational opportunities available to highly able, gifted and talented students in grades K-12 in Anne Arundel County, Maryland. PURPOSE. TAGTY was formed to: <ul style="list-style-type: none"> - Advocate appropriate education to meet the needs of children who are considered to be highly able, gifted and talented, and to monitor the progress of efforts on their behalf. - Establish and maintain communication and cooperation between educators and parents in all areas affecting these children. - Provide up-to-date information to parents about school board policies, new programs that are being developed for the gifted and talented, and resources that are available to them. - Educate the public on the needs of the gifted and talented children. ACTIVITIES. TAGTY aims to achieve its purpose through the following activities: <ul style="list-style-type: none"> - Publication of five newsletters during the school year with information on classes, conferences, meetings, books, public affairs and topics relating to gifted and talented education. - Communications with various national, state and local groups which are involved with education for the gifted and talented students. MEMBERSHIP. TAGTY membership is open to parents, teachers, administrators and concerned citizens. Each member will receive the newsletter, be eligible for office and have full voting rights. Annual dues are \$15 per family. The membership is September 1 through June 30. Dues are not pro-rated.

Employment

Employment Overview

Anne Arundel County has a broad employment base, though many residents commute to work in

Baltimore and Washington. Within its borders are several large federal institutions, including the National Security Agency, which combines civilian and military intelligence gathering on a large campus near the Baltimore-Washington International Airport (BWI). In addition to the Naval Academy, another large federal employer is the U.S. Coast Guard.

The county's largest private employers are USAir, and Baltimore Gas Electric, which in 1997 is scheduled to become Constellation Energy Corp. based in Annapolis.

In general, the county's economy is buoyed by high-technology communications, distribution and service industries. Growing areas are environmental technology, regional data centers and life sciences. Recent state estimates showed that 82 percent of the county's employment is in the private sector, with retail trade accounting for 23 percent and services accounting for 26 percent. Federal employment was estimated at 4 percent and state government at 5 percent.

Howard County's largest private employer is the Johns Hopkins Applied Physics Laboratory, which was founded in 1942 by the War Department and receives hundreds of millions of dollars in government grants for research on everything from guided missile systems to the Strategic Defense Initiative. Other large employers include the county school district and county government, Giant Food (which has a distribution center in Jessup), Allied Signal Technical Services Corp. (an aerospace company), the Rouse Co. (the developer of Columbia and a national force in the shopping center industry), the Ryland Group (a builder and mortgage company) and W.R. Grace & Co. (research and development).

Economic development is a consistent priority for most county officials. In recent years, they have courted site development consultants and corporate officials and most recently adopted a set of incentives to attract business. The basic idea is that residential development does not pay for itself, while businesses pay higher taxes without demanding the same amount of government services as young families concerned with education and recreation.

Another consistent issue for the business community is attracting low-wage labor. About 56 percent of people who work in Howard County live elsewhere, often because they cannot afford housing in Howard County.

For more information on employment, review related subjects below.

Federal Civilian Employment for Spouses

Spouse employment preference is a preference for employment in DoD appropriated fund civilian positions for which the military spouse is best qualified at grade levels GS-5 through GS/GM-15 (or equivalent wage system positions). Preference for NAFI positions is at grades UA-8 and below (and equivalent positions) and for those jobs paid at an hourly rate. Depending on qualifications and experience, the spouse is afforded serious consideration for competitive civil service vacancies.

If the spouse has previous government work experience, preference can be exercised up to the highest grade level ever held. Spouses of active duty military personnel of the DOD with personal civil service status (i.e. current career or career-conditional employees, reinstatement eligibles) should apply to the Civilian Personnel Office/Advisory Center for available positions.

See "Permanent Employment Resources" section of SITES.

Preparation for seeking employment is vital to your success. Spouses coming to the area should update resumes and/or SF171's. Positions in the civilian sector are plentiful, depending on your job preference, however, self-marketing is the key to finding satisfactory employment.

When transferring from a civilian position in government service be sure to hand carry your notification of Personnel Action (Form 50). Once it is presented to Civilian Personnel, this form will make applying for employment much smoother and quicker.

Other sources of employment can be gained by networking. We are fortunate, in this area, that there are many organizations and associations with which to affiliate. One such organization is the Military Spouse Business and Professional Association. They provide information on jobs, finance, meeting and making new friends and various other things. For more information, review "Networking Opportunities" section of SITES.

Name: Employment Readiness Program
POC: Georganna Bell
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Comments: Hours are 8a.m. to 4p.m. Mon., Tues. and Wed. The Employment Readiness Program at Army Community Service provides information and other services to assist military-affiliated personnel in their job search and career development efforts. Workshops and seminars are offered on a monthly or rotating basis. Also available is a job bank, a resource library, and a computer lab in which to job search and write resumes.

Name: NFSC Employment Assistance Program
Address: 9903 Colony 7 Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-6881; DSN: 622-6883
Comments: Offers access to electronic bulletin boards for listings of federal (ALEX, WASNET) and civilian (TBB, ALEX) jobs. Also, places resume on computer system (DORS) where it is matched to employers offering job opportunities.

Name: Spouse Employment Preference/Priority Placement
POC: Civilian Personnel Advisory Center (CPAC)
Address: 4432 Llewellyn Ave.
City: Fort Meade, MD 20755-5035
Phone: (301) 677-6526; DSN 622-6526
FAX: (301) 677-3238; DSN 622-3238
Comments: Call if you have questions about Spousal Preference for employment, within the Department of Defense.

Permanent Employment Resources

Anne Arundel County has a vibrant local economy with low unemployment, a transportation system and airport second to none, a unique location that offers easy access to federal, state, and local government, a well-educated workforce attractive to business, a rich quality of life that embraces the Chesapeake Bay.

Howard County draws from an extensive and diverse labor pool to satisfy the needs of virtually any type of business. These jobs represent the universe of employment sectors, further testimony to the County's workforce versatility. Currently, the Civilian Labor Force numbers 130,000; the Jobs by Place of Work

numbers 96,000; the Median Household Income is \$64,000; the Average Weekly Wage is \$591. For more information, reference listings below.

Name: ACS Employment Readiness Program
POC: Georganna Bell
Address: 4217 Roberts Avenue
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910
Comments: The Employment Readiness Program at Army Community Service provides information and other services to assist military-affiliated members in their job search and career development efforts. Workshops and seminars are offered on a monthly or rotating basis. Also available is a job bank, a resource library, and a computer lab in which to job search and write resumes.

Name: Army Career Alumni Program (ACAP)
Address: 4217 Roberts Ave (2nd Floor)
City: Fort Meade, MD
Phone: (301) 677-2227; DSN 622-2227
Comments: This program provides individual counseling, Professional Self Help Assessment, Professional Resource Library, seminars designed to assist separating and/or retiring military members begin job search in the civilian job market. Also offers several computerized programs such as, Quick and Easy, Resume Writer, Transition Bulletin Board (TBB), American Job Bank, Salary Assessor. Call to make an appointment.

Name: Employment and Training Division
Address: 1100 N. Eutaw St.
City: Baltimore, MD
Phone: (410) 333-5070
Comments: Hours are 8 a.m to 4 p.m., Mon. thru Fri..

Name: JOB SERVICE & UNEMPLOYMENT INSURANCE
POC: Sue Ellen Tingle, Manager
Address: 2016 Industrial Drive
City: Annapolis, MD 21401
Phone: (410) 974-7942

Name: NFSC Employment Assistance Program
Address: 9903 Colony 7 Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-6881; DSN 622-6883
Comments: Offers access to electronic bulletin boards for listings of federal (ALEX, WASNET) and civilian (TBB, ALEX) jobs. Also, places resume on computer system (DORS) where it is matched to employers offering job opportunities.

Name: State of Maryland
POC: Job Service Office
City: Baltimore, MD
Phone: (410) 767-2424

Temporary Employment Resources

This area has many temporary employment agencies offering a variety of employment opportunities, from office support to specialized areas such as graphic artists, computer graphics, writers, editors, etc. Listed below are just an example of many temporary resources in the area. For additional assistance contact the Employment Assistance Program at the Army Community Service Center.

Name: ACS Employment Readiness Program
POC: Georganna Bell
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590 DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Proximity to site: On-site
Comments: Hours are 8a.m. to 4p.m. Mon., Tues. and Wed. The Employment Readiness Program at Army Community Service provides information and other services to assist military-affiliated members in their job search and career development efforts. Workshops and seminars are offered on a monthly or rotating basis. Also available is a job bank, a resource library, and a computer lab in which to job search and write resumes.

Name: ADECCO
Phone: (410) 266-0967
Comments: Full and Part-time positions for admin, reception, clerical, data entry, customer svc. Benefits offered.

Name: Ad Net Account Net
Phone: (410) 730-9840 or (301) 596-3195
Comments: Computer skills a must! Positions include: Admin. Asst., Secretaries, Receptionists, Customer Svc., Accountants, CPA's, Financial Analysts, sales and marketing.

Name: Ecco Staffing Services Inc
Address: 132 Holiday Ct
City: Annapolis, MD 21401-7005
Phone: (410) 266-0967

Name: Kelly Temporaries
Address: 2661 Riva Rd.
City: Annapolis, MD 21401
Phone: (410) 266-3990
Comments: Hours are 7:30 a.m. to 5 p.m., Mon. thru Fri.. You'll earn extra money plus enjoy flexibility and challenging assignments at some of the areas most prestigious companies.

Name: Manpower Temporary Services
Address: 170 Jennifer Rd
City: Annapolis 21401-3064
Phone: (410) 224-6990
Comments: Maintains offices in Columbia, (410) 997-0200 and Annapolis, (301) 970-2222. Specialty: secretaries, typists, and word processor operators.

Name: National Employer's Concepts
Phone: (410) 766-9101
Comments: Positions available are clerical, secretary, computer operator, warehouse/forklift, CDL driver, factory worker.

Name: Olsten Temporary Services
Address: 10480 Little Patuxent Pkwy
City: Columbia, MD 21044-3506
Comments: Maintains offices in Columbia, (410) 715-0040 and Linthicum, (410) 684-2024.

Name: Staff Max Corporation
Address: 7502 Connelley Dr., Suite 113
City: Glen Burnie, MD
Phone: (410) 766-8766
Comments: Offers light industrial and administrative positions to include warehouse, packers, electronic assemblers, line mechanics, blending techs, general laborers, millwrights, CNC operators, bookkeepers, telemarketers, receptionists, data entry, purchasing clerks.

Name: Temps & Co. of Columbia
Address: 10320 Little Patuxent Pkwy
City: Columbia, MD 21044-3312
Phone: (410) 740-4311

Name: Today's Temporary
Phone: (410) 266-9191
Comments: Billing, payroll, AP clerks as well as customer svc., collections, reception, admin ass't. Benefits offered.

Non-Paid or Volunteer Opportunities

Family members who are interested in volunteering are encouraged to volunteer their skills in their community or on the installation. The Army Community Service Center is in need of volunteers within many programs such as Employment Readiness, Consumer Affairs, Administrative Support, etc. The Installation Volunteer Coordinator has many opportunities available throughout the installation (Youth Services - scouts, sports; Red Cross - admin, education).

Volunteer positions are challenging and rewarding. Experience gained through volunteering can translate into paid job opportunities, acquisition of new skills, maintenance of current skills and great accomplishments benefitting the volunteer as well as the community.

Name: ACS Volunteer Program
POC: Phyllis Wheeler
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Proximity to site: On-site

Name: Installation Volunteer Coordinator
Address: 4230 Roberts Ave
City: Fort Meade, MD 20755-5070
Phone: (301) 677-3626; DSN:622-3626
Comments: Hours are 8 a.m. to 4 p.m., Mon. thru Fri.. Conducts interviews and provides appropriate placing in vacant volunteer positions. Spearheads the S.H.A.R.E. Program which rewards volunteer service. Ask about SHARE!

Chambers of Commerce

The following lists the Chambers of Commerce in Anne Arundel and Howard counties.

Name: Howard County Chamber of Commerce
Address: 5565 Sterrett Pl
City: Columbia, MD 21044-2614
Phone: (410) 730-4111
FAX: (410) 730-4584
Comments: The Howard County Chamber of Commerce is a non-profit private organization supported by over 1000 businesses and professionals with the goal of advancing the economic, social, and cultural vitality of Howard County.

Name: Maryland Chamber of Commerce
Address: 60 West Street, Suite 100
City: Annapolis, MD 21401
Phone: (410) 269-0642/(301) 261-2858
FAX: (410) 269-5247

Name: West Anne Arundel Chamber of Commerce
Address: 8373 Piney Orchard Pkwy, Suite 202
City: Odenton, MD 21113
Phone: (410) 672-3422
Comments: Hours are 10a.m. to 3p.m., Mon. thru Fri..

Private Sector Employment

For the most recent hiring trends in the private sector, contact the Employment Assistance Program Coordinator. Visit the "Permanent Employment Resources" section of SITES for more information. Also, you may find up-to-date "want-ads" by accessing local newspaper subscriptions (see "Local Community Overview" section of SITES).

Although the Defense industry and its associated industries have significantly reduced their workforces, many non-defense driven careers still

prosper. The top 10 in this area are Paralegals, Medical Assistants, Radiological Techs, Home Health Aids, Medical Records Techs, Medical Secretaries, Physical Therapists, Securities/Financial Services, Surgical Techs, Research Analysts.

MAJOR EMPLOYERS - ANNE ARUNDEL COUNTY

USAir- phone (703) 418-7499 Anne Arundel General Health Care Systems - phone (410) 267-1000 North Arundel Hospital - phone (410) 787-4500 Baltimore Gas & Electric (BG&E) - phone (410) 234-5831 ARINC - phone (410) 266-4000 International Paper-Nevamar Division - phone (410) 555-5000 Martin Marietta - phone (410) 761-8392

MAJOR EMPLOYERS - HOWARD COUNTY

Johns Hopkins Applied Physics, (301) 792-5000 Rouse Company, (410) 992-7000 W.R. Grace & Co. Research Ctr., (410) 531-4000 Howard County General Hosp, (410) 740-7890 Giant Foods, (410) 799-6701 Columbia Freestate Hlth Sys., (410) 997-8500 Ryland Group, (410) 715-7000 Allied Signal Tech Svc Corp., (410) 964-7000

PRIVATE SECTOR EMPLOYERS - FORT MEADE

Name: Burger King
POC: AAFES
Address: Llewelyn Ave
City: Fort Meade, MD 20755
Phone: (410) 674-4541
Comments: Hours are 8 a.m. to 4 p.m., Mon. thru Fri. Food Service Workers are needed.

Name: Education Center
Address: 8601 Zimborski Ave.
City: Fort Meade, MD
Phone: (301) 677-6421; DSN 622-6422
Comments: Hours are 8 a.m. to 4 p.m., Mon. thru Fri.. Offers teacher and related positions.

Name: Fidelity Technology, Inc.
Address: P.O. Box 135
City: Fort Meade, MD 20755
Phone: (301) 677-2300; DSN 622-2300
Comments: Offers repairmen and installer positions, call (301) 677-4000/6000.

Name: Modern Sanitation Systems, INC
Address: Kimbrough Ambulatory Care Center
City: Fort Meade, MD 20755
Phone: (410) 674-8039
Comments: Housekeeping positions available; call for an appointment.

Government Employment

With the significant "downsizing" of the Federal Government and the Defense industry, many local governments and larger corporations (i.e., IBM, Westinghouse, AT&T, etc.) have realized significant reductions in their workforce also. The "laid off" employees have ventured outward from DC to seek security with smaller companies not dependent on government contracts.

The Civilian Army Personnel Services National Capital Region, formerly known as Civilian Personnel Office or CPO, is located at Fort Belvoir.

For those seeking government employment, have a current copy of your SF-171/OF-612/resume with you. For current status Federal Government employees, make sure you have your SF-50 prior to your departure and request Leave Without Pay for as long as your command can afford to authorize. Consider enrollment in the Priority Placement Program.

FEDERAL GOVERNMENT

National Security Agency (NSA)- (410) 859-6444
US Naval Academy - (410) 293-1000

STATE GOVERNMENT

The State of Maryland - (410) 225-4847 Anne Arundel County Public Schools - (410) 222-5060 Anne Arundel County Government - (410) 222-7595 Howard County Government;(410)313-4460.

Name: AAFES
Address: 4432 Llewellyn Avenue
City: Fort Meade, MD 20755
Phone: (410) 674-4541
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri..

Name: Civilian Personnel Advisory Center (CPAC)
Address: 4432 Llewellyn Ave.
City: Fort Meade, MD 20755-5035
Phone: (301) 677-6526; DSN 622-6526
FAX: (301) 677-3238; DSN 622-3238
Comments: Hours are 7:30a.m. to 4p.m., Mon. thru Fri.. Provides information on permanent as well as temporary appropriated-fund positions available. For non-appropriated fund positions, call CPAC at (301) 677-6660; DSN:923-6660.

Name: Office of Personnel Management
Address: 300 W Pratt St.
City: Baltimore, MD
Phone: (410) 962-3822
Comments: Hours are Mon. thru Fri., 9 a.m. to 4 p.m.; staff on duty Mon thru Fri., 1 to 3 p.m.

Name: Office of Personnel Management
City: Washington, DC
Phone: (202) 606-2700
Comments: This is the Main Personnel Management Office.

Name: The Civilian Army Personnel Services
POC: National Capital Region
Address: Belvoir Rd., at 16th Street
City: Fort Belvoir, VA 22060
Phone: (703) 805-3342

Professional or Occupational Licensing

For information regarding obtaining Maryland licensing please contact the state office for your career field. If you require assistance in locating appropriate state offices, be sure to contact the Employment Readiness Program at Army Community Service, (301) 677-6658; DSN 622-6658.

Name: Child Care Certification
POC: Office of Child Care Licensing
Address: Box 260
City: Leonardtown, MD 20650
Phone: (301) 475-3770
Comments: Hours of operation are 8a.m. to 5p.m.

Name: Real Estate
POC: Real Estate Commission
Address: 501 St. Paul Place
City: Baltimore, MD 21202
Phone: (410) 333-8120

Name: Registered Nurse
POC: State Board of Nursing
Address: 4201 Patterson Ave.
City: Baltimore, MD 21215
Phone: (410) 764-4747

Name: Board of Social Work Examiners
Address: 201 W. Preston Street
City: Baltimore, MD 21201
Phone: (410) 764-4788

Name: State Department of Education
Address: 200 W. Baltimore Street
City: Baltimore, MD 21201
Phone: (410) 333-2155

Name: Practical Nurse
POC: Maryland State Board of Examiners - Nurses
Address: 201 W. Preston Street
City: Baltimore, MD 21201
Phone: (410) 764-4747
Comments: Hours are 8a.m. to 4:30p.m., Mon. thru Fri.

Name: Cosmetology
POC: Department of Licensing and Regulation
Address: 501 St. Paul Place
City: Baltimore, MD 21202
Phone: 1-800-492-7521

Name: Small Business Administration
POC: Department of Licensing and Regulation
Address: 501 St. Paul Place
City: Baltimore, MD 21202
Phone: (410) 333-6200
Comments: Hours are 8a.m. to 4:30p.m., Mon. thru Fri..

Networking Opportunities

The military family member who is seeking to develop a personal career must tackle the problems imposed by frequent moves. Networking before you move as well as after you arrive can sometimes be the key to a successful job search.

Some "Tips" include:

Check to see if your present employer has a facility in the local area. A transfer may be possible.

Talk about your move with friends, relatives and co-workers. They might have ideas or have a point of contact.

Subscribe to local area newspapers. Review "Local Community Overview" section of SITES for information.

Contact local Chamber of Commerce for local business listings. Review related subjects under "Employment" section of SITES.

Contact local chapters of professional organizations.

Check with the State Offices for requirements on licensed or certified positions.

Contact the Employment Readiness Program at Army Community Service.

Name: Employment Readiness Program
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590 DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910

ID CARD AND PATIENT RECORDING CARD (STAMP PLATE)

All adults and children, 10 and older, must present a valid ID card when seeking medical treatment or when picking up their medical records. The patient Record Card (PRC) should be kept in your possession at all times so that all tests which are prescribed for you can be stamped with it. The PRC will be issued and coded by the medical treatment facility where records are kept and where you receive primary care.

Medical And Dental

Medical and Dental Overview

Kimbrough Ambulatory Care Center is not a hospital and because of this, has no capability to provide emergency room and inpatient services. Persons who have an emergency are advised to call 911, or go to the closest emergency room. For more information, please review the following record listings and medical/dental sections, as well as the "At-A-glance" section of SITES.

ELIGIBILITY

Region 1 began health care delivery under the managed care program, TRICARE, on 01 June 1998. Beneficiaries who have elected to enroll into Prime will be given priority. **ACTIVE DUTY PERSONNEL MUST ENROLL IN PRIME.**

Other eligible beneficiaries who have a valid ID card: active duty and their family members, and retirees and their family members, may use Kimbrough Ambulatory Care Center facilities on a space available basis only.

The Defense Enrollment Eligibility Reporting System (DEERS) was designed to ensure that everyone who receives medical care in a military treatment facility is eligible for care. In accordance with AR-600-8-14, the sponsor is responsible for ensuring that his/her family members are enrolled in DEERS and to periodically check to see if an update is needed through his/her personnel section.

GENERAL OUTPATIENT CLINIC

The General Outpatient Clinic (GOC) offers same-day appointments for minor illnesses, MONDAY through FRIDAY, 7:30a.m.-4:30p.m., for ages 16 and older. PLEASE BRING YOUR MEDICAL RECORDS. Consults from GOC are needed in order to be seen in the specialty clinics except Optometry. The GOC does school, sport and work physical exams for ages 16 and older. During its extended hours clinic, the GOC will be located in the Internal Medicine Clinic.

PHARMACY SERVICE

Prescriptions (new and refills) are dispensed from the Pharmacy to authorized health care beneficiaries. Hours of operation are MONDAY through FRIDAY, 7:30a.m.-7p.m. and SATURDAYS, 8:a.m.-4p.m. The Pharmacy will fill prescriptions written by civilian physicians and physicians from other medical treatment facilities; however, prior to writing prescriptions, these physicians should call the pharmacy service to ensure the medications being prescribed are in the Pharmacy's formulary. Refills are available by telephone at 1-800-248-6337, and are ready after 11a.m. the next day (MONDAY through FRIDAY ONLY).

LABORATORY SERVICE

The Laboratory operates Monday through Friday, 7:30 a.m. - 4:00 p.m. On weekends, holidays and after regular hours, only emergency lab procedures are performed. Phone (301) 677-8221.

IMMUNIZATION CLINIC

Immunizations are available daily from MONDAY through FRIDAY, 7:30 to 15:30. Allergy shots given MONDAY, WEDNESDAY, and FRIDAY. TB tests are given MONDAY through FRIDAY, EXCEPT THURSDAY. Phone (301) 677-8553.

EXCEPTIONAL FAMILY MEMBER PROGRAM

The EFM Program is a mandatory enrollment program that works with military and civilian agencies to provide coordinated services for family members with special medical or educational needs. The program helps to ensure that the family member's special needs are considered in the military assignment process. The EFMP and KACC assists military families with enrollment issues, resource coordination, assignment coordination, speech evaluations and Family Member medical screenings for overseas travel. Phone (301) 677-8412.

TRAVEL CLINIC

Preventive Medicine Service offers travel counseling to all active military members and their family members. Retired military families, DoD civilians traveling on official business and active duty reservists are also eligible for Travel Clinic appointments. Phone (301) 677-8435.

APPOINTMENT NUMBERS

Same Day appointments are made through our Nurse Triage telephone lines. The hours of operation are from 0630 to 1930, Monday through Friday and 0730 to 1500, weekends and holidays. Call (301) 677-8606 or (410) 674-8858 for Active Duty Sick Call and Adult Triage. Call (301) 677-8036 or (410) 674-8857 for Pediatric Triage. Routine or follow-up appointments should be made through Sierra Military Health Services at 1-888-999-5195 Monday through Friday from 0600 - 2000 and Saturday's 0630 - 1730.

If directed to call the clinic, dial (301) 677 + the extension noted below in the Medical Services Directory.

TRICARE HEALTH BENEFITS ADVISOR

the TRICARE Health Benefits Advisor can advise you under what circumstance statements of non-availability can be obtained, and can provide them to you. Forms and benefits books can be obtained in

the TRICARE Health Benefits Office in the Patient Service Center, which is located with the Patient Administration Division (PAD). Phone (301) 677-8982

TRICARE

tricare is a medical program for active duty members, qualified family members, non-Medicare eligible retirees and their family members and survivors of all uniformed services. It is designed to expand access to care, assure high quality care, control health care costs for patients and taxpayers and improve medical readiness. It is a health care program managed by the military in collaboration with civilian contractors. The challenge with most in TRICARE is deciding which option - Prime, Extra or Standard, is best for them. Enrollment is required for TRICARE Prime. There are no enrollment fees for active duty families.

TRICARE PRIME - This is similar to civilian Health Maintenance Organizations (HMO's) which serves as the central source for all of your health needs. The heart of your HMO is a military treatment facility, augmented by a Primary Care Manager. This is a health care provider that supervises your care. All active duty members will be enrolled in Prime and will continue to receive most of their care from military medical personnel.

Name: Dieting-Nutrition
POC: Kimbrough Ambulatory Care Center\
Address: Llewellyn Ave
City: Fort Meade, MD 20755-5800
Phone: (301) 677-8838; DSN 923-8838
PROXIMITY TO SITE: on site
COMMENTS: hours are 7:30 A.M. TO 4:30 P.M.
GROUP AND INDIVIDUAL APPOINTMENTS ARE AVAILABLE

name: Smoking Cessation, etc.
POC: Kimbrough Ambulatory Care Center
Address: Llewellyn Ave
City: Fort Meade, MD 20755-5800
Phone (301) 677-8516; DSN 923-8516
Proximity to site: On Site
Comments: Hours are 7:30 a.m. to 4:30 p.m. Classes are open to active duty military, retirees, family members and Department of Defense civilians.

Name: Dewitt Army Community Hospital
City: Fort Belvoir, VA
Phone: (703)805-0510

Name: Kimbrough Ambulatory Care Center
POC: Information Desk
Address: 2480 Llewellyn Ave.
City: Fort Meade, MD 20755-5800
Phone: (301)677-8392; DSN 622-8392
FAX: (301)677-8088; DSN 622-8088
Proximity to site: On-site

Name: Malcolm Grow Hospital
Address: Andrews AFB
City: Andrews AFB, MD 20762
Phone: (301) 981-5911
Proximity to site: 40 min.
Comments: The phone number to Central Appts is: (301) 981-7511. The 89th Medical Group (89 MDG), Malcolm Grow Medical Center was established in 1958 and is one of five medical centers in the USAF. Located on Andrews Air Force Base, the 89 MDG offers a full range of primary care services along with medical and surgical subspecialties, dental and aerospace medicine. It also serves as a referral facility for patients coming from Air Force facilities in Europe and the eastern United States. In addition to providing direct patient care Malcolm Grow is affiliated with the Uniformed Services University of Health Sciences Medical School (USUHS) and serves as a training facility for medical students. The nearby metropolitan Washington area offers two other major medical centers and numerous clinics to meet the needs of beneficiaries.

Name: National Naval Medical Center
Address: Wisconsin Ave.
City: Bethesda, MD
Phone: (301) 295-5388/4611
Proximity to site: 45 min.
Comments: The phone number to Central Appts is: (301) 295-4611.

Name: Naval Academy (Clinic)
City: Annapolis, MD 20742
Phone: (410) 293-3422
Comments: The phone number to Central Appts is: (410) 293-2061.

Name: Walter Reed Army Medical Center (WRAMC)
Address: Georgia Ave.
City: Washington, DC
Phone: (202) 782-3501
Proximity to site: 40 min.
Comments: The phone number to Central Appts is: (202) 782-7761.

Medical Services/Directory - on Installation

By law, Kimbrough may not operate an emergency room. Emergency room patients transported by ambulance will not be brought to Kimbrough; they will be taken to the nearest military or civilian hospital that is available to render the required care. Emergency patients who arrive at Kimbrough by private conveyance will be stabilized, if necessary, then transported by ambulance to a hospital or, if an

ambulance is not necessary, advised to go to the hospital.

WARDS/CLINICS - All clinics make their own appointments.

Kimbrough provides routine ambulatory outpatient care and Same Day Surgery MONDAY through FRIDAY, 7:30 a.m. to 4:30 p.m. The following clinics will be open for additional periods (extended hours) as stated below. To be seen during these extended hours, patients must arrive not later than one-half hour prior to closing times stated below.

Urgent Care Clinic - Open MON-FRI until 10 p.m.; SAT, SUN & Holidays, 10 a.m. to 4 p.m.
Pediatric Clinic - Open MON & WED until 7 p.m.; SAT, 10 a.m. to 4 p.m. Internal Medicine and General Outpatient Clinics - Open TUES and THURS until 7 p.m.

For more information on medical services provided, please review the "At-A-Glance" section of SITES.

Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Allergy Clinic		(301)677-8038;
Community Health Service		(301)677-8895
Dermatology Clinic		(301)677-8337
EENT Clinic		(301)677-8013
Exceptional Family Member Program		(301)677-8434
GYN		(301)677-8892
General Outpatient Clinic		(301)677-8606
General Surgery Clinic		(301)677-8111
Internal Medicine Clinic		(301)677-8610
Occupational Health Clinic		(301)677-8402
Optometry Clinic		(301)677-8612
Orthopedic Clinic		(301)677-8095
Pediatric Clinic		(301)677-8036
Physical Therapy Clinic		(301)677-8245
Podiatry Clinic		(301)677-8095
Radiology		(301)677-8180
Social Work Service		(301)677-8895
Substance Abuse Rehabilitation		(301)677-8344
Travel Clinic		(301)677-8661
Urology Clinic		(301)677-8138
Well Baby Clinic		(301)677-8036

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

CHAMPUS HEALTH BENEFITS ADVISOR

The CHAMPUS Health Benefits Advisor can advise you under what circumstances statements of nonavailability can be obtained; and can provide them to you. CHAMPUS forms and benefits books can be obtained in the CHAMPUS Health Benefits

Office in the Patient Service Center, which is located with the Urgent Care Clinic.

TRICARE

TRICARE is a medical program for active duty members, qualified family members, non-Medicare eligible retirees and their family members and survivors of all uniformed services. It is designed to expand access to care, assure high quality care, control health care costs for patients and taxpayers, and improve medical readiness. It is a health care program managed by the military in collaboration with civilian contractors. The challenge with most in TRICARE is deciding which option - Prime, Extra, or Standard, is best for them. Enrollment is required for TRICARE Prime. There are no enrollment fees for active duty families.

TRICARE PRIME - This is similar to civilian Health Maintenance Organization (HMO's), which serves as the central source for all of your health needs. The heart of your HMO is a military treatment facility, augmented by a Primary Care Manager. This is a health care provider that supervises your care. All active duty members will be enrolled in Prime and will continue to receive most of their care from military medical personnel.

TRICARE Extra - Under this option, individuals do not enroll. They retain their freedom to choose any provider. However, if an authorized network provider is used, this option offers a 5% discount from the TRICARE Standard cost shares. The Annual CHAMPUS deductible must be met before cost sharing begins and other CHAMPUS rules pertain.

TRICARE Standard - This is a new name for the traditional Standard CHAMPUS. In this option, you pay current CHAMPUS deductibles and cost shares and abide by current CHAMPUS rules. To find out the cost of TRICARE/CHAMPUS call the Health Benefits Advisor.

PRIMUS PLUS SERVICES - Primary Care for the Uniform Services (PRIMUS) is a health benefits program for DEERS-registered patients. Patients must present a valid military I.D. card (active-duty military, dependent or retired). Walk-in patients only for TB-Tine test and seasonal flu shots. Appointments are needed for other services. PRIMUS PLUS Clinics are not emergency rooms or specialty clinics. Call clinic INFOLINE before visiting, (703) 805-0622 Primus Network.

For more information on CHAMPUS and other programs, please refer to the following record listings.

Name: Blood Donor Services
POC: Work/Life, Family Care Services, National Security Agency (NSA)
Address: 9800 Savage Rd.
City: Ft. Meade, MD 20755-6839
Phone: (301) 688-4283
FAX: (301) 688-4522
Proximity to site: On-site
Comments: NSA partners with the American Red Cross, Walter Reed Army Medical Center (WRAMC) and the Bill Young Bone Marrow Donor Center to provide NSA employees and military assigned to NSA the opportunity to donate blood, donate blood platelets or white blood cells, or participate in a bone marrow screening. BLOOD DONOR: NSA has an on-site blood donor center. Hours are Mon., 11 a.m. to 3 p.m.; Tues., 10 a.m. to 4 p.m.; Thurs. and Fri., 8a.m. to noon. Call (410) 764-1010 or 1 (800) 448-3256 for an appointment. Walk-ins are also accommodated. We also have mobile blood drives that are held at various buildings throughout the campus. For dates, times, locations and more information, please contact Family Care Services. HEMAPHERESIS: Partnering with WRAMC, NSA employees and military assigned to NSA can conveniently donate blood platelets or white blood cells without leaving the NSA complex. These donations help individuals who are critically ill or burn victims. Donations are taken every Wed. To make an appointment, please call WRAMC at (202) 782-3113. For more information, call Family Care Services. BONE MARROW: Twice a year bone marrow screening is conducted at NSA for employees and military assigned to NSA and the results are forwarded to the National Bone Marrow Donor Registry in an effort to find a match for a patient waiting for a bone marrow transplant. If you would like to be a part of the screening process and a possible donor, contact Family Care Services.

Name: CHAMPUS
POC: Kimbrough Ambulatory Care Center
Address: Llewellyn Ave.
City: Ft. Meade, MD 20755-5800
Phone: (301)677-8982; DSN 622-8982
Proximity to site: On-site

Name: Dieting-Nutrition
POC: Kimbrough Ambulatory Care Center
Address: Llewellyn Ave.
City: Ft. Meade, MD 20755-5800
Phone: (301) 677-8838; DSN 622-8838
Proximity to site: On-site
Comments: Hours are 7:30 a.m. to 4:30 p.m. Group and individual appointments are available.

Name: Smoking Cessation, etc.
POC: Kimbrough Ambulatory Care Center
Address: Llewellyn Ave.
City: Ft. Meade, MD 20755-5800
Phone: (301) 677-8516; DSN 622-8516
Proximity to site: On-site
Comments: Hours are 7:30 a.m. to 4:30 p.m. Classes are open to active-duty military, retirees, family members and Department of Defense civilians.

Name: Wellness Center
Address: Gaffney Fitness Center Bldg 6330 Broadfoot Street
City: Ft. Meade, MD 20755
Phone: (301) 677-2349
Comments: Hours are Mon. thru Fri., 9a.m. to 4p.m. Provides civilian and military workplace health and fitness programs with incentives, classes and personalized programs. Includes physical fitness and wellness assessments, personalized prescriptions/goal setting, and weight/nautilus orientations.

Name: North Arundel Hospital
Address: 301 Hospital Dr.
City: Glen Burnie, MD 21063
Phone: (410) 787-4000
Proximity to site: 20 min.
Comments: The 329 bed hospital of the North Arundel Health System has 380 medical staff members and has 1,700 full and part-time employees. Patient services include acute adult nursing care, acute pediatric nursing care, perioperative services; emergency medicine; critical and intensive care; intermediate critical; coronary step-down care; cardiac catheterization; inpatient and outpatient physical therapy and rehabilitation services; outpatient cardiac and pulmonary rehabilitation programs as well as home care services and a full-service pharmacy. The North Arundel Health System has a 24-hour health information line and physician referral service staffed by registered nurses. The system also has a medical center in Odenton and (in Anne Arundel County) family care centers in Severna Park and Glen Burnie. Call 787-4000 for more information.

Community Hospitals

The residents of Anne Arundel County and Howard County are indeed fortunate to have excellent medical centers available to them, as well as hospitals in nearby Baltimore and Washington, DC.

Please review record listings below and refer to the section entitled "MUST KNOW ITEMS" to obtain additional information.

Name: Anne Arundel Medical Center
Address: Franklin & Cathedral Sts.
City: Annapolis, MD 21402
Phone: (410) 267-1000
Comments: In downtown Annapolis sits the Medical Center's 291 bed acute care facility. In 1989, the Center opened the Carl A. Brunetto Medical Park, a second campus, with two pavilions: the Richard I. Edwards Surgical Pavilion and the Community Health Pavilion that includes the Oncology Center and The Health Education Center. In the summer of 1995, two more pavilions opened at the Medical Park: the Medical Office Pavilion and the Rebecca Clatanoff Pavilion, an OB/GYN facility that also houses radiological services and a blood donor center. The hospital's emergency room is now undergoing renovation. The Anne Arundel Medical Center provides a free health information service 24 hours a day, seven days a week. Call Ask-A-Nurse at 573-5490 or 1-800-636-8773 to speak to a registered nurse. When you call, the specially trained nurse will help you evaluate the most appropriate options for care. The nurse can also provide physician referral. At the same number you can choose to listen to the Audio Health Library with information on more than 400 health topics. Anne Arundel Medical Center is a subsidiary of Anne Arundel Health System, a non-profit corporation, with more that 1,800 employees.

Name: Howard County General Hospital
Address: 5755 Cedar Ln.
City: Columbia, MD
Phone: (410) 740-7890
Comments: No. of Beds:223; Admissions: 11,709; Outpatient visits: 36,589; Births: 2924; Personnel: 931

Dental Services/Directory - on Installation

The Fort Meade Dental Clinic Command provides dental service in accordance with current directives. There are three dental facilities on Fort Meade:

EPES Dental Clinic, Building 8472, Simonds St.

Dental Clinic #3, Llewellyn Ave (located in the Kimbrough Ambulatory Care Center)

ELIGIBILITY

Active Duty personnel are authorized care at Fort Meade dental clinics and may make appointments by the phone or in person. Active Duty personnel always receive priority. Family members of active duty personnel who are eligible to use the TRICARE Active Duty Family Member Dental Plan (FMDP) are required to use the plan for dental coverage. Active-duty family members not covered by the FMDP, as well as family members of retirees, may receive care on a very limited space available basis. No scheduled appointments are permitted and available space is limited. Hours of operation for dental clinics are MONDAY through FRIDAY, 7:30 to 11:20 a.m. and 12:30 to 4:20 p.m..

AFTER HOURS EMERGENCIES

A dentist is available on an on-call basis for dental emergencies MONDAY through FRIDAY until 10 p.m. and SATURDAYS, SUNDAYS and HOLIDAYS, 10 a.m. to 4 p.m. Personnel in need of emergency dental care after 10 p.m., MONDAY through FRIDAY, or before 10 a.m. and after 3:30 p.m. on SATURDAYS, SUNDAYS and HOLIDAYS should call the Kimbrough Ambulatory Care Center Staff Duty NCO (SDNCO) for guidance. The SDNCO's phone number is (301) 677-8392.

Dental sick call is MONDAY to FRIDAY, 7:30 to 9:30 a.m., at Epes Dental Clinic and Dental Clinic #3 (Kimbrough Ambulatory Care Center). Epes Dental Clinic is for active-duty military personnel only. Family members are seen at Dental Clinic #3 on an emergency basis only. Family members are strongly urged to seek off post dental care through their TRICARE Family Member Dental Plan (United Concordia).

Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Dental Clinic #3		(301) 677-8956
Epes Dental Clinic:		(301) 677-6078

Family Member Dental Plan

'TRICARE Family Member Dental Plan' (TFMDP): The TRICARE Family Member Dental Plan (TFMDP): is a comprehensive and affordable dental plan available to eligible spouses and children of active duty Uniformed Service Members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans. To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Enrollment and/or changes to enrollment can be accomplished by filling out a DD Form 2494 or 2494-1 at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollment, the sponsor must pay the monthly premium through their Uniformed Services payroll account - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the sponsor's Leave and Earnings Statement showing the dental plan payroll deduction. Coverage is worldwide and portable between assignments. United Concordia Companies, Inc. (UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollment information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at 1-800-866-8499 for information on the TFMPD in the US, Canada, Guam, Puerto Rico, and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP in all other locations. In overseas locations enrolled sponsors and family members must contact their servicing overseas dental treatment facility and/or Overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.

Name: TRICARE Family Member Dental Plan (United Concordia)
POC: Ms. Peggy Hart
Address: Dental Clinic Command
City: Fort Meade, MD 20755-5700
Phone: (301) 677-5920; DSN 622-5717
Comments: Hours are 7:30 a.m. to 4:20 p.m., Monday through Friday. TRICARE Family Member Dental Plan (United Concordia) enrollees are not merely selecting a dentist; they are choosing a partner who will help maintain their family's dental health. Family members are strongly urged to seek off post dental care through their TRICARE Family Dental Plan (United Concordia), as dental care on post is on an emergency basis only.

Housing

Housing Overview

For more information on this subject:

PCS House Express

<http://www.armyhousing.net/Installations/Meade.htm>

There are a variety of housing options available within a 20-35 minute commute of Fort Meade. There are programs available to assist military members and their families in locating off-post housing such as referral services and the Set-Aside Program.

Fort George G. Meade has transferred the entire military family housing mission to include, referral services, community housing and management, operations and maintenance of family housing to Meade-Picerne Partners, LLC. The military family housing at Fort George G. Meade has been privatized under the Army's Residential Communities Initiative program authorized by the Military Housing Privatization Act enacted into law in 1996. This authorization is intended to influence the way military families live in the future by offering safe, affordable, convenient, attractive and quality residential communities for the 21st century. Meade-Picerne Partners will finance, design, construct, manage, operate, maintain and repair privatized military family housing over the next 50 years.

Name: Picerne Military Housing
Address: 4463 Leonard Wood Avenue
City: Fort Meade, MD 20755
Phone: (410)672-4570; 1-866-525-HOME
WWW Link: http://meadepicerne.com
Proximity to site: On-site

Housing Allowances

Fort Meade is situated in a high-cost area. However, there are many housing options affordable to the military-affiliated population. Usually, if you search hard enough, you will find that allowances will cover expenses. If you would like assistance in planning a new budget, visit your financial advisor located in your community service/family support center. Review the following information, reference allowances.

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/allooha.html

Government Housing

Fort Meade houses all service branches stationed within the Baltimore/Washington corridor. Military personnel attached or assigned for duty at Fort Meade have priority over military personnel attached within a 50-mile radius to Fort Meade. Waiting times for privatized military family housing varies. We recommend you request information directly from Picerne Military Housing.

Privatized military family housing is not mandatory. Military members and their families have the option to choose privatized family housing located on-post or select from many off-post prospects. Picerne Military Housing can provide military members and their families with information on off-post housing communities in order to facilitate your housing decision.

The housing on Fort Meade consists of 2612 homes. Over the next 10 years, Meade-Picerne Partners will replace 97% of the existing housing inventory on Fort Meade with new homes. Military members will continue to pay their Basic Allowance for Housing as rent for privatized military family housing. This will be accomplished by allotment from the military members pay account to the trust organization authorized by the partnership.

Average Waiting Times - Table below indicates waiting times as of 01 November 2002. Please contact Picerne Military Housing to validate current waiting times:

JNCO 2 Bedroom	0-30 Days
3 Bedroom	0-30 Days

4 Bedroom	6-9 Months
SNCO 3 Bedroom	0-30 Days
4 Bedroom	0-30 Days
E-9 4 Bedroom	0-30 Days
CGO 2 Bedroom	0-30 Days
3 Bedroom	0-30 Days
4 Bedroom	0-30 Days
FGO 3 Bedroom	0-30 Days
4 Bedroom	0-30 Days
SGO 3 Bedroom	0-30 Days
4 Bedroom	0-30 Days

Application procedures for privatized military family housing - Military member needs to complete a Picerne Military Housing application and supply the required documentation to establish eligibility. Required documentation includes PCS orders, dependency verification and any other documentation applicable to his/her family needs.

HOUSING FOR SINGLE OR UNACCOMPANIED SERVICE MEMBERS:

Barracks accommodations vary greatly with each unit assigned. You are encouraged to request a sponsor who will tell you what amenities you may expect. Refer to the "Installation" section of SITES, under the "Major Unit Listing" category for a unit phone number to request additional information.

Name: Community Housing Referral and Relocation Services (CHRRS)
POC: Miriam Johnson
Address: 4463 Leonard Wood Avenue
City: Fort Meade, MD 20755
Phone: (410)305-1041; 1-866-525-Home
FAX: (410)672-8013
Comments: Military Personnel are encouraged to visit Picerne Military Housing Referral and Relocation Services Specialist before negotiating any lease. The RCI Liaison Office will act as a mediator who has authority in landlord/tenant complaints.

Community Housing

Military personnel are encouraged to visit Picerne Military Housing Referral and Relocation Services Specialist before negotiating any lease. The RCI Liaison Office will act as a mediator who has authority in landlord/tenant complaints.

Name: AACO Association of Realtors
Address: 555 Benfield Rd.
City: Severna Park, MD 21046
Phone: (410) 544-4554
Comments: Serving realtors; Board of Realtors may be able to refer you to realtors who will handle homebuying and rentals in Anne Arundel County.

Name: Howard Co Association of Realtors
Address: 10705 Charter Dr Ste 400
City: Columbia, MD 21044
Phone: (410) 740-4810

Utilities

The Department of Public Works provides the citizens of Anne Arundel County and Howard with many varied services including: road and storm drain installation and maintenance, snow removal, water and wastewater service, trash collection and disposal, recycling and yard waste collection, and bulk item pickup.

For information on specific Anne Arundel County services, including billing inquiries, please call: General Information: (410)222-7500; Emergency Services: (410) 222-6000 (24 hrs); Customer Relations: (410) 222-7582; Bulk Item Pickup: (410) 222-6104.

Listings below are companies that provide utilities for the area. Your individual usage will vary depending on type and usage for your particular house or apartment. Utilities average \$110 per month.

Name: Anne Arundel County Dept. of Utilities
Phone: (410) 222-1774
Comments: Hours are 8 a.m. to 4 p.m., Mon. thru Fri. Rate-Cost is: minimum bill for 5000 gal, \$8.82 & 11.58 for waste. Every 1000 gal after the first 5000 is \$1.38 per 1000 gal and \$2.57 per 1000 gal for waste. Military Waiver of Deposit: None, based on credit.

Name: Baltimore Gas Electric (BGE)
Address: P.O. Box 1431
City: Balto., MD
Phone: (410) 685-0123/1-800-685-0123
Comments: Hours are 8 a.m. to 8 p.m., Mon. thru Fri. Rate-Costs are Gas-\$8.00+\$0.1853/thermal unit; Elec-\$4.50+\$0.08549/unit(summer) and \$4.50+\$0.07462/unit (winter). There is a \$20.00 application fee and a Deposit (to be based upon credit history and determined at time of application. The amount depends on the address of property. Deposit, roughly 2 months worth of service. No deposit waiver for military.

Name: COMCAST
Address: Rt. 3 N.
City: Gambrills, MD
Phone: (410) 987-8600/674-5333
Comments: Hours are 8 a.m. to 6:45 p.m., Mon. thru Fri. and 9 a.m. to 5:45 p.m., Sat. The Rate-Cost depends on options requested (basic vs. premium) and can average \$21.95 and up. There is typically a \$50.00 hookup fee and a \$25.00 converter deposit.

Name: Howard County Department of Public Works
Address: 8250 Old Montgomery Road
City: Columbia, MD 21045
Phone: (410) 313-4900
Proximity to site: 30 min.
Comments: Hours are 7:30 a.m. to 4:30 p.m. Rate-Cost is \$2.07/unit/748 gallon. There are no hook-up fees or deposits. Water/Sewer is billed on a quarterly basis.

Name: North Arundel Cable TV
Address: 406 Headquarters Dr.
City: Millersville, MD
Phone: (410) 987-5811
Comments: Hours are 9 a.m. to 6 p.m., Mon. thru Fri./9:30 a.m. to 4:30 p.m., Sat. Rate-Cost is \$22.90 and up; hook-up fee is \$40.00.

Name: Recycling
Comments: For information on county recycling programs, contact the Anne Arundel County Office of Recycling, (410)222-6103. There are several recycling sites to include: Millersville Land Fill, 389 Burns Crossing Rd., Severn. Everyday is a Drop-Off Day, 8 a.m. to 5 p.m. Glen Burnie Public Convenience Area, 100 Dover Rd., Glen Burnie. Everyday is a Drop-Off Day, 8a.m. to 5 p.m. Arundel Recycling Center, 7515 Connelley Dr., Hanover. Accepts car batteries. Call (410) 761-6595 for more information. Fort Meade Post Exchange (PX) and local area Giant Food Stores accept clean plastic bags.

Name: Trash Pick-up
Address: 389 Burns Crossing Rd.
City: Severn, MD
Phone: (410) 222-6100
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri. (Customer Service). Rate-Cost is \$158/yr. Annapolis Customer Service number--(410) 263-7967 Bulk-Item Pick-up--(410) 222-6104 (Anne Arundel County) (410) 263-7967 (Annapolis)

Name: Verizon
Address: 320 St. Paul Pl.
City: Balto., MD
Phone: (410) 224-1900
Comments: Hours are 8 a.m. to 6 p.m., Mon. thru Fri./Sat 9 a.m. to 1 p.m.. Rate-Cost depends on service. There is a \$48.00 hookup fee; however, there is a Military Waiver of Deposit. Area codes within Maryland are 301 and 410. Anne Arundel, Baltimore, Howard, Harford and Carroll counties plus the Eastern Shore are all 410.

Relocation Services

Relocation Services Overview

Upon your arrival, you may wish to stop by the ACS Relocation Center (located at 4217 Roberts Ave, a mile away from the commissary and post exchange). There, you will be able to receive household items while you await shipment of your own. The Center offers the following:

Pots, pans, dishes, irons, toasters, coffee makers, card tables, chairs, futons (folding mattress), cribs, high chairs, car seats, playpens.

Before leaving your present station, you should pack the following (as ACS does not provide): bed linens, pillows, shower curtain, alarm clock, cleaning supplies, flashlight, towels.

Name: Relocation Readiness Program
POC: Sharon Collins
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301)677-5590; DSN 622-5590
FAX: (301)677-2910 DSN 622-3850
Comments: e-mail address: collinss1@emh1.ftmeade.army.mil

Relocation Assistance

The Relocation Readiness Program at your losing command can assist with planning and preparing for your move. Prior planning and communication with your sponsor is the key to a successful move.

For many here, sponsorship is not automatic. Once you receive your orders, you are encouraged to contact your gaining unit (phone numbers are listed in SITES under the INSTALLATION category, MAJOR UNIT LISTINGS). If not listed, you are

encouraged to contact the ACS Relocation Center as listed below.

Once you arrive, the relocation staff will be happy to assist you with all your relocation needs, to include newcomer's orientations, housing, school, lodging, child care, budgeting and employment information.

Name: Relocation Readiness Program
POC: Sharon Collins
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301)677-5590; DSN 622-5590
FAX: (301)677-2910; DSN 622-2910
Comments: E-mail address is: collinss1@emh1.ftmeade.army.mil

In Transit Emergencies

Unfortunately, emergencies can and do happen no matter how well you planned for your move. Having important information with you can help ease the frustration of an emergency. First, make sure you always have a set of orders with you when you travel, in fact it is a good idea to have several sets of orders. Keep your new command's phone number, and sponsor's number with you. Have extra cash and credit cards; having an ATM card is also a good idea. You also need to travel with car insurance information. Lastly, this SITES book has many phone numbers and pieces of information which can be an invaluable resource.

If you are enroute to your new command, and an emergency does come up, try to find the nearest military installation for assistance. Also, the Red Cross is always available for assistance 24 hours a day. You can get the nearest Chapter's phone number in the White Pages.

AAA is a good automobile service that you may want to join prior to leaving your losing command; they can assist with roadside emergency services, and towing.

If emergency funds are needed enroute or once you arrive, Army Emergency Relief, Navy Marine-Corp Relief, Air Force Aid, and the Red Cross can provide such funds through loans on a case-by-case basis. You may ask for Army Emergency Relief assistance at any of these agencies. Keep in mind these funds are usually granted for emergency purposes only. To assist in evaluating your needs, bring your ID card, leave papers, orders, LES, and any other useful

information such as dental estimates, medical bills, funeral bills, or vehicle repair estimates which will help the counselor to make a decision regarding any types of aid for which you are applying.

Name: Army Emergency Relief
POC: Milton Wiley
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755
Phone: (301)677-5590
FAX: (301)677-2910
DSN Phone: 622-5590
DSN FAX: 622-3850
Comments: After-duty-hour emergencies call the staff duty officer at (301)677-4805. Will serve all branches. Provides financial assistance (loans/Grants) to active-duty and retired Army and their family members in times of crisis. Will assist with funds for food, emergency shelter, transportation, funeral and hospital expenses. Will not assist to pay credit debts, furniture payments or POV down-payments.

Financial Preparedness

Because of its premier location, in the midst of the Baltimore/Washington corridor, Fort Meade is in a high cost of living area. Before you leave your losing command, it is a good idea to make an appointment with your finance staff at your losing command and budget for your move. He or she can give you guidance as far as getting advances on your pay and housing allowances, and paying these advances back.

Your finance specialist can tell you exactly what is reimburseable, and the entitlements you are allowed such as travel pay, per diem, dislocation allowance, temporary lodging expenses, advance pay, advance BHA(which has to be paid back). Don't forget to fill out a travel voucher, and keep records and receipts of all expenses incurred from the move.

You may also contact the Army Community Service/Family Service Center for financial advice through the financial management program.

First, you will need money for temporary lodging expenses. Set aside enough money to cover however many nights you plan on staying in temporary lodging, plus taxes. You are entitled to ten days of TLE (Temporary Lodging Expenses); however you must first pay the lodging bill, then get reimbursed.

The next financial matter will be covering deposits for rent, utilities, and the phone. If you live on the economy, be prepared to have a deposit equal to two month's rent up front (more if you have pets) [See Community Housing Section], and money to cover all utility deposits (See Utilities section), hook-up fees, and phone deposits. It does help sometimes to get letters of good credit from previous utility companies, and telephone companies. Sometimes this will waive or lower the deposits.

You are entitled to DLA (Dislocation Allowance) which is equal to two months of BHA (Basic Housing Allowance). This may be collected in advance or when you arrive. Keep in mind that if advance DLA is collected, and you are unaccompanied or end up living in Government Housing, you will have to pay the DLA back!

It is advisable to take ten days house-hunting leave before you detach from your losing command; this will give you the chance to search the area for affordable housing, and know the expenses involved before you make a decision to live on the economy. When considering to live on the economy, commuting costs (metro, parking, and gas) need to be included in your budget. It is not uncommon to have a fifty mile round trip commute daily for those who think they are saving money by living further out. You should do a thorough search of available rentals and properties before you make a decision to rent or purchase.

For "first move families", when figuring moving costs, don't forget to include in your moving budget expenses such as cleaning supplies and fees, extra child care expenses, transportation of pets, kennel fees, stocking refrigerator, kitchen, and freezer, professional cleaning of carpets and drapes, refitting of carpets, drapes and rugs, fees for auto license plates, car registration, inspections, emissions checks, club memberships, home owner's association fees, clothes to accommodate all four seasons, houseplants, lawn and garden supplies, telephone deposits, advance rent, security deposits, utility deposits, expenses necessary to buy and sell a home, expenses for pre-move house hunting trip, and spouse job hunting trip, transportation costs (gas and oil), lodging expenses, meals, parking, possible car rental, tolls, taxis, traveler's checks, shipping items not authorized by government expense, excess weight charges, commercial transportation, extra furniture or appliances you may need, recreation and sight-seeing expenses, and emergency expenses.

There are many programs available to help you offset inflated costs (see record listings, below).

Name: Army Emergency Relief
POC: Milton Wiley
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301)677-5590
FAX: (301)677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910
Comments: AER (Army Emergency Relief) - AER can provide a loan/grant to pay initial rent and deposit, as well as utility hook-ups. See INTRANSIT EMERGENCIES section of SITES for more information.

Name: Child Care Vouchers
POC: Dept. of Social Services
Comments: Child Care Vouchers - Department of Social Services program will pay portion of child care expenses. Qualifications based on income.

Name: Defense Military Pay Office
POC: Military Pay Inquiry
Address: 4215 - B Parsons Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-7176; DSN 622-7176
FAX: (301) 677-2107; DSN 622-2107
Comments: Provides information on all military entitlements.

Name: Housing
Address: 2234 Huber Road
City: Fort Meade, MD 20755-5115
Phone: (301) 677-9390
Comments: Set-Aside Program - SEE SITES "Community Housing" SECTION.

Name: SHARE (Self-Help and Resource Exchange)
POC: Mary Ringgold
Address: 4230 Roberts Ave
City: Fort Meade, MD 20755-5070
Phone: (301)677-3626; DSN 622-3626
Comments: SHARE (Self-Help and Resource Exchange) - Contribute 2 hours of volunteer time and \$14; you will receive, in return, \$35-\$40 worth of groceries. No income-level requirement.

Name: Women, Infants and Children's Program
Comments: WIC (Women, Infant and Children) - Department of Social Service program will provide food subsistence for pregnant women or women with children under the age of five years. Must qualify based on income.

Exceptional Family Member Program (EFMP)

The EFM Program is a mandatory enrollment program that identifies long term medical and special education needs of family members and ensures assignment consideration of those needs when transferring. To ensure special needs of family members are considered during assignment process, service members are required to enroll when the special needs are identified or at least nine months prior to Projected Rotation Date (PRD). This provides your detailee time to work your next assignment and consider your family member's special needs as well as your career needs and the military's needs. This program is open to any authorized family member who meets the following criteria: *Physical, emotional, or other disability, and/or *Long term chronic illness, and/or *Long term special education needs *Enrolled in DEERS *Residing with sponsor

TRANSFER HINTS FOR MEMBERS WITH AN EXCEPTIONAL FAMILY MEMBER

Contact the National Information Center for Handicapped Children and Youth at 1-800-999-5599 to obtain a State Resource Sheet. The Resource Sheet will tell you how to *Contact Children's Medical Services if your child's health care is supported through a State Medical Program or to see if your family member qualifies, as rules vary in each state. *Contact the Department of Special Education to ensure the required services will be available in your new locale. *Contact the Parent Information Training Center for assistance and training regarding parents rights and responsibilities under Public Law 94-142. *Contact the Parent to Parent Program to identify a parent support group or to start on in your area. *Contact the Easter Seal Society regarding the Early Intervention Program for infants with special needs.

Name: Community Health Nursing
Address: 85th Med Bn St.
City: Fort Meade, MD 20755
Phone: (301) 677-8434; DSN 622-8434
Comments: Hours are 8 a.m. to 4 p.m., Mon. thru Fri.. Responsible for program enrollment. For EFMP Support Programs, reference ACS EFMP under "Family Centers" in SITES.

Household Goods In-Bound Shipments

Contact the Joint Personal Property Shipping Office as soon as possible after your arrival, even though you may not yet know the delivery address for your household goods. The transportation office needs a telephone number and address where you can be reached. As soon as you have a delivery address for your household goods, provide this information to the transportation office. If at all possible, accept delivery of your personal property as soon as it arrives. This will prevent additional handling and reduce the opportunity for possible loss or damage. It will also reduce or eliminate storage expenses.

At some time during delivery of your household goods, an inspector representing the destination transportation office may drop by to check on how your move including the unloading is going. The inspector usually asks how your move has gone and if you have any related questions or problems.

Name: Joint Personal Property Shipping Office Washington (JPPSOW)
POC: Mr. Herb Elam
City: Fort Belvoir, VA 22060
Phone: (703) 806-4900 or (800) 762-7186
Comments: To check on the status of your shipment, you will need to have the social security number of the service member, and if you are not the service member, a power of attorney to claim the shipment. When your Household Goods arrive, the carrier will give you a two-sided form which is DD form 1840 and 1840R (Notice of Loss and Damage). Before the driver leaves, the 1840 should be filled out, noting any losses and damages. Both the claimant and driver should sign the 1840. If more losses and damages are noted after the driver has left, note these losses and damages on 1840R. See Household Goods Claims Section for filing claims.

Household Goods Out-Bound Shipments

DON'T FORGET TO DROP BY YOUR ACS/FSC RELOCATION READINESS PROGRAM TO RECEIVE A 30-DAY LOAN OF HOUSEHOLD ITEMS AND RELOCATION COUNSELING!

This information is designed for military personnel and family members who are preparing for shipment of household goods. It is based on entitlements found in Joint Federal Travel Regulation (JFTR) and the IT'S YOUR MOVE booklet by the American Forces Information Service, Department of Defense, 1994.

Generally, the Permanent Change of Station (PCS) and arrangement of household goods begins once the service member receives orders from the Military Personnel Division (MPD or Personnel Support Detachment (PSD) and a destination site has been determined. Specific arrangements for personal shipments normally begin at the local transportation office. Each pay grade has its own weight allowance, which is the maximum weight that can be moved at government expense under JFTR. The allowance includes the weight of household goods shipped, placed in storage or sent as unaccompanied baggage. Anything exceeding the maximum weight allowance must be paid by the service member. All shipments

can be weighed before destination delivery and can be coordinated with the local transportation office.

DOCUMENTS NEEDED: 10 copies of orders (and amendments, if any) are required to assure having copies to cover each type of shipment. Service members can appoint someone to conduct their shipment plans for them. This appointment must be in writing, (Power of Attorney).

SHIPMENT ITEMS are household furnishings, appliances, equipment, clothing, personal effects, professional books, papers and equipment.

Be sure to set up a counseling appointment with your local transportation office once new PCS orders are in hand for a smooth coordination of all shipment arrangements.

Call the Personal Property Office for an appointment one month prior to shipping your Household Goods if you want to pack out between September and March. If you need to pack out between April and August, call 8 weeks prior to the expected pick-up date.

Please note: If you are not the service member, and will be responsible for the packout, you will not be allowed to release or accept the shipments without a Power of Attorney. You may go to Legal to get the Power of Attorney.

Name: Personal Property Processing Office (Outbound)
Address: 2234 Huber Road
City: Fort Meade, MD 20755
Phone: (301) 677-9639; DSN: 622-9639
Comments: Open Mon, Tues, Thurs, Fri, 7:30 a.m. to 5 p.m. and Wed., 7:30 to 11:30 a.m. Documents needed: 6 copies of orders and/or amendments.

Household Goods Claims

Claims personnel will assist in processing your claim upon arrival.

If you discover loss or damage, upon delivery, you are required to list the loss or damage on the "Joint Statement of Loss or Damage at Deliver" (DD Form 1840). The carrier or the carrier's representative will provide you with this form at the time of delivery. This form is to be completed jointly by you and the carrier or carrier's representative who is delivering the shipment. The DD Form 1840 serves as a notice

to the carrier of loss or damage and a receipt of delivery.

If you discover additional loss or damage not annotated on the DD Form 1840, you must use the "Notice of Loss or Damage" (DD Form 1840-R) on the reverse of the DD Form 1840. You have up to 70 days to inspect your property and record all loss or damage. In all instances the completed DD Forms 1840/1840R must be delivered to your local claims no later than 70 days from date of delivery. Failure to deliver the form or list all items may result in a reduction of the amount payable on your claim.

You have two years from the date your shipment was delivered to file your claim against the government. However, to assure prompt settlement, claims should be filed as soon as the damage or loss is apparent. Bear in mind that you cannot legally receive double payment for the same damage. Should this happen you would be responsible for returning any overpayment to the government.

If you sustain property loss or damage, promptly contact the claims office for assistance. You must allow both the government and the carrier to inspect the damage if either requests to do so. Do not dispose of damaged items until the damage has been inspected by all proper parties or you have been notified to dispose of it. In the case of mildewed or smoke-damage, you may be required to keep the articles until your claim is settled, at which time some items may have to be disposed of through salvage channel. Your claims representative can advise you.

Name: Claims Office
POC: Staff Judge Advocate
Address: 2257 Huber Rd.
City: Ft. Meade, MD 20755
Phone: (301) 677-3961; DSN 622-3961
Comments: Hours are 9 a.m. to 4 p.m., Mon.,Tues.,Wed.,Fri.

Household Goods Weight Allowances

Your weight allowance is the maximum weight that can be moved at government expense under the Joint Federal Travel Regulations. Related to your pay

grade (please contact the Personal Property Office for exact weights), this allowance includes the weight of household goods you ship, place in storage or send as unaccompanied baggage.

You, not your transportation officer or carrier, are responsible for staying within this weight allowance. If the weight of items packed, shipped or stored exceeds that amount, you must pay all charges connected with the excess weight.

For this reason, estimating the weight of your household goods is very important. Estimates should start early, even before you visit your transportation office to set up the move. You should make the first estimate because the counselor at your transportation office will ask you how much weight you will be shipping.

An easy and fairly dependable method for making this estimate is to figure 1,000 pounds per room (not including storage rooms or bathrooms) and then add the estimated weight of large appliances and items in the garage, storage rooms, basement, etc.

As a double check later in the movement process, count the number of items on the inventory form used by the carrier. Then multiply the number by 40 pounds. This is another rule-of-thumb method for estimating the weight of your shipment.

If, while your goods are being packed and loaded, there is evidence that the shipment will exceed your weight allowance, you may want to call your transportation office. People there can estimate the costs associated with your excess weight. This way you will be somewhat prepared for charges you will have to pay. If you are separating from the service and will not remain in a pay status, excess cost must be paid in advance of this shipment.

In some overseas areas, administrative weight allowances are set on the amount of household goods that can be shipped at government expense. If you are being provided government furniture, for example, the government will not pay to ship your full JFTR weight allowance there. If you are affected by an administrative weight allowance, the counselor at your transportation office will let you know how many pounds you can ship.

Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5,000	1,500
E2	5,000	2,000
E3	7,000	3,500
E4	8,000	7,000
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	17,500	16,000
O-2	18,000	18,000
O-3	18,000	18,000
O-4	18,000	18,000
O-5	18,000	18,000
O-6+	18,000	18,000

POV In-Bound Shipments

You are allowed to ship one privately owned vehicle at government expense to or from an overseas area when permitted (some overseas areas restrict shipment of POVs). The entitlement to ship an otherwise eligible POV from overseas to the United States is not dependent on whether a POV was shipped to the overseas area. The entitlement to ship a POV to the overseas area and the entitlement to ship a POV from the overseas area are separate. For the purpose of this shipment, a POV is a vehicle owned by the member or a dependent of the member (member must show proof of ownership/registration or lease agreement) that: Is self-propelled; Is required to be licensed to travel overland on public highways; Has four or more wheels; and Is designed to carry passengers or property. At the option of the member shipping a vehicle overseas, a motorcycle or moped may be considered a POV if the member does not ship a vehicle with four or more wheels under the same set of military orders. The government will not ship a vehicle intended for commercial use, nor will it pay all shipping charges for vehicles exceeding 20-measurement tons (800 cubic feet) in size. (The length multiplied by the width multiplied by the height (all in feet) and the total divided by 40 gives measurement tons). A member who ships a vehicle exceeding this size must pay the excess shipping charge. Before you make a firm decision to ship a POV overseas, investigate area requirements, insurance costs and maintenance availability. A

vehicle under a long-term lease (12 months or longer) may be shipped if you obtain written permission from the leasing company. These facts will help you determine whether or not you should ship a POV. Some countries have laws limiting certain characteristics (color, and optional equipment, including citizen band radios, for example) of POVs that may be brought into that country. Overseas commanders and/or service policy also restricts POV shipment to some countries. It is wise to get this information as soon as possible after receiving overseas orders. In this way you will have time to assure that your vehicle meets all necessary requirements. Contact your sponsor and transportation office to find out if there are any special requirements. For more information regarding shipment of a POV contact the Personal Property Office at (301)677-4943.

This information is designed for military and civilian personnel authorized to ship POVs at government expense. It is based on entitlements from the Joint Federal Travel Regulation (JFTR), Volume I, for military members and Joint Travel Regulations (JTR) Volume II, for civilian employees. In addition, it contains information generally found in Department of Defense (DOD) 4500.34R, Personal Property Traffic Management Regulation (PPTMR). You are eligible to ship a POV if:

- You are a member of the U.S. Armed forces
- You are a DOD civilian and your orders authorize

shipment of your POV - You are a retiree authorized to ship a POV

Contact your local transportation office if you have concerns about shipping a POV.

The entitlement to ship a POV is limited to a permanent change of station to, from, or between places overseas; or upon official change in home port of the vessel to which you are assigned. The transportation office will determine your entitlement based on your PCS orders.

Only one POV owned or leased by you or your dependent and for your personal use may be shipped to your new duty station at government expense.

If you desire to make your own arrangements to ship an additional POV, consult your sponsor and transportation office for any restrictions. You may have to pay an import duty on a second POV.

Your local Transportation Office has information on specific United States and Overseas host nation restrictions.

For import and export, have POV cleaned, inside and out. Roll up all windows, empty the glove compartment have seven copies of your orders have one complete set of keys, have one set of keys for all locks be prepared to inspect your POV for loss or damage

For all locks have available the make, model, color, year, serial no., and a valid safety inspection from the state of registration.

Your POV may not exceed 20 measurement tons for shipment. A measurement ton equals 40 cubic feet. A compact car averages about nine measurement tons, a full-size car about fifteen. Note that exterior dimensions determine the size (measurement tons) of a vehicle; therefore remove truck mirrors and other articles which extend from the vehicle, as you will be liable to pay for transportation costs for any measurement ton in excess of 20.

You may ship only self-propelled, wheeled motor vehicles, this includes automobiles, station wagons, jeeps, motorcycles, motor scooters, vans and pick-ups.

To ship a long-term (12 months or longer) leased POV, you must provide written authority from the leasing company. The authority must include the company's acknowledgement that return shipment

prior to your next PCS is a private matter between it and you. All requirements stated in the lease are your responsibility.

You may only ship the following in your car:

- Tools (not to exceed \$100.00 in value) - Items such as jacks, tire irons, tire chains, fire extinguishers, tire inflators, first aid kits, jumper cables, and warning triangle/trouble lights - One spare tire and two snow tires with wheels (either mounted or unmounted) - Portable cribs and children's car seats, whether permanent or removable - Luggage racks - Small items such as thermos bottles, bottle warmers and car cushions if they can be packed entirely within a carton provided by the port; if your POV is going to be containerized at the port, these items may be placed in the trunk without the carton. - Catalytic converters, catalyst components (pellets), oxygen sensors and pipe segments used to replace converters in overseas areas.

Obtain a copy of "Shipping Your POV" from your local transportation office before you ship your POV.

Name: Baltimore Outport Point Breeze Business Center
Address: Bldg. #93, 2501 Broening Hwy.
City: Baltimore, MD
Phone: (410) 631-5751
Comments: Hours are Mon. thru Fri., 8 to 11:45 a.m., 1 to 4 p.m. Except Holidays Directions to the Port from 95N: On 95N go to the Ft. McHenry Tunnel, take the first exit, Keith Avenue (Exit 56). Go down the ramp to the light, go left on Keith Avenue which merges at Broening Ave. You will need your shipping document (DD Form 788, military ID, copy of orders, power of attorney (if you are not the service member)).

POV Out-Bound Shipments

You must acquire an EPA waiver letter from your local Transportation Office before emission control components are removed. You will need a copy of your PCS orders, vehicle registration and must know the date you will turn your POV into the port for shipment. Any emission control equipment which is removed from your POV must be retained in the POV and not shipped or stored separately. The EPA

waiver letter will allow you to have your emission control components removed up to 10 working days (14 calendar days) prior to turn-in of the vehicle to the terminal for shipment.

This information is designed for military and civilian personnel authorized to ship POVs at government expense. It is based on entitlements from the Joint Federal Travel Regulation (JFTR), Volume I, for military members and Joint Travel Regulations (JTR) Volume II, for civilian employees. In addition, it contains information generally found in Department of Defense (DOD) 4500.34R, Personal Property Traffic Management Regulation (PPTMR).

You are eligible to ship a POV if:

- You are a member of the U.S. Armed forces
- You are a DOD civilian and your orders authorize shipment of your POV
- You are a retiree authorized to ship a POV

Contact your local transportation office if you have concerns about shipping a POV.

The entitlement to ship a POV is limited to a permanent change of station to, from, or between places overseas; or upon official change in home port of the vessel to which you are assigned. The transportation office will determine your entitlement based on your PCS orders.

Only one POV owned or leased by you or your dependent and for your personal use may be shipped to your new duty station at government expense.

If you desire to make your own arrangements to ship an additional POV, consult your sponsor and transportation office for any restrictions. You may have to pay an import duty on a second POV.

Your local Transportation Office has information on specific United States and Overseas host nation restrictions.

For export, have POV cleaned, inside and out, roll up all windows, empty the glove compartment, have seven copies of your orders, have one complete set of keys for all locks, be prepared to inspect your POV for loss or damage, have a valid safety inspection from the state of registration.

For all locks have available the make, model, color, year, serial no.

Your POV may not exceed 20 measurement tons for shipment. A measurement ton equals 40 cubic feet. A compact car averages about nine measurement tons, a

full-size car about fifteen. Note that exterior dimensions determine the size (measurement tons) of a vehicle; therefore remove truck mirrors and other articles which extend from the vehicle, as you will be liable to pay for transportation costs for any measurement ton in excess of 20.

You may ship only self-propelled, wheeled motor vehicles, this includes automobiles, station wagons, jeeps, motorcycles, motor scooters, vans and pickups.

To ship a long-term (12 months or longer) leased POV, you must provide written authority from the leasing company. The authority must include the company's acknowledgement that return shipment prior to your next PCS is a private matter between it and you. All requirements stated in the lease are your responsibility.

You may only ship the following in your car:

- Tools (not to exceed \$100.00 in value)
- Items such as jacks, tire irons, tire chains, fire extinguishers, tire inflators, first aid kits, jumper cables, and warning triangle/trouble lights
- One spare tire and two snow tires with wheels (either mounted or unmounted)
- Portable cribs and children's car seats, whether permanent or removable
- Luggage racks
- Small items such as thermos bottles, bottle warmers and car cushions if they can be packed entirely within a carton provided by the port; if your POV is going to be containerized at the port, these items may be placed in the trunk without the carton.
- Catalytic converters, catalyst components (pellets), oxygen sensors and pipe segments used to replace converters in overseas areas. You will need your shipping document (DD Form 788, military ID, copy of orders, power of attorney (if you are not the service member)).

Obtain a copy of "Shipping Your POV" from your local transportation office before you ship your POV.

Check with your local transportation office to determine the POV processing center you will use.

Name: Baltimore Outport
POC: Point Breeze Business Center
Address: Bldg. #93, 2501 Broening Hwy.
City: Baltimore, MD
Phone: (410) 631-5751
Comments: Directions to the Port from 95N: On 95N go to the Ft. McHenry Tunnel, take the first exit, Keith Avenue (Exit 56). Go down the ramp to the light, go left on Keith Avenue which merges at Broening Ave.

POV Claims

If there is damage to your POV, note the damages at the port on the DD form 788.

You will need two estimates for body damage, and the claim must be filed at the local claims office within two years from the date of pick-up.

For mechanical damage, get one estimate or turn in copy of the paid receipt to the local Claims Office, you have two years from the date of pick-up to file a claim.

Name: Claims Office
POC: Staff Judge Advocate
Address: 2257 Huber Rd.
City: Ft. Meade, MD
Phone: (301) 677-3961; DSN 622-3961
Comments: Hours are 9 a.m. to 4 p.m., Mon., Tues., Wed., Fri.

Pet Boarding/Kennels

KENNELS ARE NOT AVAILABLE ON FORT MEADE, AND PETS ARE NOT ALLOWED IN BILLETING. Pets are allowed at the following temporary lodging facilities within 15 minutes of Ft. Meade: Red Roof Inn, (410)850-7600; Comfort Inn, (410)789-9100; Holiday Inn, (410)792-0313 - refundable deposit required.

There are a multitude of pet boarding facilities available in the Anne Arundel/Howard County area. We have listed, below, a few of those located closest to the installation.

PROVISION OF THIS INFORMATION IS NOT AN ENDORSEMENT OF THESE FACILITIES OVER OTHER KENNELS IN THE AREA.

Name: Greater Annapolis Animal Veterinary Hospital
Address: Rt. 178 (Old General's Hwy)
City: Crownsville, MD
Phone: (410) 224-3800
Comments: Hours are 6:30 a.m. to 9 p.m. There is no pick-up service.

Name: Cherry Lane Kennels
Address: 7218 Cherry Ln.
City: Laurel, MD
Phone: (301) 776-6093/(800) 233-6093
Comments: Pick-up service available.

Name: Bowie Animal Hospital
Address: 3428 NW Crain Hwy
City: Bowie, MD
Phone: (410) 721-4111
Comments: Boards cats, dogs, ferrets, birds, exotic animals. No pick-up service.

Name: Huffard Animal Hospital
Address: 8073 Ritchie Hwy
City: Pasadena, MD
Phone: (410) 768-3620
Comments: No pick-up service.

Name: The Preston Country Club for Pets
Address: 7363 Old Columbia Rd
City: Columbia, MD
Phone: (301) 596-7387
Comments: Pick-up service available. Discounts for long-term boarders.

Name: The Pet Salon
Address: 204 Obrecht Rd
City: Millersville, MD
Phone: (410) 647-3505
Comments: Pick-up service available.

Name: Paradise for Pets
Address: 12561 Gunpowder Rd
City: Beltsville, MD
Phone: (301) 776-6353
Comments: Pick-up service available. Military discounts.

Pet Licensing

All pets must be registered within first 10 days of arrival on post.

Name: AA Co Animal Control
POC: Tahira S. Williams, Administrator
City: Annapolis, MD
Phone: (410) 222-6690

Name: Fort Meade Vet Services
Address: Bldg 2018, 20th St
City: Fort Meade, MD 20755
Phone: (301) 677-1300; DSN:622-4751
Comments: Hours are 8:30 a.m. to 3 p.m., M,T,Th,F.

Pet Quarantines

There are no pet quarantines in this area. However, your pet must be registered within the first 10 days of arrival on post.

Veterinary Services

When reporting in for services, large and medium size dogs must be leashed. Small dogs may be leashed or in carriers. Cats must be in carriers. Children under the age of 12 are not allowed in the Veterinary Treatment Facility (VTF) --no exceptions.

Veterinary service personnel are authorized to examine, immunize and treat for prevention and control of disease or conditions that are transmittable to humans or animals, or may constitute a military community health risk.

Clients must pay for services rendered. In accordance with AR 215-1, a \$2 "User Fee" is charged for each cash register transaction.

All animals residing on Fort Meade are required to be registered at the VTF within ten days of arrival. Proof of rabies vaccination is required for registration of animals over three months of age if vaccinated elsewhere.

Bite or scratch incidents with human involvement should be reported to the Kimbrough Ambulatory Care Center. (See Medical Services section of SITES).

Zoonotic Disease Control emergencies and elective surgery are handled by civilian veterinary hospitals.

IMMUNIZATIONS: Vaccinations for dogs include rabies, distemper, hepatitis, leptospirosis, kennel cough, Lyme Disease, and parvovirus. Pets are also checked for heartworms and offer preventative medications. Cats may be vaccinated against rabies, panleukopenia, rhinotracheitis, calicivirus, and feline leukemia.

INTERNAL PARASITES: Patrons are offered preventative guidance for the treatment of internal parasites common to puppies, kittens, dogs, and cats. Such parasites include heartworms, hookworms, tapeworms, and whipworms.

EXTERNAL PARASITES: For the all too common flea and tick problem, the VTF offers a variety of veterinarian approved products to control and/or eliminate these pests and keep your pet and your living quarters comfortable.

GENERAL HEALTH CARE: Routine health care is important for the physical mental well-being of your pet. Preventative medicine is considerably less expensive than dealing with a problem once it occurs.

Name: Fort Meade Veterinary Services
POC: Community Animal Center
Address: Bldg 2018, 20th St.
City: Fort Meade, MD
Phone: (301) 677-1300; DSN:622-1300
Comments: Hours are 8:30a.m. to 3p.m., Mon., Tues., Thurs., Fri. Vaccinations and minor outpatient sick call appointments are available. To schedule, call (301) 677-1300, Mon. thru Fri., 8 a.m. to 3 p.m. Three missed appointments within 12 months will result in suspension of privileges.

Pet Transportation

Once you have decided that an animal is going to be your traveling companion, plan for your pet's trip in the same way you plan your own -- well in advance.

PET HEALTH - Nothing can waylay a trip with an animal faster than a health problem, and your pet's well-being should be of primary importance to you. Your pet will be subjected to conditions guaranteed to cause stress to your animal. A clean bill of health is an important first step in assuring your pet's ability to adjust to unfamiliar surroundings. In addition, most states and countries require recent health certificates and disease inoculation documentation before you will be allowed to cross borders, making a trip to the veterinarian mandatory. Even if you are

traveling within your own state boundaries, it is a good idea to have your pet examined and inoculated. Your pet will be "out of his/her own back yard" and subject to contact with unknown animals. His chances of contracting disease or infection will greatly increase. Have your pet examined by a licensed veterinarian, preferably one who has cared for animals on a regular basis. Ask the doctor to prescribe a motion sickness pill or sedative as a preventive measure. Don't tranquilize your animal automatically. Sedated animals are more likely to develop problems. (Note: Motion sickness pills are preferable to tranquilizers). NEVER give your pet tranquilizers without your vet's approval and NEVER give an animal any medication that has been prescribed for human use. Avoid traveling with an animal during extreme weather. Exceptionally cold or hot weather can result in hyper- and hypothermia, heart failure, even death. During summer months, schedule travel for early morning or evening hours.

PCS Reporting Procedures

INPROCESSING

Incoming Army personnel report to individual units. Upon arrival, they enroll in "Start Right" (a one-stop inprocessing program). SPOUSES ARE ENCOURAGED TO ATTEND.

Incoming Navy, Air Force, Marine and civilian personnel report to individual unit/personnel office. They enroll for "Start Right". SPOUSES ARE ENCOURAGED TO ATTEND. For more information, contact the unit (listed in the "INSTALLATION - Major Unit Listings" section of SITES.

Name: START RIGHT PROGRAM (MILPO)
Address: 2234 Huber Road
City: Ft. Meade, MD 20755
Phone: (301) 677-7646
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri.

Separation Procedures

All separating personnel are seen one-on-one by designated personnel representatives established through PAC/PSC.

The Fort Meade Army Career Alumni Program, and the Navy Transition Assistance Program, provide advice, guidance and workshops which deal with military separation, job hunting, stress, etc. You are strongly encouraged to visit these programs.

Name: Army Career and Alumni Program (ACAP)
Address: 4217 Roberts Ave
City: Fort Meade, MD 20755
Phone: (301) 677-2227; DSN 622-2227
Comments: This program provides individual counseling, Professional Self Help Assessment, Professional Resource Library, seminars designed to assist separating and/or retiring military members begin job search in the civilian job market. Also offers several computerized programs such as, Quick and Easy, Resume Writer, Transition Bulletin Board (TBB), American Job Bank, Salary Assessor. Call to make an appointment.

Name: Military Personnel Division - Transition Center
POC: Mrs. Coates
Address: 4215B Roberts Ave.
City: Ft. Meade, MD
Phone: (301) 677-7545
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri. Customers seen by appointment made by PAC or the individual soldier.

Name: Navy Transition Assistance Program (TAP)
Address: 9903 Colony 7 Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-6883; DSN 622-6883
Comments: Offers access to electronic bulletin boards for listings of federal (ALEX, WASNET) and civilian (TBB, ALEX) jobs. Also, places resume on computer system (DORS) where it is matched to employers offering job opportunities.

Billeting

The Fort Meade Guest House, Abrams Hall, offers a full range of temporary lodging facilities for PCS members and families. Members planning to travel and/or relocate are advised to MAKE LODGING RESERVATIONS AS SOON AS POSSIBLE. If planning a move during the peak PCS months (May through September), at least 30 days advance notice is recommended. Call (301) 677-5660 to make reservations. The guest house (Abrams Hall), has 54 units with microwave ovens and refrigerators in each room, as well as a common kitchen, laundry and vending machine room on the first floor. Reservations are accepted and confirmed 30 days in advance, 24 hours a day.

Hotels & Motel Toll free numbers..... : Best Western..... : 1-800-528-1234 Days Inn..... : 1-800-325-2525 Embassy Suites..... : 1-800-362-2779 Hilton Hotels..... : 1-800-445-8667 Holiday Inn..... : 1-800-465-4329 Howard Johnson Hotels..... : 1-800-654-2000 Hyatt Hotel..... : 1-800-228-9000 Marriott Hotel..... : 1-800-228-9290 Radisson Hotel..... : 1-800-333-3333 Ramada Inn..... : 1-800-228-2828 Sheraton Hotel..... : 1-800-325-3535

Review the following for on-post billeting information:

Name: ANNE ARUNDEL COUNTY CAMPING
POC: Capitol KOA Camp Grounds
Address: 768 Cecil Avenue
City: Millersville, MD 21108
Phone: (410) 923-2771
Comments: Opens 1 April. Anne Arundel County is best known for its boating and water activities including fishing, crabbing, skiing, sailing, and swimming.

Name: Billeting Office
POC: Ms. Emma Beard
Address: 4707 Ruffner Rd.
City: Ft. Meade, MD 20755
Phone: (301) 677-6529; DSN 622-6529
Comments: The Visiting Enlisted Quarters (VEQ) and Visiting Officers Quarters (VOQ) are located at the address listed above. Each room is equipped with a T.V., double bed, microfridge, worldwide telephone, and cable. Eligible patrons include active-duty/retired personnel in TDY, PCS or leave status. The Dignitary Visitors Quarters (DVQ) is located at 4415 Llewellyn Ave; however, you must first check in at building listed above (4707 Ruffner). Amenities are same as above. Eligible patrons include active-duty/retired officers on TDY, PCS or leave status.

Name: CAMPING RESERVATIONS OFFICE
POC: CheckItOut
Address: 2724 Ernie Pyle Street
City: Fort Meade, MD 20755
Phone: (301) 677-3825; DSN 923-3810
Comments: Hours are 7 a.m. to 4:30 p.m, Mon. thru Fri. Outdoor recreation's safety course is required prior to use or reservation of camper & boats. Course is offered Tuesdays through Thursdays, 8:30 a.m. through 2:30 p.m.

Name: HOWARD COUNTY CAMPING
POC: Patapsco State Park
Address: 8020 Baltimore/National Pike
City: Ellicott City, MD 21043
Phone: (410) 461-5005
Comments: Patapsco State Park has 75 camp sites, 35 with electric hookups. It has RV Parking up to 29 feet and dumping stations. Reservations available, cost \$10-\$13 per night. See Recreation for more information.

Unaccompanied PCS

If you will be leaving your family behind for any reason, such as, training in lieu of travel, or children finishing school year, etc., there are some things you need to consider:

- Power of attorney - this is important if a family member is left behind and has to do things in the name of the military member.
- Family Care Plan - keep an up-to-date family care plan, with correct names, and numbers of those that may have to care for your children.
- Copies of Order's - leave extra copies of your order's with family member.
- Finances - make sure allotments, checkbooks, savings accounts, credit cards, etc, are accessible for family members.
- Vehicles - Up-to-date maintenance schedule.
- School information - Ensure that all school records are in order for transfer.

Contact your Relocation Assistance Program to prepare an Individual Relocation Plan.

Contact your local airline ticket office for unaccompanied travel arrangements for family members.

Support Services

Support Services Overview

Fort Meade offers a wide range of support services operated by agencies on, as well as off, post. For information on special services not listed, please contact the Information and Referral Office at Army Community Service (301) 677-5590. You may also wish to visit the "Local Community - Nonprofit Social Service Agencies" section of SITES. Information below provides an overview of programs offered at Fort Meade.

Family Centers

There are many "Family Centers" in the Baltimore/Washington area. For more information, please refer to installations mentioned in the "Installation - Must Know" section of SITES.

Fort Meade maintains two family centers - Army Community Service, 4217 Roberts Avenue,

(301)677-5590/DSN 622-5590 and Navy Family Service Center, 9903 Colony 7 Rd., (301) 677-6883/DSN 622-6883.

Name: Employment Readiness Program
POC: Georganna Bell
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910
Comments: Conducts employment and personal development workshops to help improve job seeking skills. Maintains up-to-date information on job vacancies and required experience/training.

Name: Exceptional Family Member Program
POC: Jennifer Hensley
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri. Assists, through advocacy and education, family members with special education, physical, medical, emotional and/or intellectual needs. Co-facilitate "Mom's Night Out" support group, an opportunity to support, and share information, with moms of special needs children. The EFM Program is a mandatory enrollment program that identifies long term medical and special education needs of family members and ensures assignment consideration of those needs when transferring. To ensure special needs of family members are considered during assignment process, service members are required to enroll when the special needs are identified or at least nine months prior to Projected Rotation Date (PRD). This provides your detailee time to work your next assignment and consider your family member's special needs as well as your career needs and the military's needs. This program is open to any authorized family member who meets the following criteria: *Physical, emotional, or other disability, and/or *Long term chronic illness, and/or *Long term special education needs *Enrolled in DEERS *Residing with sponsor. TRANSFER HINTS FOR MEMBERS WITH AN EXCEPTIONAL FAMILY MEMBER Contact the National Information Center for Handicapped Children and Youth at 1-800-999-5599 to obtain a State Resource Sheet. The Resource Sheet will tell you how to *Contact Children's Medical Services if your child's health care is supported through a State Medical Program or to see if your family member qualifies, as rules vary in each state. *Contact the Department of Special Education to ensure the required services will be available in your new locale. *Contact the Parent Information Training Center for assistance and training regarding parents rights and responsibilities under Public Law 94-142. *Contact the Parent to Parent Program to identify a parent support group or to start on in your area. *Contact the Easter Seal Society regarding the Early

Intervention Program for infants with special needs.
Name: Family Readiness - Deployment & Mobilization
POC: Radiane Harris
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri. Facilitates Family Readiness Groups; provides readiness and support programs, reviews family care plans; provides deployment and mobilization information and instruction.

Name: Relocation Readiness Program
POC: Sharon Collins
Address: 4217 Roberts Avenue
City: Ft. Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910
E-Mail: Site3085@emh1.ftmeade.army.mil
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. Thru Fri. except Wed. (7:30 a.m. to noon). Assists military families through phases of transition; PCSs, ETSs, extended TDYs. Provides world-wide installation information, through welcome packets and an automated information system. Provides Relocation Stress Management classes, one-on-one relocation counseling and temporary use of household goods (pots, pans, dishes, cribs, playpens, card tables, folding chairs, futons, car seats).

Information and Referral

The Information, Referral and Follow-up Program links the individual in need of assistance with the appropriate agency or service that will eliminate or alleviate that need.

Name: Adoption Referral
POC: Work/Life, Family Care Services, National Security Agency (NSA)
Address: 9800 Savage Road
City: Fort Meade, MD 20755-6839
Phone: (301) 688-4283
FAX: (301) 688-4522
Comments: Information and referral to NSA employees and military assigned to NSA interested in adoption or family foster care. Provides listings of licensed non-profit adoption agencies that handle domestic and international adoptions. Also, provides information and listings of family foster care and adoption programs offered by the Maryland Department of Social Services.

Name: Elder Care
POC: Work/Life, Family Care Services, National Security Agency (NSA)
Address: 9800 Savage Rd.
City: Fort Meade, MD 20755-6839
Phone: (301) 688-4283
FAX: (301) 688-4522
Comments: To assist NSA employees and military assigned to NSA in making informed decisions about elder care, Family Care Services has access to an extensive network of state and nationwide organizations that serve the elderly. Information is readily available on: Elder Care Locator, adult day care, housing options by county, legal assistance by subject, senior centers (programs by county), support groups by county, National Guide to State Department of Aging.

Name: Information, Referral and Follow-up Program
POC: Donna Gooche
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Comments: Hours are 7:30 a.m. to 4 p.m., Mon. thru Fri.

Financial Assistance Programs

Financial guidance is offered to those experiencing money management difficulties or for those who wish to be in control of their finances. Consumer Affairs and Financial Counseling service personnel can work with you to prepare a personalized budget and spending plan designed to make life easier.

Army Emergency Relief is there when needed in a crisis, making loans and grants.

Name: Consumer Affairs and Financial Readiness Program
POC: Roy Bolton
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
Comments: Provides education, advocacy and advice on consumer and financial matters. Facilitates training on money management, investments, banking, insurance, and smart shopping. Offers classes on home buying, new/used car shopping, financial readiness. Advocates to resolve consumer complaints, fraud and scams.

Name: Retirement and Insurance Services
POC: Work/Life, Family Care Services, National Security Agency (NSA)
Address: 9800 Savage Rd.
City: Ft. Meade, MD 20755-6839
Phone: (410) 859-6188
FAX: (410) 684-7500
Comments: Offers special seminars and workshops for NSA employees and military assigned to NSA that target fiscal well-being and help you plan ahead to meet your financial needs throughout life.

Emergency Assistance

After-duty-hour emergencies should call the staff duty officer at (301)677-4805. Will serve all branches. Provides financial assistance (loans/grants) to active-duty and retired as well as their family members in times of crisis. Will assist with funds for food, emergency shelter, transportation, funeral and hospital expenses. Will not assist to pay credit debts, furniture payments or POV down-payments.

Name: Army Emergency Relief
POC: Milton Wiley
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910

Family Advocacy

The primary emphasis of the Army Community Service Family Advocacy Program is the prevention, identification, and treatment of child abuse/neglect and spouse abuse. This task is accomplished through a variety of workshops and training, briefings and coordination with other programs and activities to ensure that the military community receives the skills necessary to enhance healthy lives and families. For hours of operation contact Army Community Service.

Name: Family Advocacy Program
POC: Louann Engle
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910

Single Member Services

Fort Meade is sensitive to the needs of the single service member and has programs and activities targeted for the singles. The key to being a part of the Fort Meade community is getting involved. You are encouraged to review the "Morale, Welfare, and Recreation" section of SITES for available activities. MWR offers a variety of activities for single service members such as hiking, skiing, trips to New York, Atlantic City, or Philadelphia. Call the Leisure Travel Office, (301)677-7354.

Tips for the single service member:

- * Get involved. There are plenty of jobs for volunteers, before, during and after duty hours. A great way to make friends and get to know the community!
- * Make sure you attend the newcomer's orientation, "Start Right."
- * Before your Ft. Meade arrival, ask to be assigned a sponsor. Yes, SINGLE SERVICE MEMBERS ARE AUTHORIZED SPONSORSHIP.
- * Join the Fort Meade BOSS program. Better Opportunities for Single Service members (BOSS) is an organization dedicated to monitoring the quality of life for service members and effecting change where necessary. The group serves as a communication link between service members, MWR staff, and the chain of command about issues pertinent to single military

life. The Fort Meade garrison is committed to pursuing this mission through its appointment of a full-time BOSS military representative. The elected board of officers is truly representational of the five services present on the installation as well as on-post, vs. off-post, living. Their subcommittees address such issues as social activities - pool parties, dances, 1 day excursions, to living conditions - barracks, dining halls, shuttle transportation, etc. BOSS members are also significant contributors to the community in which they work. Through their numerous volunteer hours to various civic projects, countless family members, children and retirees, are the direct beneficiaries. BOSS, as part of the total military family, will achieve results in excellence, superior achievement, retention, and increased combat readiness.

* Remember, Army Community Service and Army Emergency Relief are available to assist all service members. Check out the programs we can offer you by viewing the "Family Centers" section of this SITES booklet. After all, YOU are a major part of the military family. Come by and visit...see what we can do for you. You will be pleasantly surprised!!!

Name: Better Opportunities for Single Service members (BOSS)
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-2163

Support Groups

Army Community Services Family Advocacy Program, Fort Meade Family Life Center, and Social Work Services provide a wide variety of support for our military families. There are support groups for specialized needs on and off post. Contact the individual service/agency, listed below, for information.

Name: Army Community Service Family Advocacy Program
POC: Louann Engle
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Comments: Offers support through Parent Aides, First-Steps, and Single Parents Support groups.

Name: Army Community Service Information and Referral
POC: Donna Gooche
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Comments: Provides information concerning support groups on and off the installation.

Name: Exceptional Family Member Program
POC: Jennifer Hensley
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590; DSN 622-5590
FAX: (301) 677-2910; DSN 622-2910
Comments: Facilitates support groups for parents of exceptional family members. Maintains information on other support groups in the local area.

Name: Social Work Services
Address: 85th Med Bn. St.
City: Fort Meade, MD 20755
Phone: (301) 677-8895; DSN 622-8895

Name: Work/Life Services, National Security Agency (NSA)
POC: Work/Life Services
Address: 9800 Savage Rd.
City: Fort Meade, MD 20755-6839
Phone: (410) 859-4657
FAX: (410) 859-4701
Comments: Provides services and information to support NSA employees and military assigned to NSA balance their work responsibilities and their personal life commitments.

Morale, Welfare, and Recreation

Fort Meade is proud of having a very complete Morale, Welfare and Recreation Program. There are a variety of exciting leisure activities available to active duty military members, their family members, and DoD civilians working on post. Everyone is encouraged to be part of the fun and adventure by participating in organized sporting events, outdoor recreation, entertainment, crafts and many other high energy and enriching programs. For information about activities offered, read record listings below. More information about MWR activities can be obtained by calling (301) 677-5822/DSN 622-5822.

Name: Aquatics
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5071
Phone: (301) 677-2163
Comments: There are three outdoor swimming pools located on the installation. Pool #1 adjacent to the Officers' Club, Pool #2 (behind the Post Exchange Garage) Simonds St., Pool #4 on Rock Ave. Pools operate Memorial Day through Labor Day. Water Aerobics, Learn to Swim team, Masters swim programs are available throughout the year at the indoor/outdoor pools.

Name: Arts & Crafts Center
Address: 6530 York Ave.
City: Fort Meade, MD 20755
Phone: (301) 677-7809; DSN 622-7809
Comments: Offers ceramics, woodshop, lazer engraving, t-shirts, resale, photo, matting & framing services, embroidery.

Name: Automotive Skills Center
POC: Richard Bunk
Address: 6530-A Taylor Ave.
City: Fort Meade, MD 20755
Phone: (301) 677-5542; DSN 622-5542
FAX: (301) 677-4310; DSN 622-4310
Comments: The Center provides technical assistance, tools and equipment to participants in the repair and maintenance of privately owned vehicles and equipment. Basic repair classes are scheduled throughout the year.

Name: Bowling Center
Address: Towne Center Mall
City: Fort Meade, MD
Phone: (301) 677-5541; DSN 622-5541
Comments: The bowling program caters to active-duty military personnel, reserve personnel, retirees, DOD civilians, and their family members. Includes 36 lanes, electronic scoring, many discount specials, a food bar and pro shop.

Name: Club Meade
Address: 6600 Mapes Rd.
Phone: (301) 677-6969 DSN 622-6969
Comments: Open seven days a week. Open to all ranks, and civilian personnel. Membership is voluntary. The social calendar includes a wide variety of entertainment to include DJs, bands, hail/farewell and unit parties. Membership is voluntary.

Name: Gaffney Fitness Center
Address: 6630 Broadfoot Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-3716; DSN 622-3716
Comments: The sports complex has two racquetball courts, two basketball courts, squash court, sauna room, weight room, cardio room, 19-station nautilus, 25-meter indoor swimming pool, locker room facilities and a wellness program.

Name: Garden Club Greenhouse
POC: Missy Duncan
Address: Rock Avenue
City: Fort Meade, MD 20755
Phone: (301) 490-88796

Name: Golf Course
Address: Mapes Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-4308; DSN 622-4308
Comments: Club house open daily for breakfast, lunch and dinner and also features a pro shop. Hours are 8 a.m. to 7 p.m., Mon. thru Fri. Applewood and Floyd Parks are two 18-hole courses.

Name: Information Tickets and Reservations (ITR)
POC: Sandy Kaub
Address: Arts and Craft Center 6530 B. York Ave.
City: Fort Meade, MD 20755
Phone: (301) 677-7354
Comments: ITR is a centralized point where the community may obtain information concerning activities available not only on post, but also in the nearby civilian communities. Provides information and discount tickets to various leisure activities - aquarium, zoo, cruises, bus trips, ski packages, amusement parks, sporting events, etc.

Name: Library
Address: 4418 Llewellyn Ave.
City: Fort Meade, MD 20755
Phone: (301) 677-4509; DSN 622-4509
Comments: Hours are Tue. thru Thurs., 11 a.m. to 6 p.m.; Fri. and Sat., 11 a.m. to 5 p.m., and closed Sun., Mon. and Holidays. Over 35,000 books, 100 magazines, journals, reference and research collections, data bases, videocassettes, books on tape, foreign language materials, children's collections and best sellers, new computers with internet access and word processing capabilities. Story hour for pre-school children (ages 2-5) every Friday, 10:30 to 11 a.m.

Name: McGill Community Activity Center
Comments: Houses a large multi-purpose room that can hold special events, two conference rooms (available for meetings, classes, wedding receptions and other private functions).

Name: Outdoor Recreation
Address: Wilson Street
City: Fort Meade, MD 20755
Phone: (301) 677-3810; DSN 622-3810
Comments: Operates CHECKITOUT, providing use of recreational equipment. Outdoor Recreation's safety course is required prior to use or reservation of camper and boats. Course is offered Tues thru Thurs., 8:30 a.m. to 2 p.m. Also operates a recreational vehicle storage lot for long and short term storage of boats, campers, trailers, canoes and vehicles for nominal fees. Burba Park reservations (301) 677-6195; Equestrian Center, (301) 677-7101.

Name: Recreation and Morale, National Security Agency (NSA)
POC: Employee Morale Activities
Address: 9800 Savage Rd.
City: Fort Meade, MD 20755
Phone: (410) 859-4657
Comments: The Civilian Welfare Fund (CWF) at NSA provides NSA employees and military assigned to NSA a wide variety of services to meet your recreational needs: libraries; a discount buying program; and discount tickets to local attractions, amusement parks, and sporting events. For more information call the CWF Events Line on (301) 688-4CWF or visit one of the four CWF offices located in various buildings throughout the campus. The CWF gift shop at the National Cryptologic Museum is open to the public Mon. thru Fri., 10 a.m. to 2:30 p.m. and Sat., 10 a.m. to 1:30 p.m. The museum and gift shop are located on Colony 7 Road, at the intersection of Maryland Rt. 32 and the Baltimore/Washington Parkway (Maryland Rt. 295). Other services available are a drugstore, cafeterias, barber shops, a travel agency and private organizations/clubs (fifty different ones to suit many hobbies and interests).

Name: SHAPE Fitness Centers
POC: Work/Life, Family Care Services, National Security Agency (NSA)
Address: 9800 Savage Rd.
City: Fort Meade, MD 20755-6839
Phone: (301) 688-4283
FAX: (301) 688-4522
Comments: There are four Structured Health and Physical Enhancement (SHAPE) centers located throughout the campus. SHAPE is designed to provide direction in the health, fitness and overall well-being of NSA employees and military assigned to NSA through structured individual and group exercise programs. The facilities feature state-of-the-art exercise equipment, group exercise programs, a professional staff, and counseling on nutrition and many important health issues. For fees and more information, call Family Care Services.

Chapel Services and Programs

Fort Meade religious activities are broad based and include Catholic, Jewish, and Protestant services.

There are active youth groups within the denominations. Women of the Chapel are active groups that meet regularly. For hours of service and available activities contact the Chapel.

Name: Catholic Mass
Address: Chapel Center
City: Fort Meade, MD 20755
Phone: (301) 677-7959; DSN 622-7959
Comments: Weekday masses at noon.

Name: Jewish Service
Address: Chapel Center
City: Fort Meade, MD 20755
Phone: (301) 677-6046; DSN 622-6046
Comments: Lunch with the Rabbi every Tuesday at noon.

Name: Protestant Service
Address: Post Chapel
City: Fort Meade, MD 20755
Phone: (301) 677-3792; DSN 622-3792

Name: Religious, Marital, Pre-marital Counseling
Address: Chapel Center
City: Fort Meade, MD 20755
Phone: (301) 677-6064; DSN 622-6064
Comments: By appointment only.

Drug and Alcohol

The Fort Meade Counseling Center has a mission to provide assistance to individuals and their commands in the processing, disposition, education and/or treatment of personnel with alcohol or drug abuse problems. An extensive referral listing is maintained to deal with nearly any type of problem. Contact the Counseling Center.

Name: Community Counseling Center
Address: 2456 85th Med Bn St.
City: Fort Meade, MD 20755
Phone: (301) 677-2344; DSN 622-2344

Legal Assistance

A free benefit provided to active duty military personnel of all services, retirees, and their family members. Legal services are provided on a confidential basis concerning personal civil (noncriminal) matters.

Typical areas include but are not limited to: contracts, consumer affairs, preparation of wills, probate, adoption, change of names, living wills, divorce, medical powers of attorney, separation/property settlement agreements, landlord-tenant disputes, electronic tax filing, reports of survey, line of duty determinations, physical disability determinations, bills of sale, nonsupport of dependents, QMP discharges, taxation, etc.

Free notary services are also provided. Legal advice is not provided over the telephone. Clients must appear in person and possess a valid Uniformed Services Identification Card.

The legal assistance attorneys are prohibited from representing members or family members who are charged with criminal offenses.

Name: Legal Assistance
Address: 2257 Huber Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-9504; DSN 622-9504

Child And Teen Services

Child and Teen Services Overview

Child and Youth Services on Fort Meade offers comprehensive programs for children and teens that foster social interaction, promotes personal growth and provides children opportunities to develop educational and recreational skills. Participants must be family members of active duty or retirees, reservists, National Guard, or DoD civilians stationed at Fort Meade.

Child and Youth Development Services provide quality developmental programs for children. CYD assists children to develop socially, emotionally, intellectually, and physically. Young children develop these skills through play, music, literature, and creative arts, blocks and manipulatives which allow them opportunities to experiment, create and succeed. CYD

ensures that your child is in a safe, healthy, and enriching environment while in care. All programs strive to offer the best possible care for your child. Patrons include active duty military, reservists on active duty, DoD civilians and DoD contractors.

Name: Child and Youth Development Services
POC: Martha McClary
Address: Reece Road
City: Fort Meade, MD 20755
Phone: (301) 677-6214; DSN 622-6214

New Parent Program

Limited services are available for new parents on post. At present the Family Advocacy Program at Army Community Service is providing educational services on parenting.

Name: Family Advocacy Program
POC: Louann Engle
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910

Name: Nursing Mothers Program
POC: Work/Life, Family Care Services, National Security Agency (NSA)
Address: 9800 Savage Rd.
City: Fort Meade, MD 20755-6839
Phone: (301) 688-4283
FAX: (301) 688-4522
Comments: Yhis on-site program for NSA employees and military assigned to NSA helps mothers who have a newborn and would like to continue nursing after they return to work. Designated rooms in several different buildings throughout the campus. Most rooms contain a small refrigerator, sink, table, chair, mirror and Medela electric breast pump(s). Each building has a designated volunteer who can assist you while getting started.

Child Care Programs - on Installation

Incoming personnel may contact the CDS Central Registration number, listed below, for information regarding child care. Registration can be accepted over the phone and placed in a projected demand status which is to be updated when the sponsor arrives. Registration date for the waiting list is based on the date the child was placed on the projected waiting list. In age groups where a long wait might be expected, the earlier registration date can be very helpful. Unborn may also be placed on the projected demand list.

CDS Enrollment Procedures: To enroll, bring the following: ID cards(s) to verify eligibility and up-to-date shot records. A \$15.00 registration fee is due upon enrollment.

Name: Child Development Services (CDS)
POC: Central Registration
Address: Reece Road
City: Fort Meade, MD 20755-5067
Phone: (301) 677-7712 DSN 622-7712
Comments: Hours are 7:30 a.m. to noon, walk-in and 1 to 4 p.m., appt. CDS offers a system of child care options and alternatives to help meet each family's child care needs. Two Child Development Centers offer full-time care for close to 600 children ages 6 weeks through 5 years, as well as a part-day program for 3 and 4 year olds. Hourly care (by reservation) is available for children 6 weeks to 12 years of age in the Center. The Family Child Care (FCC) Program is a system of quarters-based child care for children ages 4 weeks to 12 years. There are currently approximately 60 homes offering full-time, part-time, extended hours, and hourly drop-in care to over 400 children. FCC offers a subsidy program (subject to funding availability) to those patrons with a total family income of less than \$44,000, to make fees comparable to center-based fees.

Name: National Security Agency (NSA) Child Development Center
POC: Work/Life, Family Care Services, NSA
Address: 9800 Savage Rd.
City: Ft. Meade, MD 20755-6839
Phone: (301) 688-4283
FAX: (301) 688-4522
Comments: NSA employees and military assigned to NSA can contact Family Care Services for information and registration. Full-time and part-time care for 305 children ages six weeks through five years. The center is operated under contract by Children's World Learning Centers, Inc. The center is open 6 a.m. to 6 p.m., Mon. thru Fri. The curriculum includes a full-time kindergarten approved by the State of Maryland, Department of Education and a Summer Care Program.

Child Care Programs - Community

There are a large number of child care facilities in the local community.

Child Care Resource and Referral Services National Security Agency Resource & Referral: (301) 688-4283 Anne Arundel County Resource & Referral: (410) 269-4465 Howard County Resource & Referral: (410) 750-8770 (Home Care): (410) 872-4200 ext. 298 Anne Arundel Public Schools: (410) 222-5000

Things To Do - Clubs and Social

Fort Meade Youth Services plans numerous activities for all age groups. Trips to amusement parks, roller skating, etc., are offered as well. Classes are offered in gymnastics, tae kwon do and dance. Many educational trips and programs are offered for all youth. Fort Meade is conveniently situated between Baltimore and Washington, DC; this gives youth the opportunity to see wonderful museums, concerts, sporting events and other sites of interest.

Local clubs and organizations include Boy and Girl Scouts, drama and art clubs. Recreation and sports also include skating, gymnastics, and music lessons.

County Parks and Recreation Services also has many activities and classes available at recreation centers throughout the county. For information on classes, registration, and fees contact Parks and Recreation.

There are many things to see and do off-post. Be sure to review the "Local Community" section of SITES.

Things To Do - Recreation and Sports

Child and Youth Development Services sponsor most recreation and sports programs on post. Programs offered include: baseball, softball, cheerleading, football, track, t-ball, basketball, clinic soccer, soccer, competitive swimming and outdoor adventure.

Leisure and recreation activities offered include: pre-teen and teen dances, art club, gymnastics, computer classes, family nite out, kids night out, late nite w/teens, ballet/tap/jazz, tae kwon do, young artists, teen center, arts and crafts, piano lessons, girl/boy scouts, teen and pre-teen computer lab, mobile recreation, open recreation.

Youth development programs offered include: pre-teen and teen councils, car care clinics, cooking classes, culture crafts, essay contests, orienteering, nature trips, photo contest, bicycle safety, museum trips, drama club.

There are many things to see and do off-post. Be sure to review the "Local Community" section of SITES.

Schools

Please review "Education" section of SITES.

School Age Care

School-Age Services (SAS) provide a before and after school program for children ages 6-12 years. SAS is designed for families with children needing care before and after school and on school closures. A Summer Day Camp Program is offered during the summer months.

School age care is available through the Youth Services Before and After School Program, through various after school programs at most of the area elementary schools, and through the Family Child Care Program. (See CHILD CARE PROGRAMS ON THE INSTALLATION). Program fees are subject to change. Please contact the Child Development Services (CDS) for current prices (301)677-7712.

SCHOOL SUMMER DAY CAMP

A 9-week summer program is offered in 2 week sessions ending with a one week mini-session. Program hours are 8a.m. to 4p.m., Monday through Friday for ages 6-13 years. Programs include crafts, sports, field trips, songs, and entertainment. Parents must provide their children lunches. Youth Services will provide snacks and drinks. Before camp care and after camp care hours (6:30a.m. to 5:30p.m.) are available. Fees are subject to change. For current fees contact CYS (301)677-1847.

Name: Child and Youth Development Services
Address: 909 Reece Rd.
City: Fort Meade, MD 20755
Phone: (301) 677-1847; DSN 622-1847
Comments: Hours are 6:30 a.m. to 5:30 p.m., Mon. thru Fri.

Religious Programs

On post chapels and the churches in the local community offer a large selection and variety of programs for youth and teens.

Most of the Fort Meade chapel programs run from September - May. These programs include religious education classes, children's choir, Sunday School, Vacation Bible School and special events such as

retreats, lock-ins, and trips. For more information, please refer to the "Support Services - Chapel Services" section of SITES.

Name: Installation Chaplain's Office
Address: Post Chapel
City: Fort Meade, MD 20755
Phone: (301) 677-3792; DSN 622-3792

Special Events

For further information on any YS programs or special events during the year please visit the Youth Services Center, Bldg. 909, pick up a monthly calendar of events, take a tour of the facility, or call (301) 677-1437/DSN 622-1437. The Youth Services administrative offices are open Monday through Friday, 8 a.m. to 5 p.m.

For information on local community events, please review the "Local Community - Events Calendar" section of SITES.

Sponsorship and Support

Child and Youth Development Services is responsible for maintaining a Youth Sponsorship Program, designed to help incoming and outgoing youth adjust to a new installation by sharing information and orientation.

Name: Child and Youth Development Services
Address: 909 Reece Road
City: Fort Meade, MD 20755
Phone: (301) 677-1847; DSN 622-1847

Youth Employment

Child and Youth Development Services Center and the Army Community Service Employment Readiness Program offer a teen employment workshop to teens which teaches teens how to fill out a resume, questions to ask and not ask on job interviews, how to dress, and how to present themselves in a professional manner. This workshop is followed by a Teen Job Fair. At the Teen Job Fair, teens have the opportunity to talk with different businesses and agencies that have paid and non-paid positions available.

Teens also work as volunteers on Fort Meade and in the local community, learning new skills and gaining experience while having fun. Teens get a positive return on their investment of time, ideas, and commitment. For specific listings of volunteer

opportunities SEE THE CATEGORY EMPLOYMENT---NON-PAID OR VOLUNTEER OPPORTUNITIES.

Name: Employment Readiness Program
POC: Georganna Bell
Address: 4217 Roberts Ave
City: Fort Meade, M D 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-2910
DSN Phone: 622-5590
DSN FAX: 622-2910

Youth Centers

See "CHILD AND TEEN SERVICES -Things To Do" category of SITES. Also visit the "Local Community - Events Calendar, Cultural Attractions, and Recreation Opportunities" sections of SITES for listings of off-post activities/resources.

Youth Services on Fort Meade offers comprehensive programs for children and teens that foster social interaction, promotes personal growth and provides children opportunities to develop educational and recreational skills. Participants must be family members of active duty or retirees, reservists, National Guard, or DoD civilians stationed at Fort Meade.

YOUTH CENTER DROP-INS.

Includes game room with foosball, ping-pong, nintendo, pool tables, powder hockey, video games, TV room, children's library.

TEEN CENTER

Offers teen lounge, library, foosball, bumper pool, stereo system, Super Nintendo, card tables and computers. The Teen Center is governed by an elected teen council and plans various activities, trips and volunteering projects.

PRE-TEEN ACTIVITIES

Include dances, trips, special events, pre-teen jam, and game room for ages 9-13 years. Pre-teen dances and special events cost \$2.00 for Youth Services card holders, \$3.00 for guests.

COMPUTER USE

Will be available for use (homework, pleasure, computer games) after youths have completed basic knowledge workshop.

In addition to the many Youth Services programs and activities open to all ages, Youth Services offers several specialized teen activities. Read the "For Teens Only" section of SITES, below, for more information.

Name: Youth Center
Address: Ernie Pyle Road
City: Fort Meade, MD 20755
Phone: (301) 677-1847; DSN 622-1847
Comments: Administrative Office hours are 9 a.m. to 5 p.m., Mon. thru Fri..

Name: Youth Services Teen Center
POC: Chris Moore
Address: Corner of Ernie Pyle MacArthur Roads
Phone: (301)677-1437

For Teens Only

Moving as a teen can be extremely difficult. When you were younger, your primary support system was your parents. And, when you moved, so did your support system. As a teen, however, your typical support system consists largely of close friends. Thus, the idea of relocating can have you feeling like you're losing your whole support system.

Here are a few coping tips from teens who have moved successfully:

* First, it is not necessary to give up your current friendships. Modern technology has made it so easy to stay in touch. Granted, a phone call, letter or internet chat isn't quite the same as being there. However, these things do make it easier to keep track of each other until you are able to catch up later on. * Remember, the friends you have now were new to you at some point in time. And, you will have the opportunity to make new friends at your next assignment. * Don't blame your parents for the move. The military rarely makes it an option. Placing blame doesn't help anyone. Instead, look upon this as an opportunity to grow, learn, and experience a new way of life - an opportunity many other teens don't experience. * Get involved in the process. Ask questions about schools and activities (before you arrive at your new location) so that you can take part in the decision making process. Tell your parents what you are looking for in a school/activities. Ask them to request a sponsor. Many junior and senior high schools, in addition to installation youth service programs, have peer pen

pals willing to write you and tell you what you may look forward to when you move.

Now, what is it you need to know about the Fort Meade area? Well, check this out:

1. What kinds of clothes do people wear?

Guys wear baggy jeans with sweat shorts or boxers underneath & seasonal polo shirts, college team sweat shirts, sweat suits, champion sweat/T-shirts (all of the shirts are normally oversized). Basketball, Hockey, or Soccer jerseys are popular. Name brand sneakers, like Reeboks, Nikis or Timberland boots. Hair style for guys include braids, dreads, high & tights, Afro's, bowl cuts, uncombed hair, pony tails, and the bald Michael Jordan look. Earrings are hot.

Girls are wearing mini skirts, tank mini dresses, oversized T-shirts, jeans, champion sweat shirts with oversized pants, tight mid drift shirts. Soccer & Hockey shirts, some female attire has the "blurred vision" look. Name brand sneakers, like, Reeboks, Sketchers, Nike, Vans. Also, tights, with shiny tight shirts and boots with heels. High-heeled clob knockers, and Timberland boots are also being worn. Hairstyles include braids, bleached blonde, extensions and the Toni Braxton look. Young ladies are also wearing the shimmering pastel eyeshadows/lip glossess. Poet frame eyeglasses and pastel sun shades are being worn. Earrings are hot.

2. What kind of music/radio station is popular?

It depends on which way you swing. We listen to everything. ..Hip Hop, RAP, Go-Go, & Rock. There are a lot of radio stations in the area, you can find Hip Hop/RAP and RB/Soul on 95.5 WPGC and 96.9 WHUR, Hip Hop/RAP on 93.9 WKYS. Rock is good on 101.1 WWDC, Jazz on 105.9 FM, Country & Western on 93.1 WPOC; Pop on 106.5 WMIX. You can find every type of music in this area, just spin the dial!

3. What are the area teens into, where do they hang-out?

It's the mall! Most area teens tend to hang out at the mall for shopping, the food court, or the arcade. Go-kart tracks and multi-plex theaters are popular. In some areas swimming pools are hot spots. Teen dances, Go-Go's, midnight bowling and skateboarding are hot....

Your local high school is a great place to hang out during football and basketball season. Also, consider

joining a school club, and take some local field trips. Oh yeah, the telephone is real hot!!! To have a beeper or cell phone is prime, as long as you don't take them to school! Surfing the internet is cool, too. Making the honor roll is choice primo!

4. Are there Teen Gangs in the area?

Not many. They tend to do petty crimes. Some small pocket gangs hang out in high school parking lots and harass the students. They sometimes try and bumrush you and take popular clothing. Select your friends carefully and try to have a buddy system while at school. Become aware of your school's safety measures. It's not a good idea to wear any kind of bandanna - you may be mistaken for someone interested in gang activity.

5. Are drugs/alcohol being used by Teens?

Depends on who you hang with...but Marijuana, and "Blunts" (cigars mixed with drugs) have been on the rise among teens. Beer has become a drink of choice. Steer clear of that junk...a drugged mind is a cesspool of contamination...

6. What else is there to do in the area?

MWR is a terrific resource for activities that will make your day! They have discount tickets to area movie theaters (there are many!), discount tickets to area theme parks (Kings Dominion, Bush Gardens, etc.), and they offer many exciting trips (for example, white water rafting, Orioles ball games, Ocean City beach weekends, and more). Call (301) 677-7354 to get the latest on MWR happenings.

7. When can I get a driver's license?

Teens may get their learner's permit at age 15 1/2. Both a written and behind the wheel test must be passed before a license can be obtained. See Category: INSTALLATION, Subject area: REGULATIONS for locations of the Motor Vehicle Departments nearest your home to get the book on Maryland driving laws and to obtain your permit.

8. Where can I get information about schools, graduation requirements, activities?

You may want to browse through other sections of this SITES booklet - in particular, Education, Youth Employment, Child and Teens Services, and Support Services - MWR.

FYI...Each year selected teens represent Fort Meade and/or higher-headquarter youths and teens at conferences, summits, and special forums or focus groups providing our teens experience in speaking, planning, organizing, dealing with others, and traveling as VIP's. If you re interested in making a difference, contact Youth Services and let them know you d like to get involved!

Name: Child and Youth Development Services
POC: Martha McClary
Address: 909 Reece Rd.
City: Fort Meade, MD 20755-
Phone: (301) 677-1847; DSN: 622-1847
<p>Comments: In addition to the many Youth Services programs and activities, open to all ages, Youth Services offers several specialized teen activities. And, in response to the teens' requests for a place of their own, a Teen Center was recently established at 3184 Ernie Pyle St. The center is now home to a ping-pong table, foosball, large screen tv, stereo, video games, snack bar with vending machines and a lounge; open to youth ages 13 to 18, Tues. thru Fri., 2:15 to 5:15 p.m.</p> <p>TEEN ACTIVITIES</p> <p>Trips, special events (lock-ins, etc.), tournaments, Teen Discovery Club, and open game room for ages 13-19 years.</p> <p>Teens Only Lounge - Includes teen library, Super Nintendo, cd/cassette stereo system, foosball, air hockey, card tables, bumper pool, and lounge for 13-19 years.</p> <p>Teens Only Night (7-10pm) - Teens 13-18 can enjoy the entire center with full court basketball, TV room, snack bar, and teen lounge. Three hours of basketball for a Five Man Teen Team Challenge is offered. Free Snacks are served from 7:30-9:30pm.</p> <p>Late Night With Teens (9-midnight) - Enjoy an evening of fun activities for teens featuring full court basketball competition, free snacks from 9:30-10:30 p.m., open game room and teen DJ.</p> <p>MORE ACTIVITIES ARE OFFERED TO TEENS AND ALL OTHER AGE GROUPS. REFERENCE "YOUTH CENTERS" SECTION OF SITES.</p>

Survival Tips For First Termers

Survival Tips for First Termers Overview

Relocation is a part of military life and it effects every member of the family. It's like anything else we do in life, there's a right way and a wrong way. It will be challenging, exciting and stressful. You can make it easier on yourself and more enjoyable by planning ahead and learning as much as you can both about your new location and how to deal with the physical and emotional challenges you will meet. There are a number of benefits and entitlements available to you, all of the organizations that can help you are listed in this SITES package. Remember they can't help you if you don't ask! Almost every location offers a program to help you connect with all the service providers who can assist you. Check on the next class date for your current installation. Many locations offer both a Smooth Move class and an Overseas workshop as well as Moving with Kids program. If nothing else you can get a checklist of things to do, people to see and places to go.

Name: Military Pay
Address: 2234 Huber Road
City: Fort Meade, MD
<p>Comments: Provides information on all military entitlements.</p>

Name: Relocation Readiness Program
POC: Army Community Service
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-3850
DSN Phone: 622-5590
DSN FAX: 622-3850
<p>Comments: Provides one-on-one relocation counseling and orientations. Issues household goods while service members await arrival of personal household items. Remember to use this program at both your losing and gaining unit.</p>

Before You Move

Departure preparations!

As soon as you receive your orders, visit your Family Service Center Relocation Counselor. They have an extensive array of services and resources available for you including a SITES (Standard Installation Topic Exchange Service) booklet on your new duty station, information and classes on planning a move,

Welcome Packages, videos of your new area (limited), overseas orientations, lending closets, etc.

Contact the Household Goods Office for an appointment with a counselor to schedule your household goods move. During your counseling session your counselor will provide a great deal of valuable information. Pay attention to details, take notes, ask questions and follow directions. Failure to adhere to guidelines can be costly in time and money.

Notify your landlord, rental agent or Housing Office of your Permanent Change of Station (PCS) orders and anticipated date of departure. If there is a military clause in your lease, you must give this notification in writing.

Request a sponsor at your new duty station. This person can be a vital link to your new home. Your sponsor can send you specific information on your new location and assist you when you arrive.

Begin a calendar for your move. Include items to remember - change of address cards, school records for your children, travel arrangements for your pets, etc.

Notify your friends, relatives, etc. of your upcoming move.

Start budgeting for the move. Contact your Finance Office or PSD to discuss your options regarding advance pay and travel funds. Even with your entitlements, special pay, allotments, etc., moving can be expensive. In addition, families facing the loss of one income during the relocation will feel additional financial impact.

This is by no means everything you'll have to remember! Check with your Relocation Counselor at your Army Community Service/Family Service Center. They can provide you with complete checklists and many helpful publications to assist you with remembering all the details!

After You Arrive

Contact your Relocation Counselor! They have all the information you'll need once you arrive at your new duty station, from housing availability, how to register your children in the local schools, to setting your spouse up with an appointment with the Employment Assistance Specialist at the Army Community/Family Service Center!

Contact the housing office BEFORE making any arrangements for civilian housing. Rental/lease agreements are extremely important and are sometimes complicated. If you haven't already done so, now is the time to put your name on the waiting list for base housing.

Notify the Personal Property Office of your new address and to check on the status of your household goods. Have they arrived? Are they in storage? How much storage time am I entitled to? How do I file a claim if there is damage? All important questions to ask now that you've arrived!

Once you've found the perfect home and your worldly possessions have arrived, the job of getting acquainted with your new neighborhood begins.

Contact utility companies to make arrangements for connections.

On moving in day, if you have small children, you might want to make arrangements for child care. Older children might want to help by checking off boxes as they come in or unpacking the special box of their belongings.

Be at your home before the movers arrive. Have an idea of where you want things placed - the movers will only put your couch in one place.

Check your belongings carefully and make sure to note on the inventory any damaged or missing items so you can file a claim at the Personal Property Office.

So many things to remember! You will find that services and procedures vary from base to base. When getting acquainted with your new base be sure to find out:

- Speed limits - Location of medical facility and procedures for emergency and walk-in care - Check cashing limits, procedures and hours of operation of the exchange and commissary - order new checks with your new address

Most importantly, remember help is just a phone call away. When in doubt - ask. Call your Relocation Counselor. If they don't know the answer, they will find out.

Name: Relocation Readiness Program
POC: Sharon Collins
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-3850
DSN Phone: 622-5590
DSN FAX: 622-3850
Comments: Provides one-on-one relocation counseling and orientations. Issues household items while service members await arrival of personal household goods. Remember to use this program at both your losing and gaining unit.

Reporting Procedures

Please reference the "Relocation Services - PCS Reporting Procedures" category of SITES.

Travel Planning

The physical process of moving from one location to another can be a semi-holiday or a chaotic series of gas station stops. As you plan your trip, try to limit your daily journey to distances your family can tolerate. It could save you and your family some uncomfortable, restless miles. Confirm your travel reservations before you leave. If you are traveling with pets, be sure that the hotels you've chosen accept pets on the premises. If they don't, you need to make kennel arrangements with each hotels in advance.

Check with your Relocation Counselor at your Family Service Center. Many have AUTOMAP programs that will help you plan your numbers and locations to make your overnight stays more affordable.

When you're on the road, remember to keep track of mileage and all expenses. Many expenses are tax deductible if you file on a "long" tax form. Keep all receipts. If you don't need them later you can disregard them.

Let each day flow with the daily plan.

Infants have few concerns outside their immediate environment. They take the "cues" from you: Are you angry and frustrated, or relaxed and content?

Young children do best when kept on the same eating and sleeping routine. Introduce new sights and sounds with patience.

Elementary school children may be losing their first friends.

Allow for expression of grief in daily decisions.

Hints for traveling with kids:

Young children have a natural wariness of the unknown. Including them in the planning can help allay fears.

Stick to your child's usual bedtime and mealtimes, and read his or her favorite story. Unpack the minute you arrive so everyone feels at home.

Balance your day, making plenty of time for a romp in the park or other relaxing activities. Even when having fun, kids have a limited attention span.

***Packing Pointers:** Take one small bag per person. Let each child take only one special toy--or you'll find yourself carrying kid's possessions around the amusement park. Don't forget a first aid kit, with disinfectant, bandaids, tylenol, etc. Tuck in a nylon folding suitcase--great for lugging home your souvenirs or dirty laundry.

Call ahead to confirm hotel services for children such as cribs and cots.

Name: Relocation Readiness Program
POC: Army Community Service
Address: 4217 Roberts Avenue
City: Fort Meade, MD 20755-5070
Phone: (301) 677-5590
FAX: (301) 677-3850
DSN Phone: 622-5590
DSN FAX: 622-3850
Comments: Provides one-on-one relocation counseling and orientations. Issues household items while service members await arrival of personal household goods. Remember to use this program at both your losing and gaining unit.

Vehicle Ownership

Because different states have different insurance laws, your insurance company will need to know where and when you are moving. In addition to automobile insurance, attention must be given to driver's licenses and auto registration. To avoid penalties, make sure all autos are properly inspected and registered and that all family members are properly licensed. Refer to the "Installation -

Regulations" section of SITES for more information on automobile registration, etc.

A great place to start before purchasing a car is to make an appointment with the Consumer Affairs/Financial Assistance Program Specialist at your local ACS/Family Support Center and have a budget prepared to see if you can afford the car.

Service members who are planning on buying a vehicle should remember that the car payment is only part of the expense of owning a car--don't forget the cost of insurance (very high in the DC Metro area) gas/oil, tags/registration and maintenance. Before purchasing a car in the DC area, which is a high cost of living area, you should reside in the area 3-6 months to see how the cost of living will affect your household budget.

If you can afford to purchase a vehicle, DO YOUR HOMEWORK. Not only should you research the vehicle you are interested in, but also check Consumer's Report and the NADA for Used Car Prices. Most important--be cautious. NEVER BUY ON IMPULSE. That's exactly what the seller or dealer is counting on. Check at least three sources before deciding where you will purchase and if a dealer says the offer is good just for today--RUN, that's not the dealer you want to buy from.

There are some financing questions that need to be answered. Some of the factors to be considered are: does the interest rate apply to all cars on the lot?; do you have to buy extra options to qualify for a lower interest rate?; Does the financing require a larger-than-usual downpayment?; Are there limits on the length of the loan? All of these are questions that need to be asked and answered to your satisfaction.

Name: Department of Motor Vehicles
Address: 6601 Ritchie Hwy.
City: Glen Burnie, MD 21061
Phone: (800)950-1682

Housing and Billeting

All military personnel, with family members, are required to report to the Housing Referral Office at their new duty station upon arriving and before buying or leasing a home or apartment. The Housing Referral Office receives applications and maintains the waiting list for base housing. If you are applying for base housing, send an advanced housing application to HRO with a copy of your Page 2 and a copy of your orders. You will be placed on a waiting

list based on your detachment date from the last duty station, not your reporting date.

The Housing Referral Office can assist you in locating off base housing and will provide information on the local community. The HRO maintains a computer based listing of local housing - costs, deposits, pet info, location of schools to the property etc.

If no base housing is available on-base, or if you choose to live in the civilian community, you and your family are entitled to receive Basic Housing Allowance (BHA) to help defray the cost of living on the economy.

Make sure that if a lease is required, you have a "military clause" which will allow you to end the lease early without financial penalties if:

*You receive Permanent Change of Station (PCS) orders
*You are notified that on-base housing is available
*You leave active duty

Not all military clauses will protect you, especially if you are waiting for on-base housing. Be sure to check with Legal or Housing Referral Office BEFORE you sign a lease for housing in town. It could save you lots of time and money in the long run!!!

In addition to the military clause, also make sure that your lease or rental agreement states clearly who pays for what utilities and what repairs. Then, if you decide that the agreement is satisfactory, walk through the apartment or house with the landlord, and make a list of any existing damage to the property. Have the landlord sign the list, and make a copy of it to keep with your copy of the lease.

Finally, pay your rent on time, and leave the property in as good condition as you found it to create goodwill for future service member tenants.

Visit the "Must Know" and "Housing" sections of SITES to learn about the Set-Aside Program and other Fort Meade housing initiatives.

Name: Picerne Military Housing
Address: 4463 Leonard Wood Avenue
City: Fort Meade, MD 20755
Phone: (410)672-4570; 1-866-525-HOME
DSN Phone: 622-9390
WWW Link: http://meadepicerne.com

Money Matters

The costs associated with PCS orders can be debilitating for even the most solid budget. Though there are reimbursements for costs associated with PCS moves, research demonstrates the average military family reports out of pocket expenses of over \$500.00 and that only one out of every three dollars is reimbursed. Listed below are some of the PCS moving allowances you can plan on to help you budget for your move.

DISLOCATION ALLOWANCE (DLA): Active duty personnel with family member moving from a permanent duty station are entitled to a dislocation allowance. This is paid to offset the costs of closing on home and setting up another. This allowance is equal to two months BAH. DLA is not available to those transferring in the same geographical location. DLA may be dispersed at the time of travel, or upon arrival at the gaining command.

MILEAGE IN LIEU OF TRANSPORTATION (MALT): Service members receive a MALT when they drive to a new assignment. The allowance is computed on federal tables of mileage between the old and new duty stations. Even though the official distance may be longer or shorter than the service member drives, the official distance determines the allowance payable. MALT is also paid to those going overseas if they drive from their stateside location to the port of embarkation for transcontinental plane or ship, or from the port of debarkation to the new duty station.

Single active duty or spouse traveling alone - .15 per mileTwo family members - .17 per mileThree family members - .19 per mileFour or more family members - .20 per mile

These rates apply to spouses authorized to travel alone or with family members, and to sponsors traveling with family members. These rates also apply to travel in a second car when its use is authorized. MALT will be dispersed at the time of travel.

PER DIEM ALLOWANCE: Along with DLA and MALT, food and lodging are allotted when making a PCS move. The allowance is paid to military and family members traveling 350 miles per day. Service members receive \$50.00 a day plus \$37.50 a day for their spouse and each family member under the age of twelve. When a spouse travels separately, the spouse receives \$50.00 a day; and for family

members traveling with the spouse it is \$37.50 a day or \$25.00 a day depending on the age.

TEMPORARY LODGING EXPENSE ALLOWANCE (TLA): New arrivals at overseas bases are eligible for this allowance to help offset the cost of temporary housing and meals. You are entitled to TLA even if you move into temporary government quarters. The amount of TLA depends on several factors, including family size, local per diem rate, actual cost of quarters and whether the quarters provide cooking or dining facilities. A single person gets 65% of the local per diem rate if actual expenses are that much, and a member with one or two family members get 100% of the local per diem rate if expenses warrant. For each additional family member the per diem rate is raised by 25%. TLA is paid in fifteen day increments, and usually up to a sixty day limit for those arriving and a ten day limit for those departing overseas.

Temporary Lodging Expenses (TLE): TLE is payable when temporary lodging is incurred prior to signing out at your old station and/or after signing in at your new station. Statement(s) of nonavailability of government facilities must be received prior to obtaining commercial lodging. TLE is not payable if temporary lodging was with friends or relatives. The maximum amount you can receive is \$110 per day to a total of \$1,100. Since the actual computation is based on percentages (which depend on the number of family members), and contain a reduction for housing and subsistence allowances, you should expect to be paid somewhat less than the \$110 per day rate.

For TLE reimbursement, you should expect to provide the following documents: 4 copies of PCS orders and amendments; 4 copies of lodging receipts; statement of non-availability from billeting (if not staying in the guest house); copy of completed travel voucher; statement from family/friends (for meals only), if applicable.

ADVANCED PAY: ***Drawing advance pay should be carefully considered when planning a move. As soon as you get your orders, a spending plan should be developed early enough to save extra money to be used to assist with the moving expenses. Many times advance pay is spent on other "emergencies" and is not around to assist with moving expenses. In addition, advance pay is a "dead horse" that automatically reduces your take home pay to use for bills and unforeseen moving expenses. Talk to your Command Financial Specialist prior to drawing advance pay.***

No more than three months advance pay may be drawn. The advance is normally repaid in equal installments over twelve months. In certain cases, re-payment can be spread over twenty-four months. Advance pay is your base pay, not pay with allowances. If approved by your commanding officer, an advanced housing allowance can be drawn. You must prove that this money will be used for housing costs. Advance housing allowance is up to three months BAH. Advance housing allowance may be re-paid over a twelve month period, and in exceptional circumstances, may be re-paid over a

longer period. REMEMBER, ALL ADVANCED PAY IS TO BE RE-PAID.

Name: Military Pay Inquiry
Address: 2234 Huber Road
City: Fort Meade, MD 20755
Phone: (301)677-3962
DSN Phone: 622-3962
Comments: Provides information on all military entitlements.

At A Glance

Facility/Services Summary

--Officer and Enlisted Population--			
Active Duty Officer	0	Active Duty Warrant Officer	0
Guard Reserve Officer	0	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	0	Foreign Service Officers	0
Active Duty Enlisted	0	Guard Reserve Enlisted	0
Foreign Service Enlisted	0		
--Civilians--			
Civil Service	0	Wage Grade	0
Non-Appropriated Funds	0	Family Members -on and off Installation-	0
--Family Services--			
Family Centers	0	Teen Centers	1
Child Day Care	0	Family Child Care Certified Homes	0
Total Child Capacity	0	Total Child Capacity	0
Average Waiting List Time -Months-	0		
--Other Services--			
Commissary	1	Exchanges	1
Shoppettes	6	Gas Stations	2
Movie Theaters	1	Banks and Credit Unions	2
McDonalds/Burger King	1	Other i.e. Exchange concessionaires	6

Housing Summary

--Officer Housing--			
Senior Officer Waiting	3	Senior Officer 3 Bed Room	124
Senior Officer 4 Bed Room	84	Senior Officer Other	0
Company Grade Officer Waiting	3	Company Grade Officer 2 Bed Room	0
Company Grade Officer 3 Bed Room	369	Company Grade Officer 4 Bed Room	43
Company Grade Officer Other	0	BOQ	1
--Enlisted Housing--			
Senior Enlisted Waiting	2	Senior Enlisted 3 Bed Room	336
Senior Enlisted 4 Bed Room	216	Senior Enlisted Other	0
Enlisted Waiting	3	Enlisted 2 Bed Room	875
Enlisted 3 Bed Room	842	Enlisted Other	0
BEQ	1	Transient Lodging Facilities	1

Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	4
Jr High/Middle School	2
High School	1

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	800	650	1100
House Rent	1400	1200	1600
House Price - Single Family	200000	175000	275000
Townhouse/Condominium Price	145000	100000	195000

Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	Y	Number of Beds	0	Medical Clinic	1
Alcohol	Y	Allergy	Y	Audiology	Y
Cardiology	N	Coronary care	N	Dermatology	Y
Dietary	Y	Emergency room	N	Endocrinology	Y
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	Y	Hematology	Y	Immunization	Y
Infect Disease	Y	Intensive Care	N	Laboratory	Y
Mental Health	Y	Neonatal Intensive Care Unit	N	Nuclear Medicine	N
Nephrology	N	Neurology	N	Neurosurgery	N
Obstetrics	N	Oncology	N	Ophthalmology	Y
Optometry	Y	Orthopedics	Y	Otolaryngology	Y
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	N	Urology	N		
<i>--Dental Facilities--</i>					
Dental Clinics	3	Adolescent	N	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	Y	Periodontics	Y		

Relocation and Support Services Summary

--Military Clubs--			
Officers Club	1	Non-Commissioned Officers Club	0
Enlisted Club	0		
--Recreation--			
Arts and Crafts	1	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	1	Music and Theater Locations	1
--Physical Fitness/Sports--			
9 Hole Golf Courses	0	18 Hole Golf Courses	2
Gyms/Physical Fitness Centers	2	Jogging Paths	1
Tennis Clubs/Courts	5	Tennis Courts - Lighted	2
Swimming Pools - Public	4		
--Nature/Outdoor Activities--			
Outdoor Recreation Centers	1	Campgrounds	0
Fishing Areas	1	Horse Stables	1

APPENDIX

Disclaimer

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